

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Barker, G</b>	23.47	F	25 Free	DEP	11/06/03	TTC Lonsdale
	50.19	F	50 Free	DEP	08/10/03	Time Trials Lonsdale
	2:15.62	F	100 Free	DEP	18/06/03	TTC
<b>Barlow, E</b>	23.06	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	30.91	S F	50 Free	DEP	13/12/03	Speedo Final Leamington Spa
	31.87		50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:10.14	B F	100 Free	DEP	02/11/03	Club Championships Queen St
	1:13.69	F	100 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	2:39.75	F	200 Free	DEP	12/04/03	COD Open Queen St
	5:34.46	F	400 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	5:31.96	F	400 Free	DEP	15/03/03	Counties Sharley Park
	12:05.34	F	800 Free	DEP	9/03/03	Counties Queen St
	38.71	S F	50 Back	DEP	08/06/03	Junior League Queen St
	1:22.74	F	100 Back	DEP	02/11/03	Club Championships Queen St
	3:03.01	F	200 Back	DEP	16/03/03	Counties Sharley Park
	41.16	S F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	1:28.57	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	3:03.78	B F	200 Breast	DEP	6/12/03	Stafford Apex Open Wolverhampton
	25.14	F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala
	39.94	G F	50 Fly	DEP	9/03/03	Counties Queen St
	57.44	F	66 Fly	DEP	08/02/03	Matlock Trophy
	1:27.96	F	100 Fly	DEP	15/03/03	Counties Sharley Park
	1:21.93	S F	100 IM	DEP	03/11/03	Club Championship Queen St
	3:07.70	S F	200 IM	DEP	08/03/03	Counties Queen St
<b>Barlow, S</b>	34.23	S F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:13.75	B F	100 Free	DEP	03/05/03	Tulip Open Spalding
	2:37.94	F	200 Free	DEP	12/04/03	COD Open Queen St
	5:35.03	F	400 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	39.35	S F	50 Back	DEP	03/03/02	County Championships
	1:26.65	B F	100 Back	DEP	18/10/03	Matlock Trophy
	3:11.13	F	200 Back	DEP	7/12/02	Stafford Apex Open Wolverhampton
	42.07	S F	50 Breast	DEP	25/01/03	Belper Trophy Gala Heanor Pool
	1:35.76	S F	100 Breast	DEP	03/05/03	Tulip Open Spalding
	3:22.94	B F	200 Breast	DEP	7/12/02	Stafford Apex Open Wolverhampton
	36.30	G F	50 Fly	DEP	28/06/03	Sherwood Trophy
	1:25.69	B F	100 Fly	DEP	12/07/03	COD B Grade Queen St
	3:26.60	F	200 Fly	DEP	9/03/03	Counties Queen St
	1:25.97	S F	100 IM	DEP	12/07/03	COD B Grade Queen St
	3:03.28	S F	200 IM	DEP	7/09/03	Ripley Open Queen St
<b>Baxter, C</b>	21.42	F	25 Free	DEP	15/10/03	Time Trials Lonsdale
	44.11	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:38.28	F	100 Free	DEP	02/11/03	Club Championships Queen St
	49.50	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	56.84	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	2:01.66	F	100 Breast	DEP	7/09/03	Ripley Open Queen St
	22.80	B	25 Fly	DEP	08/10/03	Time Trials Lonsdale
	55.09	F	50 Fly	DEP	15/10/03	Time Trials Lonsdale
	1:58.24	F	100 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Bell, K</b>	32.91	S F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:09.36	S F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:34.55	B F	200 Free	DEP	12/04/03	COD Open Queen St
	5:30.18	F	400 Free	DEP	15/03/03	Counties Sharley Park
	10:56.39	F	800 Free	DEP	7/12/02	Stafford Apex Open Wolverhampton
	34.53	P F	50 Back	DEP	13/12/03	Speedo Final Leamington Spa
	1:15.68	G F	100 Back	DEP	14/12/02	Speedo Lge Bromsgrove
	2:44.35	S F	200 Back	DEP	7/12/02	Stafford Apex Open Wolverhampton
	41.51	S F	50 Breast	DEP	05/07/03	Dove Valley
	1:28.77	S F	100 Breast	DEP	28/06/03	Sherwood Trophy
	3:14.25	B F	200 Breast	DEP	12/04/03	COD Open Queen St
	36.73	G F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge
	1:24.42	S F	100 Fly	DEP	02/11/03	Club Championships Queen St
	3:21.81	F	200 Fly	DEP	12/01/03	Time Trials Repton
	1:19.48	G F	100 IM	DEP	22/03/03	Counties Queen St.
