

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Barker, G</b>	20.65	F	25 Free	DEP	25/02/04	Time Trials Lonsdale
	45.39	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
	1:45.79	F	100 Free	DEP	25/02/04	Time Trials Lonsdale
	2:15.62	F	100 Free	DEP	18/06/03	TTC
<b>Barlow, E</b>	23.06	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	29.97	S F	50 Free	DEP	21/02/04	Peter Haynes Trophy Burton
	31.87		50 Free	DEP	23/11/03	County Sprints Ponds Forge
	43.51	F	66 Free	DEP	7/02/04	Walsall Trophy Gala
	1:06.34	B F	100 Free	DEP	06/03/04	County Champs Queen St
	1:13.69	F	100 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	2:25.36	F	200 Free	DEP	06/03/04	County Champs Queen St
	5:34.46	F	400 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	5:09.53	F	400 Free	DEP	13/03/04	Counties Clay Cross
	10:25.18	F	800 Free	DEP	06/03/04	County Champs Queen St
	36.68	S F	50 Back	DEP	06/03/04	County Champs Queen St
	1:18.39	F	100 Back	DEP	13/03/04	Counties Clay Cross
	2:47.31	F	200 Back	DEP	13/03/04	Counties Clay Cross
	37.28	S F	50 Breast	DEP	13/03/04	Counties Clay Cross
	1:20.36	F	100 Breast	DEP	07/03/04	Counties Queen St
	2:57.05	B F	200 Breast	DEP	13/03/04	Counties Clay Cross
	25.14	F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala
	35.54	G F	50 Fly	DEP	07/03/04	County Champs Queen St
	57.44	F	66 Fly	DEP	08/02/03	Matlock Trophy
	1:19.73	F	100 Fly	DEP	13/03/04	Counties Clay Cross
	3:03.61	F	200 Fly	DEP	07/03/04	Counties Queen St
	1:15.51	S F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:44.50	S F	200 IM	DEP	06/03/04	Counties Queen St
	5:58.24	F	400 IM	DEP	13/03/04	Counties Clay Cross
<b>Barlow, S</b>	33.56	S F	50 Free	DEP	13/03/04	Counties Clay Cross
	1:11.04	B F	100 Free	DEP	06/03/04	County Champs Queen St
	2:34.33	F	200 Free	DEP	07/03/04	Counties Queen St
	5:18.27	F	400 Free	DEP	13/03/04	Counties Clay Cross
	39.35	S F	50 Back	DEP	03/03/02	County Championships
	1:26.65	B F	100 Back	DEP	18/10/03	Matlock Trophy
	3:11.13	F	200 Back	DEP	7/12/02	Stafford Apex Open Wolverhampton
	42.07	S F	50 Breast	DEP	25/01/03	Belper Trophy Gala Heanor Pool
	1:35.76	S F	100 Breast	DEP	03/05/03	Tulip Open Spalding
	3:22.94	B F	200 Breast	DEP	7/12/02	Stafford Apex Open Wolverhampton
	36.30	G F	50 Fly	DEP	28/06/03	Sherwood Trophy
	1:25.69	B F	100 Fly	DEP	12/07/03	COD B Grade Queen St
	3:18.57	F	200 Fly	DEP	13/03/04	Counties Clay Cross
	1:23.87	S F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:58.-9	S F	200 IM	DEP	7/09/03	Ripley Open Queen St
<b>Baxter, C</b>	20.57	F	25 Free	DEP	25/02/04	Time Trials Lonsdale
	41.75	F	50 Free	DEP	13/03/04	Counties Clay Cross
	1:38.28	F	100 Free	DEP	02/11/03	Club Championships Queen St
	45.65	F	50 Back	DEP	06/03/04	County Champs Queen St
	46.84	S	50 Breast	DEP	03/03/04	Time Trials Lonsdale
	2:01.66	F	100 Breast	DEP	7/09/03	Ripley Open Queen St
	22.80	B	25 Fly	DEP	08/10/03	Time Trials Lonsdale
	55.09	F	50 Fly	DEP	15/10/03	Time Trials Lonsdale
	1:40.88	B	100 IM	DEP	13/03/04	Counties Clay Cross
<b>Bell, K</b>	32.91	S F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:09.36	S F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:34.55	B F	200 Free	DEP	12/04/03	COD Open Queen St
	5:30.18	F	400 Free	DEP	15/03/03	Counties Sharley Park
	10:56.39	F	800 Free	DEP	7/12/02	Stafford Apex Open Wolverhampton
	34.53	P F	50 Back	DEP	13/12/03	Speedo Final Leamington Spa
	1:15.68	G F	100 Back	DEP	14/12/02	Speedo Lge Bromsgrove
	2:44.35	S F	200 Back	DEP	7/12/02	Stafford Apex Open Wolverhampton
	41.51	S F	50 Breast	DEP	05/07/03	Dove Valley
	1:28.77	S F	100 Breast	DEP	28/06/03	Sherwood Trophy
	3:14.25	B F	200 Breast	DEP	12/04/03	COD Open Queen St
	36.73	G F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	1:24.42	S F	100 Fly	DEP	02/11/03	Club Championships Queen St
	3:21.81	F	200 Fly	DEP	12/01/03	Time Trials Repton
	1:19.48	G F	100 IM	DEP	22/03/03	Counties Queen St.
	2:48.65	G F	200 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton
	5:51.78	F	400 IM	DEP	07/03/04	Counties Queen St
<b>Blavins, S</b>						
	19.49	B	25 Free	DEP	17/07/02	TTC 17/07/02
	39.72	B	50 Free	DEP	02/02/03	Trident Open Queen St.
	1:35.56	F	100 Free	DEP	27/03/02	TTB&C 27/03/02
	3:12.66	F	200 Free	DEP	02/03/03	Time Trials March 2003
	6:37.96	F	400 Free	DEP	9/03/03	Counties Queen St
	21.58	F	25 Back	DEP	22/02/03	Burton Peter Haynes Trophy
	33.26	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	45.64	B	50 Back	DEP	28/02/04	Peter Haynes Uttoxeter
	1:04.89	F	66 Back	DEP	7/02/04	Walsall Trophy Gala
	26.73	F	25 Breast	DEP	04/11/01	Club Championship 2001
	38.15	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	59.26	F	50 Breast	DEP	05/03	Time Trials
	24.94	F	25 Fly	DEP	24/04/02	TTB&C 24/04/02
	58.60	F	50 Fly	DEP	03/11/02	Club Championship 2002
	1:46.33	B	100 IM	DEP	17/07/02	TTC 17/07/02
	3:56.79	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
<b>Brady, S</b>						
	32.08	F	50 Free	DEP	16/03/03	Counties Sharley Park
	1:08.37	F	100 Free	DEP	08/03/03	Counties Queen St
	1:10.42	F	100 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	2:29.68	F	200 Free	DEP	7/12/02	Stafford Apex Open Wolverhampton
	5:15.18	F	400 Free	DEP	15/03/03	Counties Sharley Park
	10:39.41	F	800 Free	DEP	9/03/03	Counties Queen St
	35.53	F	50 Back	DEP	25/01/03	Belper Trophy Gala Heanor Pool
	1:14.36	F	100 Back	DEP	13/03/04	Counties Clay Cross
	2:40.26	F	200 Back	DEP	16/03/03	Counties Sharley Park
	38.97	F	50 Breast	DEP	15/03/03	Counties Sharley Park
	1:23.59	F	100 Breast	DEP	13/03/04	Counties Clay Cross
	3:02.33	F	200 Breast	DEP	16/03/03	Counties Sharley Park
	35.86	F	50 Fly	DEP	9/03/03	Counties Queen St
	1:15.37	F	100 Fly	DEP	15/03/03	Counties Sharley Park
	2:49.03	F	200 Fly	DEP	12/04/03	COD Open Queen St
	1:15.05	F	100 IM	DEP	22/03/03	Counties Queen St.
	2:41.86	F	200 IM	DEP	08/03/03	Counties Queen St
	5:48.80	F	400 IM	DEP	15/03/03	Counties Sharley Park
<b>Broad, E</b>						
	40.18	B	50 Free	DEP	15/10/03	Time Trials Lonsdale
	17.96	B	25 Free	DEP	25/02/04	Time Trials Lonsdale
	1:39.39	F	100 Free	DEP	15/10/03	Time Trials Lonsdale
	21.42	B	25 Back	DEP	03/03/04	Time Trials Lonsdale
	1:47.56	F	100 Back	DEP	02/11/03	Club Championships Queen St
	1:56.45	F	100 Breast	DEP	25/02/04	Time Trials Lonsdale
	1:46.82	B	100 IM	DEP	03/03/04	Time Trials Lonsdale
<b>Bysouth, E</b>						
	46.67	F	50 Free	DEP	08/10/03	Time Trials Lonsdale
	22.57	F	25 Free	DEP	02/11/03	Club Championships Queen St
	2:04.20	F	100 Free	DEP	18/06/03	TTC
	36.23	F	25 Breast	DEP	02/11/03	Club Championships Queen St
	23.95	F	25 Fly	DEP	02/11/03	Club Championships Queen St
<b>Carter, S</b>						
	40.51	B	50 Free	DEP	05/03	Time Trials
	3:18.88	F	200 Free	DEP	07/03	TT Lonsdale
	49.37	F	50 Back	DEP	05/03	Time Trials
	53.19	F	50 Breast	DEP	05/03	Time Trials
	51.31	F	50 Fly	DEP	05/03	Time Trials
	1:45.79	F	100 IM	DEP	05/03	Time Trials
<b>Cheek, M</b>						
	30.16	P F	50 Free	DEP	13/12/03	Speedo Final Leamington Spa
	1:07.27	S F	100 Free	DEP	14/12/02	Speedo Lge Bromsgrove
	2:31.14	S F	200 Free	DEP	16/12/01	TTA&B 16/12/01
	5:29.51	F	400 Free	DEP	26/03/00	Counties Gala 8
	36.43	G F	50 Back	DEP	02/03/02	County Championships
	1:17.60	G F	100 Back	DEP	04/12/99	West Midlands League

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	2:36.28	G F	200 Back	DEP	17/10/99	TTA&B/10
	39.03	P F	50 Breast	DEP	09/04/00	Counties Gala 12
	1:25.78	G F	100 Breast	DEP	04/12/99	West Midlands League
	3:06.88	G F	200 Breast	DEP	20/03/99	Counties Gala 7
	33.60	P F	50 Fly	DEP	19/01/02	Belper Marlin Trophy Gala
	1:17.56	G F	100 Fly	DEP	9/03/03	Counties Queen St
	3:10.25	S F	200 Fly	DEP	17/10/99	TTA&B/10
	1:14.98	P F	100 IM	DEP	08/11/03	Speedo Lge Bromsgrove.
	2:48.09	G F	200 IM	DEP	20/11/99	Club Championships
<b>Copeland, R</b>						
	25.02	F 25	Free	DEP	10/12/03	Time Trials Lonsdale
<b>Corden, A</b>						
	26.52	F	33 Free	DEP	10/02/01	Matlock Gala
	34.81	S F	50 Free	DEP	13/03/04	Counties Clay Cross
	35.69	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:18.36	F	100 Free	DEP	18/10/03	Matlock Trophy
	1:17.76					
	2:45.28	F	200 Free	DEP	06/03/04	County Champs Queen St
	6:04.47	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
	29.80	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	42.87	B F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	42.40					
	1:34.34	F	100 Back	DEP	03/11/02	Club Championship 2002
	3:25.55	F	200 Back	DEP	01/03	Time Trials Jan 2003
	32.93	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	48.27	B F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	47.50					
	1:38.04	F	100 Breast	DEP	07/03/04	Counties Queen St
	3:33.69	B F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	42.49	S F	50 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:52.13	F	100 Fly	DEP	03/11/02	Club Championship 2002
	4:07.22	F	200 Fly	DEP	01/03	Time Trials Jan 2003
	1:26.49	G F	100 IM	DEP	13/03/04	Counties Clay Cross
	3:08.05	S F	200 IM	DEP	06/03/04	Counties Queen St
<b>Cunningham, H</b>						
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
<b>Curzon, Z</b>						
	24.00	F	25 Free	DEP	03/03/04	Time Trials Lonsdale
	49.42	F	50 Free	DEP	15/10/03	Time Trials Lonsdale
	36.10	F	25 Breast	DEP	11/06/03	TT C
<b>Curzon, S</b>						
	19.56	B	25 Free	DEP	15/10/03	Time Trials Lonsdale
	44.32	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
	1:51.34	F	100 Free	DEP	27/03/02	TTB&C 27/03/02
	25.12	F	25 Back	DEP	24/07/02	TTC 24/07/02
	53.75	F	50 Back	DEP	10/12/03	Time Trials Lonsdale
	2:18.02	F	100 Back	DEP	17/07/02	TTC 17/07/02
	30.76	F	25 Breast	DEP	17/07/02	TTC 17/07/02
	1:07.94	F	50 Breast	DEP	12/09/01	TTC 12/09/01
	2:53.53	F	100 Breast	DEP	28/02/01	TTC/28.02.01
	28.23	F	25 Fly	DEP	17/07/02	TTC 17/07/02
	1:58.57	F	100 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Davis, L</b>						
	19.07	B	25 Free	DEP	24/07/02	TTC 24/07/02
	45.14	F	50 Free	DEP	05/03	Time Trials
	2:05.22	F	100 Free	DEP	03/11/00	Club Championships Heats
	3:31.55	F	200 Free	DEP	16/01/04	Time Trials Lonsdale
	26.15	F	25 Back	DEP	27/03/02	TTB&C 27/03/02
	51.24	F	50 Back	DEP	05/03	Time Trials
	4:03.87	F	200 Back	DEP	01/03	Time Trials Jan 2003
	27.03	F	25 Breast	DEP	17/07/02	TTC 17/07/02
	57.65	B	50 Breast	DEP	10/12/03	Time Trials Lonsdale
	2:08.47	F	100 Breast	DEP	14/02/01	TTC 14/02/01
	4:13.87	F	200 Breast	DEP	02/03/03	Time Trials March 2003
	25.62	F	25 Fly	DEP	24/04/02	TTB&C 24/04/02
	53.68	F	50 Fly	DEP	05/03	Time Trials
	4:28.44	F	200 Fly	DEP	01/03	Time Trials Jan 2003
	1:46.87	B	100 IM	DEP	23/07/03	Time trials Lonsdale
	3:40.90	F	200 IM	DEP	07/03	TT Lonsdale

