

DERBY PHOENIX SWIMMING CLUB



A Swim 21 Accredited Swimming Club

NEWSLETTER

JUNE 2003

INTRO...

Welcome to the DPSC Newsletter. There has been a slight gap since the last issue and the intention is to have a "quarterly" production. Many thanks to Ian Cotter for his work on the previous editions.

Budding newshounds can post articles for inclusion. Future editions could contain pictures – if you have any interesting photos please send them in.

FROM THE CHAIRMAN ...

At the AGM in 2002, the financial position of the Club was outlined and the difference between revenue and costs highlighted. Since then the committee addressed most issues and the club is heading back to a stable financial position. The actions taken were reported on in an extraordinary meeting in February.

FROM THE HEAD COACH ...

Congratulations to the following swimmers in the 10 - 12 year old age group who were selected to the County Development swim camp on the 10th May at Loughborough University under Mark Perry (Head Coach - World class IM programme North) and Graham Bassi (Head Female coach at last years European Junior Championships).

Joanne Reeks	Emily Pratt
Dominique Fox	Eleanor Barlow
James Shand	Rosemary Spencer
Oliver Froud	Jamie Bell

County Championship Results 2003:

Galas 1-6 March 8th & 9th at Queen St

48 swimmers took part in 187 swims achieving 137 personal bests – 73% of the swims.

There were 6 Gold, 16 Silver, 14 Bronze places in the events entered. Overall there were 11 Midland District Qualifying times with two Competition Best times for the record books.

Galas 7-12 March 15th & 16th at Clay Cross

44 swimmers took part in 179 swims achieving 133 personal bests – 74% of the swims.

There were 11 Gold, 12 Silver, 9 Bronze places in the events. The swimmers got 12 Midland District Qualifying times overall.

Diddy League

These have been two events in the Nottingham and Derbyshire Junior Swimming league held at Eckington (Sunday 6 April and Sunday 11 May). At both events

the club had a good turnout and performed well. The events form an excellent way for new swimmers to gain gala experience and swim for their club. Well done to all those who have participated. We are in the top league and there is tough competition. The final fixture is on Sunday 8 June.

April Swimmers of the month – C squad

Congratulations to Ellie Taylor and Sam Davis. Ellie has come on really well since joining C squad. She attends regularly and listens to the coach! Sam has been in C squad for some time and while he has not swum in any Junior League meets, he has shown a lot of effort and commitment in training.

EVENTS

Provisional and actual dates for the diaries:

Sunday 8 June – **Diddy League**

Saturday 21 June – **Matlock Swimming Club 'B' Grade Gala**

Saturday 28 June – **Sutton Swimming Club Relay Gala**

Saturday 5 July – **Dove Valley Swimming Club**

Sunday 20 July – **"A" and "B" grade meet**, Ponds Ford ISC, Sheffield

August – holidays and high days – no events

Saturday 13 September – **Matlock Swimming Club 'B' Grade Gala**

Sunday 21 September – **City of Sheffield Open Meet**

Sunday 28 September – **County Champs Relay Gala**

Sat/Sun 4/5 October – **CoD 50 m Sprints Open Meet**

Saturday 11 October – **West Midlands League**

Saturday 18 October – **Matlock Swimming Club Gala**

Please see the web pages/coaches/committee for more details. Entry forms/requests for swimmers will be circulated beforehand.

CLUB X

A lot has been mentioned about the new club forming. Club X is going ahead and information on how it will impact on the club and swimmers will be given soon. Please contact Doug if you have any questions.

SWIM THE WEB www.derbyphoenix.com



The Derby Phoenix web site contains a mine of useful information on events, tips, contacts, links, etc. You can even log your mobile phone number to receive text messages so that you can receive notification of urgent issues (eg Lonsdale not being open) – currently under development! The Bulletin Board is awash with games, puzzles and the occasional bit of swimming news - gr8 m8, lol.

