



LOUGHBOROUGH SWIMMING DATES 2010

A SQUAD Sundays

24/1/10 A Squad 4 - 6 pm
14/2/10 A Squad 4 - 6 pm
14/3/10 A Squad 6 - 8 pm
**28/3/10 B/C Squad 4 - 6 pm (2 x 1 hour
sessions as advised by coaches)**
11/4/10 A Squad 6 - 8 pm
30/5/10 A Squad 4 - 6 pm
20/6/10 A Squad 4 - 6 pm
11/7/10 A Squad 4 - 6 pm

Doug Whitlam
CHIEF COACH