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
<b>Davies, A</b>	24.43	F	25 Free	DEP	25/02/04	Time Trials Lonsdale	
	54.04	F	50 Free	DEP	03/03/04	Time Trials Lonsdale	
	33.96	F	25 Fly	DEP	03/03/04	Time Trials Lonsdale	
<b>Earith, H</b>	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale	
<b>Fox, D</b>	21.34	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala	
	31.21	S F	50 Free	DEP	13/03/04	Counties Clay Cross	
	1:07.96	S F	100 Free	DEP	02/11/03	Club Championships Queen St	
	2:31.45	B F	200 Free	DEP	08/03/03	Counties Queen St	
	5:13.33	F	400 Free	DEP	13/03/04	Counties Clay Cross	
	25.32	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala	
	35.70	G F	50 Back	DEP	20/09/03	Bill Brake Trophy Burton	
	36.35	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
	49.94	F	66 Back	DEP	7/02/04	Walsall Trophy Gala	
	1:14.31	S F	100 Back	DEP	13/03/04	Counties Clay Cross	
	2:40.01	S F	200 Back	DEP	13/03/04	Counties Clay Cross	
	28.38	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala	
	40.55	S F	50 Breast	DEP	13/03/04	Counties Clay Cross	
	42.60	F	50 Breast	Dep	23/11/03	County Sprints Ponds Forge	
	1:27.75	S F	100 Breast	DEP	07/03/04	Counties Queen St	
	3:05.69	B F	200 Breast	DEP	13/03/04	Counties Clay Cross	
	23.04	F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala	
	35.93	G F	50 Fly	DEP	9/03/03	Counties Queen St	
	1:22.81	B F	100 Fly	DEP	02/11/03	Club Championships Queen St	
	3:56.08	B F	200 Fly	DEP	27/01/01	City Of Derby Open	
	1:15.51	G F	100 IM	DEP	13/03/04	Counties Clay Cross	
2:45.29	S F	200 IM	DEP	06/03/04	Counties Queen St		
<b>Green, C</b>	29.36	F	25 Free	DEP	03/03/04	Time Trials Lonsdale	
	1:14.51	F	50 Breast	DEP	03/03/04	Time Trials Lonsdale	
<b>Hill, R</b>	1:27.50	F	50 Free	DEP			
		B	100 Free	DEP	03/03/04	Time Trials Lonsdale	
		F	200 Free	DEP			
	21.01	B	25 Back	DEP	03/03/04	Time Trials Lonsdale	
	51.74	B	50 Breast	DEP	25/02/04	Time Trials Lonsdale	
	22.55	B	25 Fly	DEP	25/02/04	Time Trials Lonsdale	
<b>James, H</b>	34.74	S F	50 Free	DEP	03/11/98	PB's@startup Nov98	
	1:14.81	S F	100 Free	DEP	19/09/99	TTAB/9	
	2:51.74	B F	200 Free	DEP	03/11/98	PB's@startup Nov98	
	35.47	P F	50 Back	DEP	27/03/99	Counties Gala 10	
	1:17.44	G F	100 Back	DEP	11/11/00	Speedo League R2	
	2:49.98	S F	200 Back	DEP	17/10/99	TTA&B/10	
	44.93	S F	50 Breast	DEP	16/01/99	Lucozade Throphy Gala	
	1:39.17	S F	100 Breast	DEP	03/11/98	PB's@startup Nov98	
	2:54.98	G F	200 Breast	DEP	17/10/99	TTA&B/10	
	38.10	G F	50 Fly	DEP	11/09/99	House Gala	
	1:22.35	G F	100 Fly	DEP	26/02/00	Burton Gala	
	3:32.46	F	200 Fly	DEP	01/03	Time Trials	
	1:23.83	G F	100 IM	DEP	27/01/01	City Of Derby Open	
	3:00.21	G F	200 IM	DEP	04/11/01	Club Championship 2001	
	6:25.40	F	400 IM	DEP	11/03/00	Counties Gala 2	
<b>Johnson, C</b>	26.19	F	25 Free	DEP	25/09/02	TTC 25/09/02	
	54.71	F	50 Free	DEP	02/10/02	TTC 02/10/02	
	30.03	F	25 Back	DEP	02/10/02	TTC 02/10/02	
	45.79	B	50 Back	DEP	17/12/03	Time Trials Lonsdale	
	24.91	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale	
	53.00	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale	
	1:52.79	B	100 Breast	DEP	25/02/04	Time Trials Lonsdale	
	22.42	B	25 Fly	DEP	25/02/04	Time Trials Lonsdale	
	1:59.03	F	100 Fly	DEP	02/11/03	Club Championships Queen St	
	1:54.52	F	100 IM	DEP	17/12/03	Time Trials Lonsdale	
	<b>Keane, E</b>	16.64	B	25 Free	DEP	20/09/03	Bill Brake Trophy Burton

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala
35.76	F	50 Free	DEP	13/03/04	Counties Clay Cross
50.58	F	66 Free	DEP	7/02/04	Walsall Trophy Gala
1:27.33	F	100 Free	DEP	23/07/03	Time trials Lonsdale
2:46.76	F	200 Free	DEP	06/03/04	County Champs Queen St
6:14.62	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
19.78	F	25 Back	DEP	21/02/04	Peter Haynes Trophy Burton
29.56	F	33 Back	DEP	18/10/03	Matlock Trophy
40.05	F	50 Back	DEP	06/03/04	Counties Queen St
3:00.25	F	200 Back	DEP	13/03/04	Counties Clay Cross
24.68	F	25 Breast	DEP	02/11/03	Club Championships Queen St
35.62	F	33 Breast	DEP	21/06/03	Matlock trophy
55.31	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
4:13.02	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
19.32	B	25 Fly	DEP	02/11/03	Club Championships Queen St
27.62	F	33 Fly	DEP	18/10/03	Matlock Trophy
41.20	F	50 Fly	DEP	13/03/04	Counties Clay Cross
1:45.44	F	100 Fly	DEP	30/07/03	Time Trials Lonsdale
3:20.72	F	200 Fly	DEP	13/03/04	Counties Clay Cross
1:33.44	B	100 IM	DEP	13/03/04	Counties Clay Cross
3:13.79	F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Keaney, S</b>					
32.44		50 Free	DEP	23/11/03	County Sprints Ponds Forge
1:07.04	S	100 Free	DEP	8/02/04	Trident Open Queen St
2:28.59	F	200 Free	DEP	06/03/04	County Champs Queen St
6:32.94	F	400 Free	DEP	19/05/02	TT A Repton 19/05/02
10:48.90	F	800 Free	DEP	06/03/04	County Champs Queen St
35.95	S	50 Back	DEP	21/02/04	Peter Haynes Trophy Burton
1:17.45	F	100 Back	DEP	8/02/04	Trident Open Queen St
3:18.00	B	200 Back	DEP	02/03/02	County Championships
47.64	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
1:38.33	F	100 Breast	DEP	8/02/04	Trident Open Queen St
18.76	F	25 Fly	DEP	05/07/03	Dove Valley
38.48	S	50 Fly	DEP	07/03/04	County Champs Queen St
1:31.43	F	100 Fly	DEP	8/02/04	Trident Open Queen St
3:12.43	F	200 Fly	DEP	07/03/04	Counties Queen St
1:19.24	S	100 IM	DEP	13/03/04	Counties Clay Cross
2:53.21	S	200 IM	DEP	06/03/04	Counties Queen St
<b>Kelly, N</b>					
25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
<b>Llanos, G</b>					
33.43	S	50 Free	DEP	18/11/01	Converted Times LC To SC
1:11.62	S	100 Free	DEP	02/11/03	Club Championships Queen St
2:42.66	B	200 Free	DEP	03/03/02	County Championships
5:33.34	F	400 Free	DEP	22/03/03	Counties Queen St.
39.81	S	50 Back	DEP	18/11/01	Converted Times LC To SC
1:22.12	S	100 Back	DEP	02/11/03	Club Championships Queen St
3:06.57	S	200 Back	DEP	05/12/01	TT A&B 05/12/01
44.54	S	50 Breast	DEP	9/03/03	Counties Queen St
1:36.12	S	100 Breast	DEP	03/11/03	Club Championship Queen St
3:36.00	S	200 Breast	DEP	16/12/01	TTA&B 16/12/01
29.47	F	33 Fly	DEP	06/06/99	Matlock Trophy Gala
36.90	G	50 Fly	DEP	08/03/03	Counties Queen St
1:24.05	S	100 Fly	DEP	03/11/03	Club Championship Queen St
3:20.52	B	200 Fly	DEP	10/03/02	County Championships
1:26.17	G	100 IM	DEP	04/11/01	Club Championship 2001
2:53.80	F	200 IM	DEP	02/11/03	Club Championships Queen St
<b>Luxton, K</b>					
19.54	B	25 Free	DEP	10/12/03	Time Trials Lonsdale
43.91	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
1:47.09	F	100 Free	DEP	03/11/02	Club Championship 2002
22.02	B	25 Back	DEP	08/10/03	Time Trials Lonsdale
1:06.53	F	50 Back	DEP	27/03/02	TTB&C 27/03/02
25.30	F	25 Breast	DEP	02/10/02	TTC 02/10/02
54.97	F	50 Breast	DEP	03/03/04	Time Trials Lonsdale
2:05.53	F	100 Breast	DEP	03/11/03	Club Championship Queen St
1:49.90	B	100 IM	DEP	25/02/04	Time Trials Lonsdale
<b>Machin, E</b>					
20.01	F	25 Free	DEP	03/11/02	Club Championship 2002
42.25	F	50 Free	DEP	30/07/03	Time Trials Lonsdale

