

DERBY PHOENIX SWIMMING CLUB – teaching



NEWSLETTER

JUNE 2005

INTRO...

This is an interim newsletter aimed at the teaching section. However it may be of interest to some of the main squad swimmers.

FROM JO ...

Dear Parents

During the time I have taken over the running of the Teaching Section my main priorities have been that the children enjoy themselves – whilst building their confidence in the water and at the same time learning to swim.

Badges:

I think it's very important that the children work towards – and gain – badges and certificates. These show (not only to them but also their parents) what they have achieved. It is quite right that they should be rewarded for their hard work; this in turns encourages the children to carry on working hard.

When the children gain an award, they are given a white slip of paper that indicates which award they have achieved. This should then be given to Sam Jackson (who normally sits at the shallow end of the pool on the wooden bench). The certificate and badge cost £1.80 and will normally be ready the following week.

Basic standards for a diving start are also taught to help the transition to the main squads.

Pool News:

As some of you may be aware that Woodlands swimming pool will be closing soon while it goes under a huge refurbishment. We have been secured replacement pool time at Lonsdale (Derby University site, Chevin Ave, Mickleover). As soon as any dates are given to me I will let you know.

Thanks go to:

Finally, Kerry will be leaving us soon and Derby Phoenix and I would like to wish her all the best for her future. Rebecca Pratt will be taking over Kerry's role; she will be working very closely with Kerry, Fran and me over the next few weeks. And once she fully takes over Kerry's role she will be working along side Fran.

I hope you are happy with the way things are being run, if you have any problems or concerns please speak to me. My mobile telephone number is 07971 860621

I'm on holiday so hope to see you next week.

Regards - Jo.

CONGRATULATIONS

Duffield Meadows Primary School entered a team to the English Schools Swimming Association Primary team championships. From the team of six, there were four from Derby Phoenix. The swimmers were:

- Alex Davies
- Ellie Taylor
- Laura Young
- Sasha Wisdich

In the local district round, they came second and this then qualified them for the Final.

The Final was held at the Ponds Forge pool in Sheffield on Saturday 18 June.

Schools from as far away as Devon and Scotland were represented and more than 1,300 spectators turned out to watch the 450 swimmers from 87 schools competing for the Champions Medal. The girls competed in two relay races – 4x25 Individual Medley (or mixed stroke!) and 100 freestyle. There were 24 teams in each of the finals, most of which were private schools.

The Phoenix swimmers helped Duffield Meadows to 6th place in the 100m IM relay and 11th place in the 100m freestyle relay (third in the B final). This was a fantastic effort by the whole team against some very talented swimmers and schools.

For details on how to enter a team for your school, please see the ESSA web site or have a word with a member of the committee.

GALAs

The final of the Notts and Derby Junior ("Diddy") League is being held on Sunday 26 June. This is for nine to 12 year olds and is a local competition held over three events. Teams win points and bonuses according to how they perform and are relegated or promoted accordingly. Derby Phoenix is fielding a team and is hoping for a good show of support.

Watch out for information on other forthcoming galas. These will be advertised in the Newsletter and on the website. They are an ideal opportunity to compete for the club and the presence of two of the teaching section swimmers has been greatly appreciated! The Club looks forward to more swimmers coming through to the main squads and competing – and having fun!