

# DERBY PHOENIX SWIMMING CLUB



NEWSLETTER

FEBRUARY 2006

## INTRO...

As the presentation for the club champs was in January, there is a quick look back at the end of last year, recent results and then some news on future events.

## FROM THE CHAIRMAN ...

Hopefully 2006 will be as successful as 2005. The committee would like to wish every swimmer taking part in this year's Derbyshire County Championships every success. **Rob Sellers**

## FROM THE HEAD COACH ...

### **Good luck to all the swimmers for the Counties.**

Training over the County weekends will change slightly. There will be no training for A squad on Saturdays at Lonsdale and Sundays at Repton. C & B will train as normal on Sunday 26/2/06 and 5/3/06 at which anyone from A can attend the B session. There will be no training on Sunday 12/03/06 for either squad. **Doug Whitlam**

## COUNTIES

Parents please note that there will be a new system of fines this year (and there are no cards!). Late withdrawals and no-shows will result in a £5 fine per swim, payable by the club under whose name the swimmer has entered the competition. Non-payment of the fine will result in the swimmer being prevented from entering any other competition promoted by Derbyshire ASA until the fine has been paid. Competitors may withdraw up to 1 hour before the scheduled start of the session by telephoning 07989 968366 or 07771 640590.

## POOL NEWS

**Swimmer Drop Off:** Please be timely with dropping off and collecting swimmers. There are concerns about children being left alone at pools prior to sessions and also being late collected. Children must be picked up on time after a session; parents must make sure the pool is open and the coach is present before leaving at the start.

**Woodlands school:** The pool is going to be closed a lot longer than at first thought, the latest news is that the pool will not open until June 2006.

**Gayton:** Pool closed over half term (no swimming Monday 20<sup>th</sup> and Thursday 23<sup>rd</sup> Feb).

## MEMBERSHIP AND FEES

Hopefully you have all amended your standing orders and taken note of the new changes. The ASA fees were due in January if you have not already paid them. Please check you have paid before 1<sup>st</sup> March.

## SOCIAL

**Christmas Family Disco:** This was on held 23<sup>rd</sup> Dec at Spondon Village Hall. It was a good venue and an excellent evening with the dancing starting early. Well done to Rob and Dawn for organising.

## CLUB CHAMPIONSHIPS

Presentation night was on Friday 13th January 2006 at the Asterdale Club. Ian Wood from the East Midland ASA was very impressed with the Club.

If you want to get Cups engraved, please arrange it now, so that it is not a rush to return them next year. Aside from the medals and cups, the following were awarded:

**Mike Fogg Cup (Girls Best Standard) - Evie Keane:** One of the youngest recipients to win this award and against some very talented competition.

**Don Collins Cup (Boys Best Standard) - Joe Keane:** Holder of the County Junior record in the 800 F/s plus the Open & Junior record in the 400IM and selected for the Beijing group, as one of those with the potential to be part of a world-class medal winning 4x200 freestyle relay team at the Olympics in 2008 and London 2012.

**Jones Award (Girls Special Merit) - Rosie Spencer:** consistently attended training this last year with only limited opportunity to compete for the club.

**Gordon Peach Shield (Boys Special Merit) - Paul Donald:** has found himself in the difficult position of having a talented group of Open swimmers around which was always going to make it hard to get into the men's team.

**James and Gye Cup - Sarah Keaney:** A very proactive and well liked member of the club she has been with us a number of years and has always strived to do her best both in training and competition.

**Swimmers Swimmer:** this is the person voted for by the swimmers in a ballot. It was due to be presented at the Xmas disco. This year it went to **Adam Cutts**.

**Swimming results:** As a measure of the improvements in the Club, 32 Club championship records were broken. A number of these had stood for a several years.

Jake Taylor	8yr/u boys 25m Fly, B/c, Br/s, F/c.
Evie Keane	11yrs girls B/c, F/c, Fly, IM.
Sasha Wisdich	11yrs girls Br/s.
Ellie Taylor	12yrs girls B/c, F/c, Fly, Br/s IM.
James Shand	13yrs boys B/c,
Eleanor Barlow	14yrs girls F/c, Fly, B/c, IM, Br/s.
Darren Hodgett	14yrs boys Br/s, IM.
Oliver Froud	15yrs boys Br/s.
Dominique Fox	15yrs girls Fly.
Joseph Keane	16yrs boys IM, B/c, F/c, Br/s.
Richard Sellers	men's open IM, B/c, F/c, Fly.

## GALAs and Open Meets

**Speedo League:** The Final round of the Speedo league was on Sat 10 Dec at Chesney Hay. Phoenix completed the 2005 Speedo League campaign with a tremendous performance having just missed out on reaching the final for the second year. On the night Phoenix won 22 races and placed 2<sup>nd</sup> in 14 others. This placed us 7<sup>th</sup> overall, but with more points than some teams placed higher.

In the girls 10-11 years age group Evie Keane won the back and fly and Sasha Wisdich won the breaststroke. For

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the boys, Ryan Wesselingh won the breaststroke. Ellie Taylor was a double winner in the girls 13 years/under age group winning the backstroke and fly.