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala
23.12	F	25 Back	DEP	05/07/03	Dove Valley
48.70	F	50 Back	DEP	02/11/03	Club Championships Queen St
21.43	F	25 Breast	DEP	21/02/04	Peter Haynes Trophy Burton
32.69	F	33 Breast	DEP	08/02/03	Matlock Trophy
46.88	F	50 Breast	DEP	02/11/03	Club Championships Queen St
1:42.04	F	100 Breast	DEP	07/03/04	Counties Queen St
22.26	F	25 Fly	DEP	05/07/03	Dove Valley
50.79	F	50 Fly	DEP	03/11/03	Club Championship Queen St
1:40.28	F	100 IM	DEP	02/11/03	Club Championships Queen St
<b>Maclean, A</b>					
20.47	F	25 Free	DEP	03/11/03	Club Championship Queen St
54.12	F	50 Free	DEP	08/10/03	Time Trials Lonsdale
1:53.68	F	100 Free	DEP	25/02/04	Time Trials Lonsdale
25.19	F	25 Back	DEP	03/11/03	Club Championship Queen St
26.59	F	25 Breast	DEP	02/11/03	Club Championships Queen St
28.97	F	25 Fly	DEP	02/11/03	Club Championships Queen St
<b>Malomvari, B</b>					
30.53	F	25 Back	DEP	15/10/03	Time Trials Lonsdale
1:03.89	F	50 Free	DEP	03/11/03	Club Championship Queen St
49.32	F	50 Back	DEP	02/11/03	Club Championships Queen St
1:11.06	F	50 Breast	DEP	02/11/03	Club Championships Queen St
<b>Maine, N</b>					
34.95	B F	50 Free	DEP	14/09/02	Treonte Trophy Queen St
1:14.95	B F	100 Free	DEP	02/11/03	Club Championships Queen St
2:48.38	F	200 Free	DEP	07/03	TT Lonsdale
42.25	B F	50 Back	DEP	07/03	Time Trials
1:28.73	B F	100 Back	DEP	02/11/03	Club Championships Queen St
3:23.71	F	200 Back	DEP	01/03	Time Trials Jan 2003
47.41	B F	50 Breast	DEP	05/03	Time Trials
1:41.39	B F	100 Breast	DEP	03/11/03	Club Championship Queen St
3:39.18	F	200 Breast	DEP	27/03/02	TTB&C 27/03/02
40.51	S F	50 Fly	DEP	05/03	Time Trials
1:39.65	F	100 Fly	DEP	18/10/03	Matlock Trophy
3:54.02	F	200 Fly	DEP	01/03	Time Trials Jan 2003
1:35.01	B F	100 IM	DEP	24/04/02	TTB&C 24/04/02
3:34.29	B F	200 IM	DEP	19/09/01	TT A&B 19/09/01
<b>Maude, N</b>					
20.16	F	25 Free	DEP	25/02/04	Time Trials Lonsdale
51.10	F	50 Back	DEP	03/03/04	Time Trials Lonsdale
1:51.81	F	100 Breast	DEP	25/02/04	Time Trials Lonsdale
<b>Murphy, R</b>					
21.44	F	25 Free	DEP	17/12/03	Time Trials Lonsdale
46.50	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
1:52.43	F	100 Free	DEP	02/11/03	Club Championships Queen St
26.44	F	25 Back	DEP	17/12/03	Time Trials Lonsdale
31.86	F	25 Breast	DEP	04/12/02	TTC 04/12/02 & 11/12/02
2:23.98	F	100 Breast	DEP	03/11/03	Club Championship Queen St
2:12.94	F	100 IM	DEP	03/03/04	Time Trials Lonsdale
<b>Palmer, C</b>					
35.06	F	50 Free	DEP	13/03/04	Counties Clay Cross
1:17.66	F	100 Free	DEP	02/11/03	Club Championships Queen St
2:59.59	F	200 Free	DEP	07/03	TT Lonsdale
6:19.47	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
43.60	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
1:34.24	F	100 Back	DEP	12/07/03	COD B Grade Queen St
41.84	G F	50 Breast	DEP	07/03/04	Counties Queen St
1:31.08	B F	100 Breast	DEP	13/03/04	Counties Clay Cross
3:16.92	B F	200 Breast	DEP	06/03/04	County Champs Queen St
47.81	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
1:42.11	F	100 Fly	DEP	02/11/03	Club Championships Queen St
4:17.90	F	200 Fly	DEP	01/03	Time Trials
1:25.49	S F	100 IM	DEP	10/12/03	Time Trials Lonsdale
3:13.37	B F	200 IM	DEP	07/03	TT Lonsdale
<b>Palmer, F</b>					
34.23	S F	50 Free	DEP	16/03/03	Counties Sharley Park
1:11.13	B F	100 Free	DEP	03/11/02	Club Championships 2002
2:40.02	F	200 Free	DEP	07/03/04	Counties Queen St
5:59.78	F	400 Free	DEP	19/05/02	TT A Repton 19/05/02
39.93	B F	50 Back	DEP	13/03/04	Counties Clay Cross

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	41.16	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:23.91	B F	100 Back	DEP	16/03/03	Counties Sharley Park
	3:02.46	F	200 Back	DEP	19/05/02	TT A Repton 19/05/02
	37.85	P F	50 Breast	DEP	07/03/04	Counties Queen St
	1:23.29	G F	100 Breast	DEP	13/12/03	Speedo Final Leamington Spa.
	2:56.89	S F	200 Breast	DEP	06/03/04	County Champs Queen St
	36.14	S F	50 Fly	DEP	06/03/04	County Champs Queen St
	1:33.64	S F	100 Fly	DEP	03/11/02	Club Championships 2002
	1:18.29	S F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:48.63	S F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Pratt, E</b>						
	32.94	F	50 Free	DEP	13/03/04	Counties Clay Cross
	1:09.98	S F	100 Free	DEP	06/03/04	County Champs Queen St
	2:25.80	B F	200 Free	DEP	06/03/04	County Champs Queen St
	5:14.75	F	400 Free	DEP	13/03/04	Counties Clay Cross
	29.61	F	33 Back	DEP	10/02/01	Matlock Gala
	38.73	B F	50 Back	DEP	06/03/04	County Champs Queen St
	1:20.53	S F	100 Back	DEP	02/11/03	Club Championships Queen St
	2:49.57	B F	200 Back	DEP	13/03/04	Counties Clay Cross
	29.72	F	33 Breast	DEP	02/06/01	Matlock Gala
	38.84	G F	50 Breast	DEP	13/03/04	Counties Clay Cross
	55.18	F	66 Breast	DEP	7/02/04	Walsall Trophy Gala
	1:24.46	F	100 Breast	DEP	07/03/04	Counties Queen St
	2:58.88	S F	200 Breast	DEP	13/03/04	Counties Clay Cross
	36.37	G F	50 Fly	DEP	07/03/04	County Champs Queen St
	1:21.15	F	100 Fly	DEP	13/03/04	Counties Clay Cross
	1:18.55	S F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:46.46	S F	200 IM	DEP	06/03/04	Counties Queen St
	5:57.22	F	400 IM	DEP	13/03/04	Counties Clay Cross
<b>Pratt, R</b>						
	27.88	F	33 Free	DEP	06/06/99	Matlock Trophy Gala
	31.95	G F	50 Free	DEP	03/05/03	Tulip Open Spalding
	1:07.08	S F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:27.21	S F	200 Free	DEP	07/03/04	Counties Queen St
	5:11.80	F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton
	11:01.68	F	800 Free	DEP	7/12/02	Stafford Apex Open Wolverhampton
	38.42	S F	50 Back	DEP	13/03/04	Counties Clay Cross
	1:21.13	S F	100 Back	DEP	03/05/03	Tulip Open Spalding
	2:51.49	S F	200 Back	DEP	22/03/03	Counties Queen St.
	45.98	S F	50 Breast	DEP	18/11/01	Converted Times LC To SC
	1:33.99	S F	100 Breast	DEP	03/11/02	Club Championships 2002
	3:55.64	B F	200 Breast	DEP	24/01/01	TTA&B/b
	38.27	G F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge
	1:24.65	S F	100 Fly	DEP	9/03/03	Counties Queen St
	1:21.14	G F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:54.66	S F	200 IM	DEP	22/03/03	Counties Queen St.
		F	400 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton
<b>Reed, E</b>						
	18.87	B	25 Free	DEP	18/06/03	TT C
	39.29	B	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:38.44	F	100 Free	DEP	02/11/03	Club Championships Queen St
	3:17.06	F	200 Free	DEP	16/01/04	Time Trials Lonsdale
	27.14	F	25 Back	DEP	04/11/01	Club Championship 2001
	47.94	F	50 Back	DEP	16/01/04	Time Trials Lonsdale
	1:45.29	F	100 Back	DEP	02/11/03	Club Championships Queen St
	30.53	F	25 Breast	DEP	03/02/01	Sherwood Colliery S.C
	2:10.92	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	23.64	F	25 Fly	DEP	04/12/02	TTC 04/12/02 & 11/12/02
	27.23	F	33 Fly	DEP	18/10/03	Matlock Trophy
	48.68	F	50 Fly	DEP	08/06/03	Junior League Queen St
	1:54.77	F	100 Fly	DEP	02/11/03	Club Championships Queen St
	1:46.62	B	100 IM	DEP	15/10/03	Time Trials Lonsdale
<b>Reeks, C</b>						
	31.26	G F	50 Free	DEP	20/04/02	Melton Mowbray Trophy Gala
	1:08.87	S F	100 Free	DEP	7/09/03	Ripley Open Queen St
	2:32.62	S F	200 Free	DEP	03/03/02	County Championships
	5:09.02	F	400 Free	DEP	22/03/03	Counties Queen St.
	10:56.21	F	800 Free	DEP	17/03/02	County Championships
	36.39	G F	50 Back	DEP	03/03/02	County Championships

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala
1:17.71	G F	100 Back	20/09/03	Bill Brake Trophy Burton
2:46.23	F	200 Back	22/03/03	Counties Queen St.
43.37	S F	50 Breast	20/06/00	BTT/6
1:35.62	S F	100 Breast	11/02/01	Trident Open
35.61	G F	50 Fly	31/08/02	Workshop Open, Ponds Forge— Conv LC to SC
1:18.71	G F	100 Fly	9/11/02	Speedo Lge Sharley Park
3:05.00	S F	200 Fly	10/03/02	County Championships
1:21.47	G F	100 IM	16/03/02	County Championships
2:46.55	G F	200 IM	02/11/03	Club Championships Queen St
5:54.08	F	400 IM	9/03/03	Counties Queen St
<b>Reeks, J</b>				
32.96	S F	50 Free	13/03/04	Counties Clay Cross
33.16	F	50 Free	23/11/03	County Sprints Ponds Forge
1:10.46	S F	100 Free	02/11/03	Club Championships Queen St
2:26.54	F	200 Free	06/03/04	County Champs Queen St
5:32.34	f	400 Free	04/10/03	Robin Hood Open Ponds Forge
5:04.47	F	400 Free	13/03/04	Counties Clay Cross
10:23.09	F	800 Free	06/03/04	County Champs Queen St
38.61	S F	50 Back	06/03/04	County Champs Queen St
1:21.26	F	100 Back	02/11/03	Club Championships Queen St
2:58.83	F	200 Back	16/03/03	Counties Sharley Park
40.41	G F	50 Breast	13/03/04	Counties Clay Cross
1:26.35	S F	100 Breast	07/03/04	Counties Queen St
3:00.36	S F	200 Breast	13/03/04	Counties Clay Cross
3:15.44	LC	200 Breast	04/10/03	Robin Hood Open Ponds Forge
27.12	F	33 Fly	02/06/01	Matlock Gala
34.21	G F	50 Fly	21/02/04	Peter Haynes Trophy Burton
49.34	F	66 Fly	7/02/04	Walsall Trophy Gala
1:25.08	F	100 Fly	04/10/03	Robin Hood Open Ponds Forge
1:16.40	F	100 Fly	13/03/04	Counties Clay Cross
2:43.56	F	200 Fly	07/03/04	Counties Queen St
1:17.32	G F	100 IM	13/03/04	Counties Clay Cross
2:42.19	G F	200 IM	06/03/04	Counties Queen St
5:36.02	F	400 IM	13/03/04	Counties Clay Cross
<b>Reeks, L</b>				
19.11	<b>B</b>	25 Free	03/11/02	Club Championship 2002
27.24	F	33 Free	26/01/02	Chesterfield Trophy Gala
36.36	F	50 Free	13/03/04	Counties Clay Cross
37.63	F	50 Free	23/11/03	County Sprints Ponds Forge
2:53.15	F	200 Free	06/03/04	County Champs Queen St
5:50.01	F	400 Free	07/03/04	Counties Queen St
22.73	F	25 Back	03/11/02	Club Championship 2002
34.48	F	33 Back	26/01/02	Chesterfield Trophy Gala
41.02	F	50 Back	06/03/04	Counties Queen St
3:10.71	F	200 Back	13/03/04	Counties Clay Cross
24.59	F	25 Breast	05/07/03	Dove Valley
34.18	F	33 Breast	21/06/03	Matlock Trophy
48.40	F	50 Breast	02/11/03	Club Championships Queen St
3:39.06	F	200 Breast	06/03/04	County Champs Queen St
17.34	<b>B</b>	25 Fly	21/02/04	Peter Haynes Trophy Burton
29.74	F	33 Fly	08/02/03	Matlock Trophy
38.81	<b>B</b>	50 Fly	13/03/04	Counties Clay Cross.
1:04.06	F	66 Fly	21/06/03	Matlock trophy
3:26.05	F	200 Fly	13/03/04	Counties Clay Cross
1:29.59	<b>B</b>	100 IM	02/11/03	Club Championships Queen St
3:09.76	F	200 IM	13/03/04	Counties Clay Cross
<b>Ryde, E</b>				
30.44	P F	50 Free	23/11/03	County Sprints Ponds Forge
1:05.93	G F	100 Free	03/11/02	Club Championships 2002
2:25.99	S F	200 Free	03/03/02	County Championships
5:17.42	F	400 Free	16/03/02	County Championships
34.11	P F	50 Back	15/03/03	Counties Sharley Park
47.53	F	66 Back	7/02/04	Walsall Trophy Gala
1:11.59	G F	100 Back	16/03/03	Counties Sharley Park
2:34.51	G F	200 Back	22/03/03	Counties Queen St.
45.57	P F	50 Breast	05/03	Time Trials
1:33.86	S F	100 Breast	03/11/03	Club Championship Queen St
35.61	G F	50 Fly	08/03/03	Counties Queen St
1:17.79	G F	100 Fly	03/11/02	Club Championships 2002
3:02.10	G F	200 Fly	17/10/99	TTA&B/10

