

DPSC NEWS



December 2010

INTRODUCTION... at the AGM on 29 November, a number of important changes were made to the DPSC committee. Your new committee is as follows:-

Chairman - Sue Wisdich; Secretary - Caroline Young; Treasurer - Maria Cutts; Vice Chairman - Brian Stephenson; Coaches rep - Dave Pratt; Lifesaving - Phil Ellis; Swimmers reps - Gye Whitlam and Casey Baxter. General Members - Rob Sellers, Tony Ng, Will Coppen, Gordon Robison, Ian Cotter, Andy Hough.

FROM THE CHAIRMAN...

I am pleased to have been elected to the role of Chairman at the recent AGM, taking over from Andy Hough. On behalf of all the members and the committee I would like to thank Andy for all his hard work as Chairman over the last 3 years. The new position of Vice Chairman has been created this year which has been filled by Brian Stephenson. We have ended the year with a superb weekend of swimming. Saturday saw us at the final leg of the National League and following an excellent all round performance and with the indomitable Phoenix spirit, we finished a creditable fourth. This should be enough to keep us up in the first division of this very tough league.

On Sunday, 23 of our swimmers swam their hearts out at the County Sprints coming away with many PB's and medals between them. It was a great day especially for the younger swimmers who were swimming in a 50m pool for the first time. We can now set our sights on the County Championships in March and it would be fantastic to see as many of our swimmers as possible enjoying the very special atmosphere that this competition provides.

Although we face some tough challenges this year, Brian and I are looking forward to bringing some new ideas to the committee and will work hard to ensure the continued success of our great club.

Sue Wisdich

FROM THE TREASURER...

Would all parents who have not changed their standing orders for the October increases in fees please do so before the 31st December 2010.

The Club runs on a very tight budget and we need **ALL OF THE FEES** to cover our ever increasing costs. Thank you to the parents who have already changed their standing orders.

Maria Cutts

FROM THE CHIEF COACH...

The Club Championships were held on Sunday 21st November with total of 86 competitors from the age of 7 through to much older. With 8 records being broken across 100 events (well done to Sasha, Richard, Laura and Gye) and dozens of personal bests being recorded, the whole programme ran really smoothly, so well done to all who were involved in the organisation.

As a result of some hard work since the summer holidays the following swimmers will be moving up squads from January.

From D to C - Aadil Mian, Abbie Gregory, Adam Jennings, Alysha Boudir, Arjun Narula, Clare Henley, India Holmes, Ruby Eley & Amber Robb.

From C to B – Liam Gould, Kyle Gould

From B to A – Georgia Creasey, Joshua Beech, Sam Rayner

Congratulations and well done, you are now about to embark on the next stage of your swimming career.

For 2011 we will once again be competing in the Notts and Derbyshire Junior League. This is one of our main focuses for the year and we need all our younger swimmers (i.e. those currently aged 8 through to 12) to be available on the following dates to allow us to put out our strongest team possible:- Saturday 14th May, Saturday 25th June with the final on Saturday 18th September.

Doug Whitlam

DPSC NEWS December 2010

NATIONAL LEAGUE REPORT...

This season saw Phoenix swimming in Division 1 of the National League for the 7th year in succession. As the smallest club in Division 1, maintaining this status is an excellent achievement for the club.

First round: Stechford Cascades: 10th October 2010: The first gala was an extremely tough draw, in a gala containing last year's winners, Boldmere, plus 2 other top 6 clubs. However, with some great swims across the age groups, including many PBs we finished ahead of local rivals, Mansfield, to take 5th place. Star of the show for Phoenix was **Richard Sellers** who won all of his races, the Open 200IM, 100 fly and 100 free. **Evie Keane** had a great night in the Open Ladies, taking first place in the 100 fly and the 2nd place in the free and back. **Harry Webster** was on fine form in the 15 year old boys taking first place in the 100 back and then 2nd in the 100 breaststroke. Our other podium finishes were **Louise Stephenson** in the 13 year old girls taking 2nd place in the backstroke and 3rd in the free and the Open Ladies medley relay team where **Evie** was joined by **Sasha Wisdich**, **Laura Young** and **Alex Davies** to take 3rd place. Final Results: Boldmere 236; Gloucester 211; Worcester 189; Stourbridge 175; **DERBY PHOENIX 127**; Mansfield 110.

Second round: Hereford: 13th November 2010: The second round of the league saw Phoenix making a long 2 hour trip to compete at Hereford. The long journey did nothing to dampen the swimmers' enthusiasm with Phoenix taking an excellent 2nd place overall and certainly winning the "best support" award. The team was led in great style by the Open Ladies who were in imperious form, winning all of their seven events. The gala got off to a great start with **Sasha Wisdich** winning the 200 IM. Sasha then went on to win the 100 open breaststroke. **Evie Keane** was again in top form taking first place in the 100 fly, free and back. **Evie** and **Sasha** were then joined by **Alex Davies** and **Laura Young** to win the Medley relay and then the 4 girls were joined by **Amy Ng** and **Louise Stephenson** to win the penultimate event of the evening, the 6 by 50 freestyle relay. Also having a great night were the 15 year old boys led by **Harry Webster** and **Stephen Wyatt**, with Harry winning the 100 back and 100 breaststroke and Stephen winning the 100 fly. They were then joined by **Simon Taylor** and **Mark Wright** to win the medley relay. Our other winners on the night were **Richard Sellers** who again won all his 3 races, the Open Men's 200 IM, 100 fly and 100 free and **Laura Young** who won the 15 year girls 100 fly. Final Results: Hereford 208; **DERBY PHOENIX 197**; Mansfield 187; Ledbury 179; Haden Hill 168; Walsall 106.

Third round: Market Drayton: 11th December 2010: After the mammoth trip to Hereford for the second round, the final round of this year's National Arena League was much nearer at Market Drayton. A good team performance gave us a comfortable fourth place finish which should see us safely back in Division 1 next year. There were 9 first places and 3 second places taken by Derby Phoenix on the night. Once again our open ladies were the star performers winning six out of their seven events. **Sasha Wisdich** started the evening off in fine fashion with a win for Phoenix in the 200m individual medley and went on to take the 100m breaststroke. **Evie Keane** was victorious in the 100m butterfly, 100m backstroke and 100m freestyle. Sasha and Evie were then joined by **Alex Davies** and **Laura Young** to take first place in the open medley relay. The girls, along with **Amy Ng** and **Louise Stephenson**, were just pipped into second place in the 6 x 50m freestyle relay. **Richard Sellers** yet again showed his quality with wins in the open men's 200m individual medley, 100m butterfly and 100m freestyle. **Laura Young** was unfortunate not to at least share the win in the 15 year girls 100m butterfly; despite finishing in a dead heat and with an absolutely identical time to the first placed Braunstone swimmer, Laura was adjudged to have finished second by the line judge. There was also a second place for **Georgia Creasey** in the 11 year girls 50m backstroke.

We say it every round, but the team spirit was, yet again, amazing! Doug was thoroughly impressed with the vocal support from swimmers, helpers, parents and coaches throughout the gala and particularly with the singing at the end!

Final Results: Halesowen 229; Braunstone 209; Hereford 168; **DERBY PHOENIX 159**; Ledbury 141; Mansfield 138.