A clean sweep was made in the boys 15 years/under age group with Oliver Froud taking the backstroke and freestyle and Darren Hodgett the breaststroke and fly. In the same age group, for the girls Dominique Fox won the backstroke and Joanne Reeks the fly. For the Open swimmers Joe Keane completed a successful night for Phoenix by winning the backstroke. The final scores:

Derby Phoenix	242	Stratford Sharks	194
Chesterfield	191	Luton A	169
Stafford Apex	134	Wolverhampton	114

This win completed a very successful year with excellent team spirit from both swimmers and supporters.

**Trident Open Meet:** Simon Taylor and Laura Young were the only DPSC swimmers at the Trident meet on 29<sup>th</sup> January. Laura was 6<sup>th</sup> in the B/c, 3<sup>rd</sup> in Fly. Simon was 4<sup>th</sup> in the B/c, 1<sup>st</sup> in the Br/s, 4<sup>th</sup> in Fly, 3<sup>rd</sup> in F/c.

**Treonte Junior Gala:** In a practice for the Diddy League at Queens on Sat 4 Feb, the club fared well with good swims from the younger swimmers. Phoenix won 29 races out of 43 taking 14 individual and 15 relay wins.

In the 11 years and under girls Katie Selfe won both the backstroke and free with Laura Young also a double winner in the breaststroke and fly. In the boys, Simon Taylor won the breaststroke and Stephen Wyatt the fly.

The 12 years and under age group won all 8 individual races. For the girls Evie Keane won both the backstroke and butterfly while Sasha Wisdish took the breaststroke and free. In the boys events Ryan Wesselingh won the backstroke and breaststroke while brother Sean took the free. The fly was won by Ben Jackson. The final scores:

Derby Phoenix	237	Etwall	189
Burton	151	Treonte Red	145
Treonte Blue	71		

**Diddy League:** This is for the 9, 10, 11 and 12 year age groups. Junior League dates are 9 April, 7 May and 25 June. Watch the board at Lonsdale for the venue details.

## **Future Galas...**

26 March – Burton, Meadowside (9, 11, 13, 15, open)  
10 June – Matlock (10, 12, 14, Open)  
17 June – Calverton at Watermeadows, Mansfield (11, 13, 15, open)  
1 July – Leicester Penguins B grade (11, 13, 15, Open)

## **FUNDRAISING – old mobile phones**

We are looking at some fund raising events for this year - a bag pack is being looked at by Caroline Young. Karen Rothwell is again co-ordinating our involvement with the Derby Lions sponsored swim at Queen Street. All ideas are welcome. If you would like to do something on the club's behalf please see a member of the committee.

If anyone has mobile phones no longer used, the club is collecting them for fund raising. Any old phones can be given to Caroline Young or Dawn Sellers.

## **TEACHING SECTION**

Due to there being no lessons at Lonsdale on 25 Feb, the current set will end on 4 March with the next set starting on Sat 11 March. Please have fees ready!

There are currently about 125 swimmers in the teaching section with a series of badges and awards being completed regularly. This last session has seen 65 badges and awards being gained (too many to mention them all!). Well done to Francesca and Oliver Harrison, Sam Jankinson, Amber Robb and Emily Shilling for their distance awards. At the other end, well done to Rufus Comasky, Riley Gallacher, Charlie Harrison, Lauren Jarvis, Sean Keogh, Jonathan Moore, Matthew Moore, Harry O'Bryne, Georgia Torr, Jack Winson and Thomas Wyatt on gaining Ducks 1. There are 3 children with the bronze award: Mollie Garratt, Emily Walker and Maddie Taylor - which is a huge achievement.

## **COMMITTEE NEWS**

The AGM was held at the end of last year on 28<sup>th</sup> Nov. The Chairman's report is summarised as follows:

"The last 12 months has seen the club improve both in and out of the water. The standard at which the swimmers are performing is a credit to the coaches and the swimmers themselves, all the hard work and effort is now showing in the excellent results we get at every level.

On the administrative side, we attained Swim 21 at silver level. Ian Cotter has worked extremely hard and cannot be thanked enough for his effort in getting us to this stage. Our links with Derby City Council, Swim Focus Group, Facility Managers and Derby City Council Swim Development have continued to improve - liaison with these groups is essential for the development of the club.

Fund raising and sponsorship has improved from the last year, but still needs developing further. We have been successful with further funding from the City Council and a local business has expressed interest in sponsorship.

For the first time training continued throughout the summer period, but the benefits to the swimmers are apparent.

The teaching section, under Jo Latham, has grown beyond expectations. We have now over 100 children and a waiting list for children to join. Sam Jackson and Lynne Palmer deserve special thanks for all their hard work.

The future... The most important thing on the horizon is the development of the Derby University site. We must become aware of any further developments regarding the pool. Mr Ian Willgoose, Director of Facilities at the University has made assurances that the pool will remain, but we must be ready to act accordingly.

Finally a big thank you to all the people who give up their time, voluntarily, to enable the club to function and progress. It is only as a result of all this hard work that the club has achieved its present standing."