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
<b>Salt, C</b>	1:16.44	P F	100 IM	DEP	27/10/02	Belper Open Queen St	
	2:45.40	G F	200 IM	DEP	03/11/02	Club Championships 2002	
	38.65	B	50 Free	DEP	10/12/03	Time Trials Lonsdale	
	1:27.00	F	100 Free	DEP	03/11/02	Club Championships 2002	
	3:19.79	F	200 Free	DEP	07/03	TT Lonsdale	
	6:50.63	F	400 Free	DEP	17/09/03	Time Trials Lonsdale	
	21.56	B	25 Back	DEP	24/04/02	TTB&C 24/04/02	
	45.29	F	50 Back	DEP	16/01/04	Time Trials Lonsdale	
	2:01.30	F	100 Back	DEP	19/10/01	Club Championship Heats	
	49.54	B	50 Breast	DEP	17/07/02	TTC 17/07/02	
	1:50.35	B	100 Breast	DEP	24/07/02	TTC 24/07/02	
	3:54.18	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale	
	50.17	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale	
	4:30.51	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale	
	1:41.50	F	100 IM	DEP	23/07/03	Time trials Lonsdale	
3:44.24	F	200 IM	DEP	10/12/03	Time Trials Lonsdale		
<b>Scott, L</b>	40.72	B	50 Free	DEP	15/10/03	Time Trials Lonsdale	
	52.13	F	50 Breast	DEP	31/01/04	Treonte Junior Gala Queen St	
	2:00.76	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale	
	21.16	B	25 Fly	DEP	08/10/03	Time Trials Lonsdale	
	43.06	F	50 Fly	DEP	28/02/04	Peter Haynes Uttoxeter	
	1:03.20	F	66 Fly	DEP	7/02/04	Walsall Trophy Gala	
	4:18.24	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale	
	1:49.31	B	100 IM	DEP	15/10/03	Time Trials Lonsdale	
	<b>Sharratt, M</b>	20.26	F	25 Free	DEP	15/10/03	Time Trials Lonsdale
		28.98	F	33 Free	DEP	21/06/03	Matlock Trophy
45.68		F	50 Free	DEP	15/10/03	Time Trials Lonsdale	
1:41.81		F	100 Free	DEP	18/06/03	TT C	
25.52		F	25 Back	DEP	03/11/02	Club Championship 2002	
28.64		F	25 Breast	DEP	03/11/02	Club Championship 2002	
2:07.48		f	100 IM	DEP	04/12/02	TTC 04/12/02 & 11/12/02	
<b>Simpson, P</b>		25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
	<b>Spencer, M</b>	31.27	F	50 Free	DEP		
1:10.54		F	100 Free	DEP	11/01/03	Bromsgrove McDonald Trophy	
		F	200 Free	DEP			
5:25.45		F	400 Free	DEP	19/05/02	TT A Repton 19/05/02	
37.91		F	50 Back	DEP			
1:18.56		F	100 Back	DEP	03/11/02	Club Championships 2002	
		F	200 Back	DEP			
35.64		F	50 Breast	DEP			
53.56		F	66 Breast	DEP	7/02/04	Walsall Trophy Gala	
1:20.74		F	100 Breast	DEP	15/03/03	Counties Sharley Park	
1:17.67		F	100 Breast	DEP			
2:52.72		F	200 Breast	DEP			
37.62		F	50 Fly	DEP			
1:17.05		F	100 IM	DEP	22/03/03	Counties Queen St.	
2:46.90		F	200 IM	DEP	03/11/02	Club Championships 2002	
<b>Spencer, R</b>	32.95	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge	
	1:12.70	F	100 Free	DEP	02/11/03	Club Championships Queen St	
	2:41.82	F	200 Free	DEP	06/03/04	County Champs Queen St	
	5:33.03	F	400 Free	DEP	15/03/03	Counties Sharley Park	
	11:26.25	F	800 Free	DEP	9/03/03	Counties Queen St	
	37.21	F	50 Back	DEP	08/03/03	Counties Queen St	
	1:20.00	F	100 Back	DEP	13/03/04	Counties Clay Cross	
	2:49.51	F	200 Back	DEP	13/03/04	Counties Clay Cross	
	41.15	F	50 Breast	DEP	13/03/04	Counties Clay Cross	
	1:29.95	F	100 Breast	DEP	9/03/03	Counties Queen St	
	3:09.92	F	200 Breast	DEP	16/03/03	Counties Sharley Park	
	37.18	F	50 Fly	DEP	07/03/04	County Champs Queen St	
	1:24.43	F	100 Fly	DEP	13/03/04	Counties Clay Cross	
	1:21.12	F	100 IM	DEP	22/03/03	Counties Queen St.	
	2:56.13	F	200 IM	DEP	08/03/03	Counties Queen St	
<b>Stoll, C</b>							

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala	
25.14	F	25 Free	DEP	02/11/03	Club Championships Queen St	
1:03.95	F	50 Free	DEP	25/02/04	Time Trials Lonsdale	
30.42	F	25 Back	DEP	08/10/03	Time Trials Lonsdale	
36.11	F	25 Breast	DEP	15/10/03	Time Trials Lonsdale	
1:09.92	F	50 Breast	DEP	17/12/03	Time Trials Lonsdale	
2:32.31	F	100 Breast	DEP	10/12/03	Time Trials Lonsdale	
37.62	F	25 Fly	DEP	03/03/04	Time Trials Lonsdale	
<b>Stoll, E</b>						
20.47	F	25 Free	DEP	02/11/03	Club Championship Queen St	
44.81	F	50 Free	DEP	13/03/04	Counties Clay Cross	
3:42.45	F	200 Free	DEP	06/03/04	County Champs Queen St	
7:52.37	F	400 Free	DEP	07/03/04	Counties Queen St	
24.75	F	25 Back	DEP	03/11/03	Club Championship Queen St	
35.46	F	33 Back	DEP	21/06/03	Matlock trophy	
53.67	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
24.58	F	25 Breast	DEP	02/11/03	Club Championships Queen St	
55.89	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge	
2:18.11	F	100 Breast	DEP	25/09/02	TTC 25/09/02	
4:22.68	F	200 Breast	DEP	06/03/04	County Champs Queen St	
25.67	F	25 Fly	DEP	02/11/03	Club Championships Queen St	
1:01.56	F	50 Fly	DEP	16/03/03	Counties Sharley Park	
1:53.54	F	100 IM	DEP	13/03/04	Counties Clay Cross	
4:11.71	F	200 IM	DEP	13/03/04	Counties Clay Cross	
<b>Taylor E</b>						
19.35	B	25 Free	DEP	08/10/03	Time Trials Lonsdale	
38.11		50 Free	DEP	31/01/04	Treonte Junior Gala Queen St	
3:30.78	F	200 Free	DEP	16/01/04	Time Trials Lonsdale	
7:03.98	F	800 Free	DEP	07/03/04	Counties Queen St	
45.95	F	50 Back	DEP	06/03/04	Counties Queen St	
3:30.94	F	200 Back	DEP	13/03/04	Counties Clay Cross	
46.79	B	50 Breast	DEP	13/03/04	Counties Clay Cross	
3:46.30	F	200 Breast	DEP	06/03/04	County Champs Queen St	
22.79	B	25 Fly	DEP	15/10/03	Time Trials Lonsdale	
38.79	F	33 Fly	DEP	21/06/03	Matlock trophy	
51.00	F	50 Fly	DEP	13/03/04	Counties Clay Cross	
4:06.24	F	200 Fly	DEP	13/03/04	Counties Clay Cross	
1:39.78	B	100 IM	DEP	13/03/04	Counties Clay Cross	
3:30.87	F	200 IM	DEP	13/03/04	Counties Clay Cross	
<b>Tidbury, L</b>						
19.99	F	25 Free	DEP	17/07/02	TTC 17/07/02	
41.52	F	50 Free	DEP	10/12/03	Time Trials Lonsdale	
1:38.50	F	100 Free	DEP	02/11/03	Club Championships Queen St	
22.26	F	25 Back	DEP	10/12/03	Time Trials Lonsdale	
1:59.71	F	100 Back	DEP	02/11/03	Club Championships Queen St	
26.53	F	25 Breast	DEP	24/04/02	TTB&C 24/04/02	
49.81	B	50 Breast	DEP	03/03/04	Time Trials Lonsdale	
1:57.97	F	100 Breast	DEP	03/11/03	Club Championship Queen St	
1:49.15	B	100 IM	DEP	03/03/04	Time Trials Lonsdale	
<b>Toczek, M</b>						
36.16	B	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
1:21.13	B	F	100 Free	DEP	03/11/02	Club Championships 2002
3:04.49	F	F	200 Free	DEP	18/12/02	Time Trials
44.74	F	F	50 Back	DEP	15/03/03	Counties Sharley Park
1:35.26	F	F	100 Back	DEP	16/03/03	Counties Sharley Park
3:50.32	F	F	200 Back	DEP	16/12/01	TTA&B 16/12/01
46.73	B	F	50 Breast	DEP	9/03/03	Counties Queen St
1:44.08	B	F	100 Breast	DEP	15/03/03	Counties Sharley Park
46.89	F	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
1:39.41	B	F	100 IM	DEP	16/03/02	County Championships
3:33.81	B	F	200 IM	DEP	02/11/03	Club Championships Queen St
<b>Tolley, C</b>						
24.86	F	25 Free	DEP	28/02/04	Peter Haynes Uttoxeter	
28.44	F	25 Breast	DEP	25/02/04	Time Trials Lonsdale	
1:03.99	F	50 Breast	DEP	03/03/04	Time Trials Lonsdale	
<b>Tomlinson, A</b>						
19.57	B	25 Free	DEP	03/03/04	Time Trials Lonsdale	
30.26	F	33 Free	DEP	18/10/03	Matlock Trophy	
46.37	F	50 Free	DEP	03/03/04	Time Trials Lonsdale	
26.35	F	25 Back	DEP	05/07/03	Dove Valley	

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
<b>Ward, A</b>	30.78	F	25 Breast	DEP	02/11/03	Club Championships Queen St	
	1:00.38	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale	
	2:24.91	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale	
	28.59	F	25 Fly	DEP	02/11/03	Club Championships Queen St	
	2:03.71	F	100 IM	DEP	25/02/04	Time Trials Lonsdale	
	19.44	B	25 Free	DEP	11/06/03	TT C	
	29.04	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala	
	43.78	F	50 Free	DEP	16/03/03	Counties Sharley Park	
	1:41.85	F	100 Free	DEP	02/11/03	Club Championships Queen St	
	23.84	F	25 Back	DEP	04/12/02	TTC 04/12/02 & 11/12/02	
	33.84	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala	
	49.49	F	50 Back	DEP	08/03/03	Counties Queen St	
	1:48.72	F	100 Back	DEP	02/11/03	Club Championships Queen St	
	26.19	F	25 Breast	DEP	03/03/04	Time Trials Lonsdale	
	59.31	F	50 Breast	DEP	03/11/02	Club Championship 2002	
	2:04.87	F	100 Breast	DEP	07/03/04	Counties Queen St	
22.63	B	25 Fly	DEP	17/12/03	Time Trials Lonsdale		
50.78	F	50 Fly	DEP	07/03/04	County Champs Queen St		
2:06.18	F	100 Fly	DEP	02/11/03	Club Championships Queen St		
1:54.49	F	100 IM	DEP	03/11/03	Club Championship Queen St		
<b>Ward, R</b>	27.84	P	F	50 Free	DEP	18/11/01	Converted Times LC To SC
	40.06	F	F	66 Free	DEP	7/02/04	Walsall Trophy Gala
	1:01.63	G	F	100 Free	DEP	16/03/02	County Championships
	2:23.13	S	F	200 Free	DEP	10/03/01	County Championships
	5:12.05	F	F	400 Free	DEP	10/03/01	County Championships
	10:42.50	F	F	800 Free	DEP	10/03/01	County Championships
	32.51	P	F	50 Back	DEP	08/04/00	Counties Gala 10
	1:13.46	G	F	100 Back	DEP	22/01/00	City Of Derby Open
	2:30.72	G	F	200 Back	DEP	17/10/99	TTA&B/10
	35.95	P	F	50 Breast	DEP	09/04/00	Counties Gala 12
	1:18.11	G	F	100 Breast	DEP	03/02/01	Sherwood Colliery S.C
	2:56.49	G	F	200 Breast	DEP	10/03/01	County Championships
	30.78	P	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
	45.58	F	F	66 Fly	DEP	7/02/04	Walsall Trophy Gala
	1:12.40	G	F	100 Fly	DEP	03/11/03	Club Championship Queen St
	2:55.91	F	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:10.11	P	F	100 IM	DEP	10/03/01	County Championships
	2:36.55	G	F	200 IM	DEP	07/03	TT Lonsdale
	5:38.93	F	F	400 IM	DEP	10/03/01	County Championships
	<b>Ward, S</b>	35.84	F	50 Free	DEP	13/03/04	Counties Clay Cross
		1:19.13	F	100 Free	DEP	02/11/03	Club Championships Queen St
		3:00.09	F	200 Free	DEP	07/03	TT Lonsdale
6:22.12		F	400 Free	DEP	17/09/03	Time Trials Lonsdale	
40.82		F	50 Back	DEP	06/03/04	County Champs Queen St	
1:27.05		F	100 Back	DEP	13/03/04	Counties Clay Cross	
43.27		B	F	50 Breast	DEP	15/03/03	Counties Sharley Park
1:33.71		B	F	100 Breast	DEP	8/02/04	Trident Open Queen St
3:22.93		B	F	200 Breast	DEP	13/03/04	Counties Clay Cross
40.77		F	50 Fly	DEP	07/03/04	County Champs Queen St	
1:32.17		F	100 Fly	DEP	13/03/04	Counties Clay Cross	
3:18.04		F	200 Fly	DEP	07/03/04	Counties Queen St	
1:26.67		B	F	100 IM	DEP	13/03/04	Counties Clay Cross
3:13.50		B	F	200 IM	DEP	07/03	TT Lonsdale
<b>Wisdish, H</b>		19.57	B	25 Free	DEP	21/09/02	Burton Bill Brake Trophy
		36.59	F	50 Free	DEP	13/12/03	Speedo Final Leamington Spa.
		52.06	F	66 Free	DEP	7/02/04	Walsall Trophy Gala
	1:18.16	F	100 Free	DEP	8/02/04	Trident Open Queen St	
	3:00.75	F	200 Free	DEP	16/01/04	Time Trials Lonsdale	
	6:00.68	F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton	
	29.74	F	25 Back	DEP	04/11/01	Club Championship 2001	
	44.95	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
	1:29.70	F	100 Back	DEP	13/03/04	Counties Clay Cross	
	3:06.76	F	200 Back	DEP	13/03/04	Counties Clay Cross	
	25.58	F	25 Breast	DEP	02/10/02	TTC 02/10/02	
	37.72	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala	