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MASTERS

The masters section – under the careful tutelage of James Moseley and Sue Jinks – is keeping a steady core of attendees. However, there is room for more! It is an ideal way to exercise and is open to ALL standards. See James for more information.

TEACHING SECTION



The teaching section will “close” for the summer with the last session on 28 June. During the summer, from 5 July to 9 August, the Woodlands pool is running an ASA Swimming Teachers course. Hence

there will not be any Derby Phoenix SC courses. However, the trainee teachers will need “guinea pig” swimmers with a mix of abilities. Woodlands will be distributing a form with more details closer to the time and you will be able to register interest. There will be two sessions on the Saturday – 12:00 to 1:30 and 2:30 to 4:00. While there is no charge for the teaching, there is a nominal administration charge of £2 for insurance, etc. One payment will cover all sessions and there is no need to attend all the dates. If you need more information in advance, then please ring Nick Aitken at Woodlands on 01332 551921.

CLUB SOCIAL

Spalding Tulip Gala - Weekend of 3-5 May 2003

This being the first “Derby Phoenix on Tour” visit to Spalding Tulip Gala, no-one knew quite what to expect, but with cars packed to bursting point with camping and swimming paraphernalia, the Sellers, Bell, Pratt and Barlow families arrived in Spalding to set up camp on the football pitch, a mere two minutes leisurely stroll from the swimming pool (Camp site facilities were to say the least minimal - but we survived). The greatest advantage was the ability to amble across to warm up and to wander back to camp in between events (especially on Sunday when the weather was glorious).

And so to business, Friday night was certainly an experience. In the pub, our company for the evening was a group of well oiled vocal lads, who sung a few colourful renditions of some well known songs - the kids, needless to say, had a great time.

The Gala - Nine of our children were competing, with most being well placed on paper prior to the competition. The action began with some very good pb's being achieved especially by Chris Bell, Jamie Bell and the ever smiling Scott Sellers. All events had finals - some very exciting ones to boot; Emily Pratt producing a great 2nd place 100m breaststroke, Rebecca Pratt an exciting 2nd place 100m free, Kim Bell dug deep to

finish 3rd in the 100m fly, with Richard Sellers producing more breath holding finals including 3rd place 100m free, a superb 1st place for 100m fly and a jumping up and down, screaming and shouting 1st place in 100m backstroke.

With spirits high “Phoenix on Tour” gave the locals a sample of why we win most cheering contests, never seen Rebecca's face soooooo red. Other trophy winning performances were: Eleanor Barlow 5th 100m free, Kim Bell 4th 100m free and 5th 100m back and Rebecca Pratt 6th 100m back - well done to you all.

Sunday 6 July – Drayton Manor Family Day Trip – see the notice boards for details. Please note the new date!

FUND RAISING

Saturday 31 May – Car wash at McDonalds – 9:00 to 4:00 All are welcome to attend for any part of the day. More importantly, come and get your car washed!



Lynne Palmer is accepting donations to take to a car boot sale on 15 June. She will be there from 7:30 (Meadows, off the A52 by the cattle market). All donations (especially books, LPS, videos, etc) welcome to help boost club funds.

CONTACTS

If you need to discuss any aspect of the coaching or club, please feel free to see any of the coaches or committee. The committee is:

Chairman - Peter Adams
Secretary - Jane Barlow
Accounts - Sue Gratton
Asst Treasurer - Rob Sellers
Fixtures - John Mosley/Maxene Ward
Social - Karen Rothwell
Strategy Development - Ian Cotter
Coaching Rep - Dave Pratt
Fundraising - Colin Bell/Lynne Palmer
Teaching Sctn & Newsletter - Alan Wisdich
Website Development & Support - Andy Stoll

Some members have been co-opted to the committee to support the smooth running and development of the club. These are:

Swimshop Dawn Sellers
Child Welfare & Protection Sue Jinks
Swimmers Reps James M, Gye W and Marie C

The committee meets on the second Monday of each month to discuss issues and matters arising in the running of the club.