

DPSC NEWS



July 2008

Intro..... Welcome to the latest newsletter from Derby Phoenix. A slight change to the format this time to include some pictures from the Junior League Galas.

We are pleased to inform everyone that the National Lottery Awards For All has awarded a grant to the club of £4,214. The grant will pay for equipment, pool hire, coaching qualifications, volunteer expenses, certificates, kit and club administration. The club would like to thank Rob and Dawn Sellers and Richard Williams for their hard work in helping us achieve this grant.

We hope that you are all aware that the club is holding a **Fun Day on Saturday 12th July from 11am to 4pm at Derby Rugby Club** to help raise funds for the club. **We desperately need volunteers** to help run the stalls/games on the day. Please either put your names on the list on the Lonsdale notice board or let **Robbie know on 07986 383920**. We can then make out a rota for the day and obviously the more people we have to help the easier it will be. **We also need donations of wine for the bottle stall and also any raffle prizes. We need these urgently.** These can be given to Maria Cutts, Robbie Jones, Amanda Phelps or Caroline Young.

Please come along and enjoy the event bringing family and friends to support the club. We hope to make this a great success both in terms of having fun and making some additional funds for the club, but it will only work if everyone supports the event.

From the Chairman..... Woodlands Pool is now open and we have returned to our previous training timetable. We are sorry for the inconvenience caused by its closure and the late hours of some of the substituted pool time. The club will always endeavour to provide sufficient time to swim, which is why some of the sessions were later in the evening than usual.

In September we are likely to encounter additional pool costs and therefore we will have to review fees to ensure we can continue to balance the books. Whilst the club committee will have to vote on any new fees I am conscious that we are a small family club and on that basis will listen to any views you may have. Any increase will be kept to a minimum. However, I feel it is important to remind you all that our coaching staff are volunteers and provide their time free of charge and without reimbursement of expenses. They coach through an enjoyment of the sport and a desire to develop children and young persons.

Andy Hough

From the Chief Coach..... Congratulations to all of our swimmers who took part in the Midlands Youth and Age Group Championships in May and June.

In the Youths that took place 3/4th May at Coventry, Robert Guest, Adam Cutts, James Shand, Sasha Wisdich, Darren Hodgett, Richard Sellers and Joanne Reeks all competed. A number of them made finals but the outstanding set of results was from Richard who won the 50, 100 and 200 Freestyle, plus the 100 and 200 Butterfly and came second in the 50 Fly.

At the Age group championships in June we had Ryan Wesselingh, Ella Graham, Evie Keane, Ben Jackson, Mathew Gregory and Craig Baxter who all swam extremely well. The club also entered a relay team in the 14/under boys 4x100 Freestyle (Sean Wesselingh, Ben Jackson, Mathew Gregory and Simon Taylor) and the 4x100 Medley (Sean, Ben, Mathew and Craig Baxter). The teams swam out of their skins beating a number of higher ranked teams on the way.

Ella Graham won the 100 and 200 Breaststroke; Ben made the final for the 200 Backstroke and 200 Fly; Evie made the final in the 200 IM, 100 Backstroke and 200 Fly and Craig finaled in the 200 Breaststroke.

Summer Training Schedule:-

Lonsdale: - Last session will be Friday 1st August. Start back Tuesday 2nd September

Woodlands: - Last session Monday 28th July. Start back Monday 1st September

Moorways: - Continue Thursdays, no break

Queen Street: - Continue swimming on Tuesdays and Fridays, no break

Repton: - Continue swimming on Sunday, no break. A & B squads together during August.

From Monday 1st September normal training will restart for all squads.

Doug Whitlam



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Cheadle Trophy Gala – 26th April 2008..... On the 26th April we had a team at Cheadle competing from 11yrs to Open and came away with a win. The winners on the night were **Amy Ng** in the 11 year girls backstroke and fly; **Laura Young** in the 13 year girls backstroke and fly; **Sam Bunting** in the 13 year boys freestyle; **Ben Jackson** in the 13 year boys backstroke and fly; **Jamie Bell** in the 15 year boys backstroke; **Adam Cutts** in the 15 year boys breaststroke; **Dominique Fox** in the ladies Open fly and freestyle and **Alex Fish** in the men's Open freestyle. **Final points for the gala** were **Derby Phoenix: 244**, Buntwood: 233, Cheadle A: 221, Matlock: 196, Cheadle B: 64.

Ryknel Open Meet – Sharley Park – 3 May 2008..... The following Phoenix were awarded speeding tickets at the Ryknel Open Meet; **Jake Wesselingh** in the 100 IM and 50 and 100 free; **Craig Baxter** in the 100 breast; **Lara Wisdich** in the 50 fly and **Tracey Wesselingh** in the 100 backstroke.

Notts and Derbyshire Junior League 2nd Round..... Following a very close 2nd place to Ripley in the first round of the Junior League, Derby Phoenix travelled to Hucknall on 18 May for round 2. In an excellent gala, Chesterfield A were clear winners with Derby Phoenix a strong 2nd place, well clear of the 3 other clubs.



Craig winning 50 breast



11 year Girls medley team

There were some excellent swims again from the young Phoenix swimmers with wins for **Daisy Bowen** in the 12 year girls fly and **Steven Wyatt** in the 12 year boys backstroke. Steven was joined by **Craig Baxter**, **Harry Hough** and **Jake Wesselingh** to win the 12 year boys medley relay. In the 11 year old boys, **Craig Baxter** won the backstroke and was then joined by **Jake Wesselingh**, **Tom Watson** and **Luke Bunting** to win the freestyle relay. In the 11 year girls, **Annabelle Hough** won the breaststroke and was joined by **Amy Ng**, **Lara Wisdich** and **Louise Stephenson** to win the medley relay. In the 10 year girls, **Rebekah Miller** won the 50 backstroke. **Final points for the gala** were Chesterfield A: 202, **Derby Phoenix: 160**, Bramcote: 116, Dronfield: 114 and Falcon: 110. Our 2nd place in this gala combined with our result from the first gala put Derby Phoenix in 5th place in the Notts and Derbyshire Junior League and therefore we qualified for the final, an excellent result for the club.



Steven winning 50 backstroke



Tom & Jake. 11yr medley

Notts and Derbyshire Junior League Final..... The final of the Notts and Derbyshire Junior League took place at Sharley Park on Sunday 22nd June. Competition in the final was very strong with 3 of the largest clubs in the two counties being amongst the finalists. All of our swimmers gave their all and there were a large number of PBs set.



Craig after winning 50 breast

In terms of results on the day, our biggest success came from the 11year old boys. Particular congratulations go to **Craig Baxter** for winning the 50 breaststroke and to **Jake Wesselingh** for second place in the 50 backstroke and third place in the 50 freestyle. Craig and Jake were joined by **Jake Taylor** and **Luke Bunting** to take third place in the medley relay. In the 9 year girls **Georgia Creasey** was 3rd in the 25 backstroke. **Final points for the gala** were CoD: 187, Notts Leander: 178, Chesterfield: 156, Calverton and Bingham: 101 and **Derby Phoenix: 78**. Many thanks to the club coaches, the poolside helpers, the parents and to all the swimmers who competed for the club during the 3 rounds of a successful Junior League campaign for Derby Phoenix.



Junior captains Craig Baxter and Amy Ng after the presentations