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala
48.38	F	50 Breast	DEP	28/02/04	Peter Haynes Uttoxeter
1:08.31	F	66 Breast	DEP	7/02/04	Walsall Trophy Gala
1:44.29	F	100 Breast	DEP	07/03/04	Counties Queen St
3:34.55	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
22.67	B	25 Fly	DEP	07/04/02	Derby & Notts Junior League
45.71	F	50 Fly	DEP	31/01/04	Treonte Junior Gala Queen St
1:49.09	F	100 Fly	DEP	02/11/03	Club Championships Queen St
3:41.70	F	200 Fly	DEP	07/03/04	Counties Queen St
1:34.01	S	100 IM	DEP	22/03/03	Counties Queen St.
3:13.90	F	200 IM	DEP	06/03/04	Counties Queen St
<b>Wisdish, S</b>					
17.00	B	25 Free	DEP	03/11/03	Club Championship Queen St
35.76	F	50 Free	DEP	13/03/04	Counties Clay Cross
1:36.89	F	100 Free	DEP	23/07/03	Time trials Lonsdale
2:47.87	F	200 Free	DEP	06/03/04	County Champs Queen St
5:53.72	F	400 Free	DEP	07/03/04	Counties Queen St
32.99	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
22.08	F	25 Back	DEP	20/09/03	Bill Brake Trophy Burton
46.72	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
21.40	B	25 Breast	DEP	02/11/03	Club Championships Queen St
30.19	F	33 Breast	DEP	18/10/03	Matlock Trophy
46.17	F	50 Breast	DEP	13/03/04	Counties Clay Cross
1:08.51	F	66 Breast	DEP	7/02/04	Walsall Trophy Gala
1:49.76	F	100 Breast	DEP	30/07/03	Time Trials Lonsdale
3:33.45	F	200 Breast	DEP	06/03/04	County Champs Queen St
18.84	B	25 Fly	DEP	02/11/03	Club Championships Queen St
26.57	F	33 Fly	DEP	21/06/03	Matlock Trophy
41.46	F	50 Fly	DEP	8/02/04	Trident Open Queen St
3:39.58	F	200 Fly	DEP	13/03/04	Counties Clay Cross
1:29.30	S	100 IM	DEP	13/03/04	Counties Clay Cross
3:12.75	F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Baxter, M</b>					
21.00	F	25 Free	DEP	17/12/03	Time Trials Lonsdale
31.76	F	33 Free	DEP	21/06/03	Matlock trophy
42.66	F	50 Free	DEP	07/03/04	County Champs Queen St
1:45.51	F	100 Free	DEP	10/12/03	Time Trials Lonsdale
23.12	F	25 Back	DEP	25/02/04	Time Trials Lonsdale
48.96	F	50 Back	DEP	13/03/04	Counties Clay Cross
25.46	F	25 Fly	DEP	10/12/03	Time Trials Lonsdale
1:47.10	F	100 IM	DEP	13/03/04	Counties Clay Cross
<b>Barker, W</b>					
23.26	F	25 Free	DEP	25/02/04	Time Trials Lonsdale
56.89	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
31.44	F	25 Breast	DEP	15/10/03	Time Trials Lonsdale
2:30.89	F	100 Breast	DEP	25/02/04	Time Trials Lonsdale
<b>Barlow, M</b>					
17.94	B	25 Free	DEP	02/11/03	Club Championship Queen St
30.11	F	33 Free	DEP	08/02/03	Matlock Trophy
39.03	F	50 Free	DEP	07/03/04	County Champs Queen St
3:08.22	F	200 Free	DEP	13/03/04	Counties Clay Cross
59.31	F	66 Free	DEP	7/02/04	Walsall Trophy Gala
21.60	B	25 Back	DEP	21/02/04	Peter Haynes Trophy Burton
36.86	F	33 Back	DEP	08/02/03	Matlock Trophy
48.32	F	50 Back	DEP	13/03/04	Counties Clay Cross
1:16.26	F	66 Back	DEP	7/02/04	Walsall Trophy Gala
3:37.14	F	200 Back	DEP	07/03/04	County Champs Queen St
24.78	F	25 Breast	DEP	02/11/03	Club Championship Queen St
53.87	F	50 Breast	DEP	06/03/04	County Champs Queen St
4:05.50	F	200 Breast	DEP	13/03/04	Counties Clay Cross
19.08	B	25 Fly	DEP	03/11/03	Club Championship Queen St
45.06	F	50 Fly	DEP	07/03/04	Counties Queen St
4:19.98	F	200 Fly	DEP	06/03/04	County Champs Queen St
1:39.30	B	100 IM	DEP	13/03/04	Counties Clay Cross
3:34.87	F	200 IM	DEP	07/03/04	County Champs Queen St
<b>Bell, C</b>					
17.71	B	25 Free	DEP	21/02/04	Peter Haynes Trophy Burton
31.82	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
38.48	B	50 Free	DEP	07/03/04	County Champs Queen St
1:38.31	F	100 Free	DEP	18/06/03	TT C

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala
3:04.43	F	200 Free	DEP	13/03/04	Counties Clay Cross
6:14.49	F	400 Free	DEP	13/03/04	Counties Clay Cross
23.54	F	25 Back	DEP	15/10/03	Time Trials Lonsdale
34.66	F	33 Back	DEP	08/02/03	Matlock Trophy
45.07	F	50 Back	DEP	13/03/04	Counties Clay Cross
3:27.19	F	200 Back	DEP	07/03/04	County Champs Queen St
24.56	F	25 Breast	DEP	21/02/04	Peter Haynes Trophy Burton
36.28	F	33 Breast	DEP	21/06/03	Matlock trophy
53.32	F	50 Breast	DEP	06/03/04	County Champs Queen St
2:05.45	F	100 Breast	DEP	03/05/03	Tulip Open Spalding
4:06.66	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
22.61	B	25 Fly	DEP	05/07/03	Dove Valley
37.94	F	33 Fly	DEP	21/06/03	Matlock trophy
48.02	F	50 Fly	DEP	07/03/04	Counties Queen St
2:16.36	F	100 Fly	DEP	03/05/03	Tulip Open Spalding
4:07.60	F	200 Fly	DEP	06/03/04	County Champs Queen St
1:39.51	B	100 IM	DEP	13/03/04	Counties Clay Cross
3:31.02	F	200 IM	DEP	07/03/04	County Champs Queen St
<b>Bell, J</b>					
17.77	F	25 Free	DEP	22/02/03	Burton Peter Haynes Trophy
34.55	B	50 Free	DEP	13/12/03	Speedo Final Leamington Spa.
1:15.96	F	100 Free	DEP	02/11/03	Club Championship Queen St
2:38.35	F	200 Free	DEP	13/03/04	Counties Clay Cross
5:31.61	F	400 Free	DEP	13/03/04	Counties Clay Cross
21.51	B	25 Back	DEP	21/09/02	Burton Bill Brake Trophy
31.47	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
39.51	F	50 Back	DEP	21/02/04	Peter Haynes Trophy Burton
55.91	F	66 Back	DEP	7/02/04	Walsall Trophy Gala
1:25.46	F	100 Back	DEP	03/11/03	Club Championship Queen St
3:18.52	F	200 Back	DEP	09/03/03	Counties Queen St
23.15	F	25 Breast	DEP	25/01/03	Belper Trophy Gala Heanor Pool
35.79	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
44.53	F	50 Breast	DEP	06/03/04	County Champs Queen St
1:43.48	F	100 Breast	DEP	02/11/03	Club Championship Queen St
3:22.72	F	200 Breast	DEP	13/03/04	Counties Clay Cross
20.91	B	25 Fly	DEP	24/04/02	TTB&C 24/04/02
27.11	F	33 Fly	DEP	18/10/03	Matlock Trophy
39.20	F	50 Fly	DEP	28/02/04	Peter Haynes Uttoxeter
54.89	F	66 Fly	DEP	7/02/04	Walsall Trophy Gala
1:36.32	F	100 Fly	DEP	02/11/03	Club Championship Queen St
4:31.34	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:26.14	S	100 IM	DEP	10/12/03	Time Trials Lonsdale t
3:01.44	F	200 IM	DEP	07/03/04	County Champs Queen St
<b>Blurton, W</b>					
38.08	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
3:10.72	F	200 Free	DEP	16/01/04	Time Trials Lonsdale
43.59	F	50 Back	DEP	16/01/04	Time Trials Lonsdale
50.39	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
5:10.76	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
3:33.04	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Brady, M</b>					
21.07	F	25 Free	DEP	03/11/02	Club Championship 2002
48.01	F	50 Free	DEP	18/06/03	TT C
2:04.34	F	100 Free	DEP	25/09/02	TTC 25/09/02
4:07.12	F	200 Free	DEP	15/03/03	Counties Sharley Park
26.97	F	25 Back	DEP	03/11/02	Club Championship 2002
1:00.40	F	50 Back	DEP	15/03/03	Counties Sharley Park
4:18.91	F	200 Back	DEP	09/03/03	Counties Queen st
30.62	F	25 Breast	DEP	03/11/02	Club Championship 2002
1:07.53	F	50 Breast	DEP		
5:06.51	F	200 Breast	DEP	15/03/03	Counties Sharley Park
23.08	F	25 Fly	DEP	05/07/03	Dove Valley
35.04	F	33 Fly	DEP	21/06/03	Matlock trophy
2:08.33	F	100 IM	DEP	22/03/03	Counties Queen St.
<b>Brown, M</b>					
22.82	F	25 Free	DEP	03/03/04	Time Trials Lonsdale
32.55	F	25 Back	DEP	02/11/03	Club Championship Queen St
32.58	F	25 Breast	DEP	25/02/04	Time Trials Lonsdale
<b>Carter, G</b>					

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	DEP	Date	Gala
33.92	F	50 Free	DEP	21/02/04	Peter Haynes Trophy Burton
34.84 LC	F	50 Free	DEP		
47.88	F	66 Free	DEP	7/02/04	Walsall Trophy Gala
1:15.33	F	100 Free	DEP	13/03/04	Counties Clay Cross
1-16.40 LC	F	100 Free	DEP	01/04	
2-40.90	F	200 Free	DEP	01/04	
2-39.98	F	200 Free	DEP	13/03/04	Counties Clay Cross
5:33.01	F	400 Free	DEP	06/03/04	County Champs Queen St
43.8	F	50 Back	DEP	01/04	
3-10.66	F	200 Back	DEP	01/04	
45.53	F	50 Breast	DEP	06/03/04	County Champs Queen St
47.64 LC	F	50 Breast	DEP	01/04	
1-40.55	F	100 Breast	DEP	13/03/04	Counties Clay Cross
3-32.10	F	200 Breast	DEP	07/03/04	County Champs Queen St
39.79	F	50 Fly	DEP	01/04	
1-45.50	F	100 Fly	DEP	09/03	
1-26.89	F	100 IM	DEP	13/03/04	Counties Clay Cross
3-14.10	F	200 IM	DEP	11/03	
<b>Cheek, M</b>					
	F	50 Free	DEP		
56.3	F	100 Free	DEP	13/12/03	Speedo Final Leamington Spa
<b>Cope, A</b>					
19.51	B	25 Free	DEP	25/02/04	Time Trials Lonsdale
44.56	F	50 Free	DEP	15/10/03	Time Trials Lonsdale
1:38.38	F	100 Free	DEP	25/02/04	Time Trials Lonsdale
24.16	F	25 Back	DEP	03/11/02	Club Championship 2002
33.70	F	33 Back	DEP	21/06/03	Matlock trophy
50.80	F	50 Back	DEP	02/11/03	Club Championship Queen St
2:11.84	F	100 Back	DEP	24/04/02	TTB&C 24/04/02
29.34	F	25 Breast	DEP	03/11/02	Club Championship 2002
39.26	F	33 Breast	DEP	08/02/03	Matlock Trophy
55.68	F	50 Breast	DEP	31/01/04	Treonte Junior Gala Queen St
2:07.60	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale
31.76	F	25 Fly	DEP	03/11/02	Club Championship 2002
1:10.35	F	50 Fly	DEP	02/11/03	Club Championship Queen St
2:04.79	F	100 IM	DEP	03/11/02	Club Championship 2002
<b>Cope, C</b>					
24.96	F	25 Free	DEP	27/03/02	TTB&C 27/03/02
38.76	B	50 Free	DEP	15/10/03	Time Trials Lonsdale
1:30.01	F	100 Free	DEP	02/11/03	Club Championship Queen St
3:09.69	F	200 Free	DEP	16/01/04	Time Trials Lonsdale
21.41	B	25 Back	DEP	08/10/03	Time Trials Lonsdale
48.24	F	50 Back	DEP	16/01/04	Time Trials Lonsdale
1:37.38	F	100 Back	DEP	03/11/03	Club Championship Queen St
29.97	F	25 Breast	DEP	17/07/02	TTC 17/07/02
1:04.42	F	50 Breast	DEP	04/12/02	TTC 04/12/02 & 11/12/02
2:02.49	F	100 Breast	DEP	02/11/03	Club Championship Queen St
1:41.00	F	100 IM	DEP	02/11/03	Club Championship Queen St
<b>Copeland, S</b>					
	F	25 Free	DEP		
	B	50 Free	DEP		
<b>Corden, D</b>					
34.26	S	F	50 Free	05/03	TT B
1:09.23	B	F	100 Free	13/03/04	Counties Clay Cross
2:45.11	B	F	200 Free	02/03/03	Time Trials March 2003
5:26.29	F	400 Free	DEP	07/03/04	Counties Queen St
39.51	F	50 Back	DEP	06/03/04	County Champs Queen St
1:28.53	F	100 Back	DEP	02/11/03	Club Championship Queen St
3:28.22	F	200 Back	DEP	01/03	Time Trials
42.38	B	F	50 Breast	23/07/03	Time trials Lonsdale
1:34.49	F	100 Breast	DEP	06/03/04	County Champs Queen St
3:41.94	B	F	200 Breast	01/03	Time Trials
50.56	F	50 Fly	DEP	05/03	TT B
4:09.07	F	200 Fly	DEP	01/03	Time Trials
1:30.86	S	F	100 IM	23/07/03	Time trials Lonsdale
3:15.18	B	F	200 IM	03/11/03	Club Championship Queen St
<b>Croot, N</b>					
27.56	P	F	50 Free	25/01/03	Belper Trophy Gala Heanor Pool
59.48	G	F	100 Free	02/03/02	County Championships

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala
2:13.85	G	F 200 Free	DEP 16/12/01	TTA&B 16/12/01
4:43.84		F 400 Free	DEP 19/05/02	TT A Repton 19/05/02
19:47.44		F 1500 Free	DEP 26/02/00	Counties Gala 1
32.70	P	F 50 Back	DEP 15/09/01	Bill Brake Trophy Gala BASC
1:08.28	G	F 100 Back	DEP 07/09/02	Melton Mowbray Trophy
2:37.98	G	F 200 Back	DEP 10/03/01	County Championships
35.76	P	F 50 Breast	DEP 14/09/02	Treonte Trophy Queen St
1:17.92	G	F 100 Breast	DEP 07/09/02	Melton Mowbray Trophy
2:56.49	G	F 200 Breast	DEP 12/03/00	Counties Gala 5
29.94		F 33 Fly	DEP 06/06/99	Matlock Trophy Gala
31.87	P	F 50 Fly	DEP 18/11/01	Converted Times LC To SC
1:14.53	G	F 100 Fly	DEP 02/12/00	Speedo League Final R
2:58.45	G	F 200 Fly	DEP 11/03/00	Counties Gala 2
1:11.80	P	F 100 IM	DEP 10/03/01	County Championships
2:31.49		F 200 IM	DEP 19/05/02	TT A Repton 19/05/02
<b>Cunningham, T</b>				
21.03		F 25 Free	DEP 08/10/03	Time Trials Lonsdale
26.42		F 33 Free	DEP 21/06/03	Matlock trophy
39.86	B	F 50 Free	DEP 02/11/03	Club Championship Queen St
1:21.54?		F 100 Free	DEP 18/06/03	TT C
24.71		F 25 Back	DEP 11/06/03	TT C
52.12		F 50 Back	DEP 11/06/03	TT C
29.17		F 25 Breast	DEP 15/10/03	Time Trials Lonsdale
58.62		F 50 Breast	DEP 17/12/03	Time Trials Lonsdale
2:10.26		F 100 Breast	DEP 10/12/03	Time Trials Lonsdale
26.40		F 25 Fly	DEP 03/03/04	Time Trials Lonsdale
1:50.41		F 100 IM	DEP 25/02/04	Time Trials Lonsdale
<b>Cunningham, A</b>				
21.03		F 25 Free	DEP 08/10/03	Time Trials Lonsdale
<b>Cutts, A</b>				
19.65		F 25 Free	DEP 27/03/02	TTB&C 27/03/02
34.20	B	F 50 Free	DEP 07/03/04	County Champs Queen St
1:18.24		F 100 Free	DEP 02/11/03	Club Championship Queen St
2:57.94		F 200 Free	DEP 13/03/04	Counties Clay Cross
6:33.88		F 400 Free	DEP 17/09/03	Time Trials Lonsdale
21.68	B	F 25 Back	DEP 17/07/02	TTC 17/07/02
41.76		F 50 Back	DEP 13/03/04	Counties Clay Cross
1:33.02		F 100 Back	DEP 03/11/03	Club Championship Queen St
3:40.05		F 200 Back	DEP 01/03	Time Trials
22.42		F 25 Breast	DEP 22/02/03	Burton Peter Haynes Trophy
37.23		F 33 Breast	DEP 10/02/01	Matlock Gala
45.03		F 50 Breast	DEP 06/03/04	County Champs Queen St
1:04.30		F 66 Breast	DEP 7/02/04	Walsall Trophy Gala
1:42.79		F 100 Breast	DEP 02/11/03	Club Championship Queen St
3:38.03		F 200 Breast	DEP 13/03/04	Counties Clay Cross
20.48		F 25 Fly	DEP 05/07/03	Dove Valley
36.23		F 33 Fly	DEP 26/01/02	Chesterfield Trophy Gala
47.96		F 50 Fly	DEP 02/02/03	Trident Open Queen St.
1:52.26		F 100 Fly	DEP 02/11/03	Club Championship Queen St
4:29.33		F 200 Fly	DEP 10/12/03	Time Trials Lonsdale
1:32.70	B	F 100 IM	DEP 13/03/04	Counties Clay Cross
3:15.57		F 200 IM	DEP 07/03/04	County Champs Queen St
<b>Davies, L</b>				
22.75		F 25 Free	DEP 03/03/04	Time Trials Lonsdale
59.18		F 50 Breast	DEP 03/03/04	Time Trials Lonsdale
2:04.99		F 100 Breast	DEP 25/02/04	Time Trials Lonsdale
<b>Davis, S</b>				
21.19		F 25 Free	DEP 25/02/04	Time Trials Lonsdale
31.32		F 33 Free	DEP 26/01/02	Chesterfield Trophy Gala
45.41		F 50 Free	DEP 15/10/03	Time Trials Lonsdale
1:42.04		F 100 Free	DEP 08/10/03	Time Trials Lonsdale
1:15.53		F 50 Back	DEP 10/06/01	Derby & Notts Junior League B
26.47		F 25 Breast	DEP 17/12/03	Time Trials Lonsdale
42.61		F 33 Breast	DEP 26/01/02	Chesterfield Trophy Gala
59.96		F 50 Breast	DEP 10/12/03	Time Trials Lonsdale
2:00.00		F 100 Breast	DEP 25/02/04	Time Trials Lonsdale
2:05.01		F 100 IM	DEP 04/12/02	TTC 04/12/02 & 11/12/02
<b>Donald, P</b>				
30.00	S	F 50 Free	DEP 07/03/04	Counties Queen St

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala		
1:05.80	S	F	100 Free	DEP	03/11/03	Club Championship Queen St
2:23.37	B	F	200 Free	DEP	13/03/04	Counties Clay Cross
5:12.16		F	400 Free	DEP	08/03/03	Counties Queen St
20:16.81		F	1500 Free	DEP	13/03/04	Counties Clay Cross
30.73		F	33 Back	DEP	06/06/99	Matlock Trophy Gala
34.46			50 Back	DEP	13/03/04	Counties Clay Cross
1:15.42	S	F	100 Back	DEP	06/03/04	County Champs Queen St
2:41.88	B	F	200 Back	DEP	07/03/04	Counties Queen St
46.89	S	F	50 Breast	DEP	05/12/01	TT A&B 05/12/01
1:35.35	B	F	100 Breast	DEP	03/11/02	Club Championship 2002
25.47		F	33 Fly	DEP	02/06/01	Matlock Gala
33.49	G	F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge
1:14.01	S	F	100 Fly	DEP	02/11/03	Club Championship Queen St
2:46.94		F	200 Fly	DEP	13/03/04	Counties Clay Cross
1:14.30	S	F	100 IM	DEP	13/03/04	Counties Clay Cross
2:50.14	S	F	200 IM	DEP	02/11/03	Club Championship Queen St
<b>Fowell, G</b>						
41.14		B	50 Free	DEP	18/06/03	TTC
1:22.07		B	100 Free	DEP	18/10/03	Matlock Trophy
21.50		B	25 Back	DEP	08/10/03	Time Trials Lonsdale
1:37.57		F	100 Back	DEP	03/11/03	Club Championship Queen St
22.70		B	25 Breast	DEP	15/10/03	Time Trials Lonsdale
47.32		S	50 Breast	DEP	15/10/03	Time Trials Lonsdale
1:49.14		F	100 Breast	DEP	18/10/03	Matlock Trophy
1:40.28		F	100 IM	DEP	02/11/03	Club Championship Queen St
<b>Flynn, R</b>						
28.10	P	F	50 Free	DEP	14/09/02	Treonte Trophy Queen St
1:00.53	G	F	100 Free	DEP	15/03/03	Counties Sharley Park
2:12.69	S	F	200 Free	DEP	08/03/03	County Championships Queen St
5:04.46		F	400 Free	DEP	19/05/02	TT A Repton 19/05/02
20:33.74		F	1500 Free	DEP	26/02/00	Counties Gala 1
31.54	P	F	50 Back	DEP	08/03/03	Counties Queen St
1:07.26	G	F	100 Back	DEP	9/03/03	Counties Queen St
2:32.21	G	F	200 Back	DEP	22/03/03	Counties Queen St.
40.46	G	F	50 Breast	DEP	23/09/01	TT A&B 23/09/01
1:28.12	G	F	100 Breast	DEP	03/11/02	Club Championship 2002
3:45.29	B	F	200 Breast	DEP	18/11/98	TTA&B11
30.09	P	F	50 Fly	DEP	27/09/03	County Relay Eckington
1:07.26	G	F	100 Fly	DEP	11/10/03	Speedo League Queen St.
2:38.74		F	200 Fly	DEP	15/03/03	Counties Sharley Park
1:12.78	P	F	100 IM	DEP	07/07/01	City Of Derby B Grade Open
2:37.02	G	F	200 IM	DEP	02/11/03	Club Championship Queen St
<b>Forster, N</b>						
38.03	G	F	50 Free	DEP	05/03	TT B
1:20.92		F	100 Free	DEP	02/11/03	Club Championship Queen St
	S	F	50 Back	DEP		
49.16	S	F	50 Breast	DEP	05/03	TT B
	G	F	50 Fly	DEP		
1:44.00		F	100 Fly	DEP	02/11/03	Club Championship Queen St
<b>Froud, O</b>						
26.82	S	F	50 Free	DEP	07/03/04	Counties Queen St
27.94		F	50 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
39.15		F	66 Free	DEP	7/02/04	Walsall Trophy Gala
1:01.41		F	100 Free	DEP	27/07/03	National Age Group Ponds Forge
59.28		F	100 Free	DEP	13/03/04	Counties Clay Cross
2:16.43	B	F	200 Free	DEP	30/07/03	National Age Group Ponds Forge
2:06.94		F	200 Free	DEP	13/03/04	Counties Clay Cross
4:52.58		F	400 Free	DEP	28/07/03	National Age Group Ponds Forge
4:29.41		F	400 Free	DEP	06/03/04	County Champs Queen St
17:39.70		F	1500 Free	DEP	13/03/04	Counties Clay Cross
25.15		F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
30.73	G	F	50 Back	DEP	13/03/04	Counties Clay Cross
32.14		F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
43.41		F	66 Back	DEP	7/02/04	Walsall Trophy Gala
1:10.21		F	100 Back	DEP	30/07/03	National Age Group Ponds Forge
1:05.22		F	100 Back	DEP	06/03/04	County Champs Queen St
2:31.81		F	200 Back	DEP	27/07/03	National Age Group Ponds Forge
2:20.64		F	200 Back	DEP	07/03/04	Counties Queen St
46.88	B	F	50 Breast	DEP	27/03/02	TTB&C 27/03/02

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
	1:27.92	B	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	3:13.44		F	200 Breast	DEP	09/03/03	Counties Queen St
	31.12	B	F	50 Fly	DEP	13/03/04	Counties Clay Cross
	1:08.85		F	100 Fly	DEP	06/03/04	County Champs Queen St
	1:14.70	S	F	100 IM	DEP	02/11/03	Club Championship Queen St
	2:39.84		F	200 IM	DEP	27/07/03	National Age Group Ponds Forge
	2:26.40		F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Fulford, A</b>							
	21.66		F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	28.86	S	F	50 Free	DEP	07/03/04	Counties Queen St
	1:03.05	S	F	100 Free	DEP	13/03/04	Counties Clay Cross
	2:20.36	B	F	200 Free	DEP	13/03/04	Counties Clay Cross
	36.21	S	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:13.93	S	F	100 Back	DEP	06/03/04	County Champs Queen St
	2:41.93		F	200 Back	DEP	07/03/04	Counties Queen St
	37.59	S	F	50 Breast	DEP	21/02/04	Peter Haynes Trophy Burton
	53.87		F	66 Breast	DEP	7/02/04	Walsall Trophy Gala
	1:23.01	B	F	100 Breast	DEP	13/12/03	Speedo Final Leamington Spa.
	3:00.03	B	F	200 Breast	DEP	07/03/04	County Champs Queen St
	24.09		F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala
	33.22	G	F	50 Fly	DEP	13/03/04	Counties Clay Cross
	48.19		F	66 Fly	DEP	7/02/04	Walsall Trophy Gala
	1:16.91	S	F	100 Fly	DEP	06/03/04	County Champs Queen St
	2:53.87	B	F	200 Fly	DEP	13/03/04	Counties Clay Cross
	1:12.76	S	F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:38.39	S	F	200 IM	DEP	13/03/04	Counties Clay Cross
	6:35.05		F	400 IM	DEP	19/05/02	TT A Repton 19/05/02
<b>Fulford, T</b>							
	19.46	B		25 Free	DEP	17/12/03	Time Trials Lonsdale
	40.48	B		50 Free	DEP	17/12/03	Time Trials Lonsdale
	1:36.77	F		100 Free	DEP	10/12/03	Time Trials Lonsdale
	1:56.41	F		100 Back	DEP	03/11/03	Club Championship Queen St
	2:15.65	F		100 Breast	DEP	02/11/03	Club Championship Queen St
	23.28	F		25 Fly	DEP	25/02/04	Time Trials Lonsdale
	54.13	F		50 Fly	DEP	10/12/03	Time Trials Lonsdale
	2:04.20	F		100 Fly	DEP	02/11/03	Club Championship Queen St
	1:51.59	F		100 IM	DEP	25/02/04	Time Trials Lonsdale
<b>Jackson, B</b>							
	19.24	B		25 Free	DEP	03/03/04	Time Trials Lonsdale
	28.33	F		33 Free	DEP	18/10/03	Matlock Trophy
	42.82	F		50 Free	DEP	07/03/04	County Champs Queen St
	1:39.20	F		100 Free	DEP	10/12/03	Time Trials Lonsdale
	3:42.63	F		200 Free	DEP	13/03/04	Counties Clay Cross
	22.55	P	F	25 Back	DEP	02/11/03	Club Championship Queen S
	51.82	F		50 Back	DEP	31/01/04	Treonte Junior Gala Queen St
	31.98	F		25 Breast	DEP	02/11/03	Club Championship Queen St
	20.02	B		25 Fly	DEP	31/01/04	Treonte Junior Gala Queen St
	28.40	F		33 Fly	DEP	18/10/03	Matlock Trophy
	44.98	S		50 Fly	DEP	10/12/03	Time Trials Lonsdale
	4:20.19	F		200 Fly	DEP	06/03/04	County Champs Queen St
	1:46.91	B		100 IM	DEP	03/03/04	Time Trials Lonsdale
	4:04.15	F		200 IM	DEP	07/03/04	County Champs Queen St
<b>Johnson, S</b>							
	27.91	P	F	50 Free	DEP	13/03/04	Counties Clay Cross
	1:00.02	G	F	100 Free	DEP	13/03/04	Counties Clay Cross
	2:14.64	S	F	200 Free	DEP	06/03/04	County Champs Queen St
	4:59.71	F		400 Free	DEP	9/03/03	Counties Queen St
	33.19	G	F	50 Back	DEP	06/03/04	County Champs Queen St
	1:10.95	G	F	100 Back	DEP	07/03/04	Counties Queen St
	2:40.01	S	F	200 Back	DEP	22/03/03	Counties Queen St.
	40.04	G	F	50 Breast	DEP	15/03/03	Counties Sharley Park
	1:29.86	S	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	31.18	P	F	50 Fly	DEP	07/03/04	Counties Queen St
	1:10.23	G	F	100 Fly	DEP	13/03/04	Counties Clay Cross
	1:11.31	G	F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:39.38		F	200 IM	DEP	03/11/02	Club Championship 2002
<b>Keane, J</b>							
		<b>B</b>		25 Free	DEP		
	26.51	F		50 Free	DEP	13/12/03	Speedo Final Leamington Spa

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala
36.11	F	66 Free	7/02/04	Walsall Trophy Gala
56.78	F	100 Free	13/12/03	Speedo Final Leamington Spa
56.92	F	100 Free	23/11/03	County Sprints Ponds Forge
55.42	Conv	100 Free	23/11/03	County Sprints Ponds Forge Conv
2:02.07	F	200 Free	06/03/04	County Champs Queen St
4:16.42	F	400 Free	07/03/04	Counties Queen St
	<b>B</b>	25 Back	DEP	
	F	50 Back	DEP	
1:05.77	F	100 Back	13/12/03	Speedo Final Leamington Spa
2:18.61	F	200 Back	13/03/04	Counties Clay Cross
	F	50 Breast	DEP	
	F	100 Breast	DEP	
29.51	F	50 Fly	21/02/04	Peter Haynes Trophy Burton
1:05.52	F	100 Fly	23/11/03	County Sprints Ponds Forge
1:04.32	Conv	100 Fly	23/11/03	County Sprints Ponds Forge Conv
2:22.76	F	200 Fly	13/03/04	Counties Clay Cross
	<b>B</b>	100 IM	DEP	
2:21.--	F	200 IM	13/03/04	Counties Clay Cross
<b>King, S</b>				
	F	25 Free	DEP	
<b>Llanos, J</b>				
18.08	B	F	25 Free	DEP
38.13	B	F	50 Free	DEP
1:26.25	F	100 Free	DEP	
3:09.31	F	200 Free	DEP	
7:02.06	F	400 Free	DEP	
23.30	F	25 Back	DEP	
44.22	B	F	50 Back	DEP
1:34.39	F	100 Back	DEP	
25.53	F	25 Breast	DEP	
50.61	F	50 Breast	DEP	
1:50.37	F	100 Breast	DEP	
3:54.20	F	200 Breast	DEP	
25.31	F	25 Fly	DEP	
46.17	F	50 Fly	DEP	
1:40.86	F	100 Fly	DEP	
3:44.46	F	200 Fly	DEP	
1:40.10	F	100 IM	DEP	
3:44.46	F	200 IM	DEP	
<b>Malomvari, D</b>				
21.74	F	25 Free	DEP	
48.54	F	50 Free	DEP	
1:55.46	F	100 Free	DEP	
22.55	F	25 Back	DEP	
2:07.15	F	100 Back	DEP	
<b>Mosley, J</b>				
26.31	P	F	50 Free	DEP
58.85	G	F	100 Free	DEP
2:21.31	G	F	200 Free	DEP
5:14.54	F	400 Free	DEP	
37.27	G	F	50 Back	DEP
1:17.06	G	F	100 Back	DEP
3:12.84	S	F	200 Back	DEP
32.55	P	F	50 Breast	DEP
46.94	F	66 Breast	DEP	
1:10.90	G	F	100 Breast	DEP
2:41.31	G	F	200 Breast	DEP
29.41	P	F	50 Fly	DEP
1:14.24	G	F	100 Fly	DEP
2:56.28	F	200 Fly	DEP	
1:17.83	P	F	100 IM	DEP
2:33.27	G	F	200 IM	DEP
<b>Palmer, J</b>				
18.94	B	25 Free	DEP	
41.04	B	50 Free	DEP	
1:47.16	F	100 Free	DEP	
25.15	F	25 Back	DEP	
49.54	F	50 Back	DEP	
26.76	F	25 Breast	DEP	

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	54.70	F	50 Breast	DEP	06/03/04	County Champs Queen St
	36.35	F	33 Breast	DEP	18/10/03	Matlock Trophy
	1:18.51	F	66 Breast	DEP	7/02/04	Walsall Trophy Gala
	24.25	F	25 Fly	DEP	03/11/03	Club Championship Queen St
	1:57.32	F	100 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Parkinson, J</b>						
	20.63	F	25 Free	DEP	03/03/04	Time Trials Lonsdale
	45.21	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
<b>Redfern, R</b>						
	27.22	P F	50 Free	DEP	26/02/00	Burton Gala
	1:00.84	G F	100 Free	DEP	19/09/99	TTAB/9
	2:17.00	G F	200 Free	DEP	03/11/98	PB's@startup Nov98
	4:52.66	F	400 Free	DEP	03/11/98	PB's@startup Nov98
	20:13.21	F	1500 Free	DEP	20/02/99	Counties Gala 1
	36.15	G F	50 Back	DEP	03/11/98	PB's@startup Nov98
	1:16.56	G F	100 Back	DEP	03/11/98	PB's@startup Nov98
	2:41.76	G F	200 Back	DEP	18/11/98	TTA&B11
	35.45	P F	50 Breast	DEP	28/03/99	Counties Gala 12
	1:19.32	G F	100 Breast	DEP	24/04/99	Belper Gala
	2:52.03	G F	200 Breast	DEP	07/03/99	Counties Gala 5
	31.13	P F	50 Fly	DEP	21/05/00	TT A&B5
	1:09.88	G F	100 Fly	DEP	03/11/98	PB's@startup Nov98
	3:10.78	S F	200 Fly	DEP	03/11/98	PB's@startup Nov98
	1:12.69	P F	100 IM	DEP	05/12/98	West Midlands League Final R
	2:33.96	G F	200 IM	DEP	28/11/98	Club Championships
<b>Redfern, L</b>						
	26.53	P F	50 Free	DEP	31/03/01	Ashbourne Gala
	59.22	G F	100 Free	DEP	20/11/99	Club Championships
	2:15.63	G F	200 Free	DEP	03/11/98	PB's@startup Nov98
	4:57.34	F	400 Free	DEP	21/10/98	TTA&B10
	32.96	P F	50 Back	DEP	11/09/99	House Gala
	1:10.17	G F	100 Back	DEP	01/10/00	TTAB/10/00
	2:32.72	G F	200 Back	DEP	10/01/01	TTA&B/Jan
	35.25	P F	50 Breast	DEP	27/05/00	House Gala
	1:21.37	G F	100 Breast	DEP	19/11/00	Club Championships
	3:11.32	S F	200 Breast	DEP	16/12/98	TTA&B12
	29.49	P F	50 Fly	DEP	31/03/01	Ashbourne Gala
	1:07.71	G F	100 Fly	DEP	07/03/99	Counties Gala 4
	2:47.13	G F	200 Fly	DEP	21/05/00	TT A&B5
	1:09.11	P F	100 IM	DEP	02/12/00	Speedo League Final R
	2:33.78	G F	200 IM	DEP	28/11/98	Club Championships
<b>Reed, C</b>						
	36.88	B	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:20.90	F	100 Free	DEP	03/11/03	Club Championship Queen St
	3:00.24	F	200 Free	DEP	16/01/04	Time Trials Lonsdale
	6:30.16	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
	45.27	F	50 Back	DEP	16/01/04	Time Trials Lonsdale
	1:34.52	F	100 Back	DEP	02/11/03	Club Championship Queen St
	24.04	B	25 Breast	DEP	24/07/02	TTC 24/07/02
	33.63	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	49.32	F	50 Breast	DEP	05/03	TT B
	1:47.36	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	3:36.94	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	22.90	B	25 Fly	DEP	24/04/02	TTB&C 24/04/02
	30.13	F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala
	44.55	F	50 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:38.76	F	100 Fly	DEP	02/11/03	Club Championship Queen St
	4:26.58	F	200 Fly	DEP	01/03	Time Trials
	1:34.28	B	100 IM	DEP	02/11/03	Club Championship Queen St
	3:17.41	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Rothwell, T</b>						
	24.88	S F	25 Free	DEP	18/06/03	TTC
	2:08.01	F	100 Free	DEP	18/06/03	TTC
<b>Rothwell, W</b>						
	33.54	B F	50 Free	DEP	07/03/04	Counties Queen St
	1:11.08	F	100 Free	DEP	13/03/04	Counties Clay Cross
	2:35.69	F	200 Free	DEP	13/03/04	Counties Clay Cross
	30.78	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	42.96	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
	1:26.37	B	F	100 Back	DEP	06/03/04	County Champs Queen St
	3:01.21		F	200 Back	DEP	07/03/04	Counties Queen St
	32.35		F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	40.80	B	F	50 Breast	DEP	06/03/04	County Champs Queen St
	1:28.31	B	F	100 Breast	DEP	13/03/04	Counties Clay Cross
	3:09.70	B	F	200 Breast	DEP	07/03/04	County Champs Queen St
	41.51		F	50 Fly	DEP	13/03/04	Counties Clay Cross
	1:23.08	S	F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:58.20	B	F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Ryde, J</b>							
	27.76	P	F	50 Free	DEP	18/11/01	Converted Times LC To SC
	1:02.27	G	F	100 Free	DEP	03/11/02	Club Championship 2002
	2:18.06	G	F	200 Free	DEP	27/01/01	City Of Derby Open
	5:10.27		F	400 Free	DEP	25/03/00	Counties Gala 6
	19:35.59		F	1500 Free	DEP	10/03/01	County Championships
	33.52	P	F	50 Back	DEP	18/11/01	Converted Times LC To SC
	1:12.36	G	F	100 Back	DEP	04/11/01	Club Championship 2001
	2:38.41	G	F	200 Back	DEP	10/03/01	County Championships
	49.10	B	F	50 Breast	DEP	03/11/98	PB's@startup Nov98
	1:34.68	S	F	100 Breast	DEP	04/11/01	Club Championship 2001
	3:38.43	S	F	200 Breast	DEP	03/11/98	PB's@startup Nov98
	36.32	G	F	50 Fly	DEP	13/06/01	TTA&B 13/06/01
	1:22.10	G	F	100 Fly	DEP	21/05/00	TT A&B5
	1:15.93	P	F	100 IM	DEP	10/09/00	Rascals Open
	2:43.89	G	F	200 IM	DEP	10/03/01	County Championships
<b>Scott, J</b>							
	20.71		F	25 Free	DEP	25/02/04	Time Trials Lonsdale
	50.02		F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	20.68	B		25 Back	DEP	02/11/03	Club Championship Queen St
	25.80		F	25 Breast	DEP	02/11/03	Club Championship Queen St
	30.99		F	25 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:58.19		F	100 IM	DEP	25/02/04	Time Trials Lonsdale
<b>Sellers, R</b>							
	27.52	P	F	50 Free	DEP	9/03/03	Counties Queen St
	55.99	G	F	100 Free	DEP	21/02/04	Peter Haynes Trophy Burton
	58.69		F	100 Free	DEP	27/07/03	National Age Group Ponds Forge
	57.29		F	100 Free	DEP	27/07/03	N A G Converted Times LC To SC
	2:03.06	S	F	200 Free	DEP	06/03/04	County Champs Queen St
	4:38.12		F	400 Free	DEP	08/03/03	Counties Queen St
	30.89		F	50 Back	DEP	06/03/04	County Champs Queen St
	1:04.08	G	F	100 Back	DEP	07/03/04	Counties Queen St
	2:22.32		F	200 Back	DEP	13/03/04	Counties Clay Cross
	36.50	G	F	50 Breast	DEP	22/02/03	Burton Peter Haynes Trophy
	1:17.52	S	F	100 Breast	DEP	06/03/04	County Champs Queen St
	27.86	P	F	50 Fly	DEP	21/02/04	Peter Haynes Trophy Burton
	39.36		F	66 Fly	DEP	7/02/04	Walsall Trophy Gala
	1:02.99	G	F	100 Fly	DEP	13/12/03	Speedo Final Leamington Spa..
	2:21.71	G	F	200 Fly	DEP	13/03/04	Counties Clay Cross
	1:04.45	P	F	100 IM	DEP	13/12/03	Speedo Final Leamington Spa.
	2:18.--	G	F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Sellers, S</b>							
	32.05	B	F	50 Free	DEP	07/03/04	Counties Queen St
	1:12.68		F	100 Free	DEP	18/10/03	Matlock Trophy
	2:39.30		F	200 Free	DEP	13/03/04	Counties Clay Cross
	38.06	B	F	50 Back	DEP	05/07/03	Dove Valley
	1:19.00		F	100 Back	DEP	06/03/04	County Champs Queen St
	3:17.02		F	200 Back	DEP	01/03	Time Trials
	42.12	B	F	50 Breast	DEP	06/03/04	County Champs Queen St
	1:36.05		F	100 Breast	DEP	16/03/03	Counties Sharley Park
	3:30.49		F	200 Breast	DEP	09/03/03	Counties Queen St
	36.89	B	F	50 Fly	DEP	13/03/04	Counties Clay Cross
	1:21.27		F	100 Fly	DEP	06/03/04	County Champs Queen St
	3:12.79		F	200 Fly	DEP	13/03/04	Counties Clay Cross
	1:21.29	B	F	100 IM	DEP	13/03/04	Counties Clay Cross
	2:57.13	B	F	200 IM	DEP	13/03/04	Counties Clay Cross
<b>Shand, J</b>							
	16.54	B		25 Free	DEP	13/12/03	Speedo Final Leamington Spa
	26.71		F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	34.84		F	50 Free	DEP	23/11/03	County Sprints Ponds Forge

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala
34.80	F	50 Free	DEP	04/10/03	Robin Hood Open Ponds Forge Conv
1:16.51	F	100 Free	DEP	21/06/03	Mid Dist Coventry Conv.
1:15.19	F	100 Free	DEP	02/11/03	Club Championship Queen St
2:50.73	F	200 Free	DEP	22/06/03	Mid Dist Coventry Conv
2:34.83	F	200 Free	DEP	13/03/04	Counties Clay Cross
5:19.31	F	400 Free	DEP	13/03/04	Counties Clay Cross
18.86	B	25 Back	DEP	22/02/03	Burton Peter Haynes Trophy
33.04	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
36.55	G	50 Back	DEP	13/03/04	Counties Clay Cross
38.14	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
1:25.05	F	100 Back	DEP	04/10/03	Robin Hood Open Ponds Forge Conv
1:22.79	F	100 Back	DEP	03/11/03	Club Championship Queen St
2:42.47	F	200 Back	DEP	07/03/04	County Champs Queen St
2:55.79	F	200 Back	DEP	04/10/03	Robin Hood Open Ponds Forge Conv
35.55	F	25 Breast	DEP	19/10/01	Club Championship Heats
47.11	B	50 Breast	DEP	06/03/04	County Champs Queen St
1:43.03	F	100 Breast	DEP	02/11/03	Club Championship Queen St
3:35.21	F	200 Breast	DEP	22/11/03	Major Oaks Mansfield
18.76	F	25 Fly	DEP	05/07/03	Dove Valley
40.96	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
1:37.05	F	100 Fly	DEP	02/11/03	Club Championship Queen St
3:16.29	F	200 Fly	DEP	06/03/04	County Champs Queen St
1:24.52	S	100 IM	DEP	13/03/04	Counties Clay Cross
2:57.43	F	200 IM	DEP	07/03/04	County Champs Queen St
3:15.71	F	200 IM	DEP	04/10/03	Robin Hood Open Ponds Forge
<b>Shilling, J</b>					
22.39	F	25 Free	DEP	25/02/04	Time Trials Lonsdale
49.37	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
1:50.00	F	100 Free	DEP	25/02/04	Time Trials Lonsdale
3:50.77	F	200 Free	DEP	13/03/04	Counties Clay Cross
25.27	F	25 Back	DEP	03/03/04	Time Trials Lonsdale
4:20.22	F	200 Back	DEP	07/03/04	County Champs Queen St
<b>Stevenson, A</b>					
19.82	B	25 Free	DEP	02/10/02	TTC 02/10/02
39.22	B	50 Free	DEP	9/03/03	Counties Queen St
1:24.84	F	100 Free	DEP	03/11/03	Club Championship Queen St
22.94	F	25 Back	DEP	02/10/02	TTC 02/10/02
2:01.51	F	100 Back	DEP	24/07/02	TTC 24/07/02
26.23	F	25 Breast	DEP	04/12/02	TTC 04/12/02 & 11/12/02
49.68	B	50 Breast	DEP	08/10/03	Time Trials Lonsdale
1:52.03	F	100 Breast	DEP	02/11/03	Club Championship Queen St
52.39	F	50 Fly	DEP	18/06/03	TT C
1:44.88	B	100 IM	DEP	18/06/03	TT C
<b>Stephenson, P</b>					
17.50	B	25 Free	DEP	24/07/02	TTC 24/07/02
34.78	B	50 Free	DEP	07/03/04	Counties Queen St
1:17.21	F	100 Free	DEP	13/03/04	Counties Clay Cross
2:49.90	F	200 Free	DEP	13/03/04	Counties Clay Cross
6:33.22	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
39.28	F	50 Back	DEP	13/03/04	Counties Clay Cross
1:26.53	F	100 Back	DEP	06/03/04	County Champs Queen St
3:04.97	F	200 Back	DEP	07/03/04	Counties Queen St
22.55	B	25 Breast	DEP	17/07/02	TTC 17/07/02
45.14	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
1:43.75	F	100 Breast	DEP	02/11/03	Club Championship Queen St
3:30.29	F	200 Breast	DEP	07/03/04	County Champs Queen St
2:04.84	F	100 Back	DEP	12/12/01	TTC 12/12/01
43.24	F	50 Fly	DEP	10/12/03	Time Trials Lonsdale
1:51.89	F	100 Fly	DEP	02/11/03	Club Championship Queen St
3:55.65	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:26.57	B	100 IM	DEP	13/03/04	Counties Clay Cross
3:27.90	F	200 IM	DEP	07/03	TT Lonsdale
<b>Taylor, S</b>					
20.55	F	25 Free	DEP	28/02/04	Peter Haynes Uttoxeter
50.34	F	50 Free	DEP	03/03/04	Time Trials Lonsdale
25.48	F	25 Back	DEP	17/12/03	Time Trials Lonsdale
59.27	F	50 Back	DEP	17/12/03	Time Trials Lonsdale
28.88	F	25 Breast	DEP	28/02/04	Peter Haynes Uttoxeter
1:10.45	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
<b>Tye, A</b>	26.48	F	25 Fly	DEP	03/03/04	Time Trials Lonsdale	
	2:09.00	F	100 Ind Medley	DEP	25/02/04	Time Trials Lonsdale	
<b>Wesslingh, S</b>	32.73	F	25 Free	DEP	25/02/04	Time Trials Lonsdale	
	2:14.67	F	100 Free	DEP	25/02/04	Time Trials Lonsdale	
<b>Wesslingh, J</b>	47.45	F	50 Free	DEP	03/03/04	Time Trials Lonsdale	
	25.39	F	25 Fly	DEP	03/03/04	Time Trials Lonsdale	
<b>Wesslingh, R</b>	27.82	F	25 Free	DEP	03/03/04	Time Trials Lonsdale	
		F	25 Fly	DEP			
<b>Whitlam, G</b>	20.96	F	25 Free	DEP	03/03/04	Time Trials Lonsdale	
	45.57	F	50 Free	DEP	03/03/04	Time Trials Lonsdale	
<b>Whitlam, G</b>	27.24	P	F	50 Free	DEP	09/03/02	County Championships
	1:00.06	G	F	100 Free	DEP	04/11/01	Club Championship 2001
	2:21.09	G	F	200 Free	DEP	24/01/01	TTA&B/b
	5:00.78		F	400 Free	DEP	03/11/98	PB's@startup Nov98
	20:15.31		F	1500 Free	DEP	16/12/98	TTA&B12
	30.59	P	F	50 Back	DEP	13/12/03	Speedo Final Leamington Spa
	43.93		F	66 Back	DEP	7/02/04	Walsall Trophy Gala
	1:04.73	G	F	100 Back	DEP	07/03/04	Counties Queen St
	2:27.34	G	F	200 Back	DEP	10/03/01	County Championships
	34.53	P	F	50 Breast	DEP	19/01/02	Belper Marlin Trophy Gala
	1:16.99	G	F	100 Breast	DEP	03/11/02	Club Championship 2002
	2:55.43	G	F	200 Breast	DEP	14/01/01	TTA&B/1a
	31.37	P	F	50 Fly	DEP	31/01/01	TTA&B1b
	1:09.41	G	F	100 Fly	DEP	03/11/02	Club Championship 2002
	3:44.79	B	F	200 Fly	DEP	03/11/98	PB's@startup Nov98
	1:08.20	P	F	100 IM	DEP	12/10/02	Speedo Lge Bromsgrove
	2:27.45	G	F	200 IM	DEP	03/11/02	Club Championship 2002
	<b>Wilkinson, B</b>						
			F	25 Free	DEP		
	<b>Wilkinson, J</b>						
		F	25 Free	DEP			
<b>Wisdish, A</b>							
	25.11	F	25 Free	DEP	02/11/03	Club Championship Queen St	
	56.36	F	50 Free	DEP	10/12/03	Time Trials Lonsdale	
	34.56	F	25 Back	DEP	02/11/03	Club Championship Queen St	
	30.05	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale	
	1:02.01	F	50 Breast	DEP	03/03/04	Time Trials Lonsdale	
	32.42	F	25 Fly	DEP	03/11/03	Club Championship Queen St	
	2:13.16	F	100 IM	DEP	25/02/04	Time Trials Lonsdale	
<b>Wyatt, S</b>							
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale	
	25.60	F	25 Back	DEP	28/02/04	Peter Haynes Uttoxeter	