	2:48.65	G F	200 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton

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	Time	P/F/S	Event		Date	Gala
<b>Blavins, S</b>	6:02.30	F	400 IM	DEP	15/03/03	Counties Sharley Park
	19.49	<b>B</b>	25 Free	DEP	17/07/02	TTC 17/07/02
	39.72	<b>B</b>	50 Free	DEP	02/02/03	Trident Open Queen St.
	1:35.56	F	100 Free	DEP	27/03/02	TTB&C 27/03/02
	3:12.66	F	200 Free	DEP	02/03/03	Time Trials March 2003
	6:37.96	F	400 Free	DEP	9/03/03	Counties Queen St
	21.58	F	25 Back	DEP	22/02/03	Burton Peter Haynes Trophy
	33.26	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	45.82	<b>B</b>	50 Back	DEP	04/12/02	TTC 04/12/02 & 11/12/02
	26.73	F	25 Breast	DEP	04/11/01	Club Championship 2001
	38.15	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	59.26	F	50 Breast	DEP	05/03	Time Trials
	24.94	F	25 Fly	DEP	24/04/02	TTB&C 24/04/02
	58.60	F	50 Fly	DEP	03/11/02	Club Championship 2002
	1:46.33	<b>B</b>	100 IM	DEP	17/07/02	TTC 17/07/02
	3:56.79	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
<b>Brady, S</b>						
	32.08	F	50 Free	DEP	16/03/03	Counties Sharley Park
	1:08.37	F	100 Free	DEP	08/03/03	Counties Queen St
	1:10.42	F	100 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	2:29.68	F	200 Free	DEP	7/12/02	Stafford Apex Open Wolverhampton
	5:15.18	F	400 Free	DEP	15/03/03	Counties Sharley Park
	10:39.41	F	800 Free	DEP	9/03/03	Counties Queen St
	35.53	F	50 Back	DEP	25/01/03	Belper Trophy Gala Heanor Pool
	1:14.82	F	100 Back	DEP	16/03/03	Counties Sharley Park
	2:40.26	F	200 Back	DEP	16/03/03	Counties Sharley Park
	38.97	F	50 Breast	DEP	15/03/03	Counties Sharley Park
	1:24.53	F	100 Breast	DEP	14/12/02	Speedo Lge Bromsgrove
	3:02.33	F	200 Breast	DEP	16/03/03	Counties Sharley Park
	35.86	F	50 Fly	DEP	9/03/03	Counties Queen St
	1:15.37	F	100 Fly	DEP	15/03/03	Counties Sharley Park
	2:49.03	F	200 Fly	DEP	12/04/03	COD Open Queen St
	1:15.05	F	100 IM	DEP	22/03/03	Counties Queen St.
	2:41.86	F	200 IM	DEP	08/03/03	Counties Queen St
	5:48.80	F	400 IM	DEP	15/03/03	Counties Sharley Park
<b>Broad, E</b>						
	40.18	<b>B</b>	50 Free	DEP	15/10/03	Time Trials Lonsdale
	1:39.39	F	100 Free	DEP	15/10/03	Time Trials Lonsdale
	1:47.56	F	100 Back	DEP	02/11/03	Club Championships Queen St
	2:08.66	F	100 Breast	DEP	03/11/03	Club Championship Queen St
<b>Bysouth, E</b>						
	46.67	F	50 Free	DEP	08/10/03	Time Trials Lonsdale
	22.57	F	25 Free	DEP	02/11/03	Club Championships Queen St
	2:04.20	F	100 Free	DEP	18/06/03	TTC
	36.23	F	25 Breast	DEP	02/11/03	Club Championships Queen St
	23.95	F	25 Fly	DEP	02/11/03	Club Championships Queen St
<b>Bysouth, L</b>						
	20.53	F	25 Free	DEP	12/09/01	TTC 12/09/01
	29.59	F	33 Free	DEP	10/02/01	Matlock Gala
	38.66	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:26.94	F	100 Free	DEP	02/11/03	Club Championships Queen St
	3:12.39	F	200 Free	DEP	02/03/03	Time Trials March 2003
	3-38.04	F	200 Free	DEP	18/12/02	Time Trials
	24.82	F	25 Back	DEP	04/11/01	Club Championship 2001
	48.87	F	50 Back	DEP	23/07/03	Time trials Lonsdale
	1:42.01	F	100 Back	DEP	02/11/03	Club Championships Queen St
	3:58.84	F	200 Back	DEP	01/03	Time Trials Jan 2003
	1:00.44	F	50 Breast	DEP	23/07/03	Time trials Lonsdale
	2:10.47	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	4:17.81	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	21.31	<b>B</b>	25 Fly	DEP		
	37.00	F	33 Fly	DEP	10/02/01	Matlock Gala
	43.56	<b>B</b>	50 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:44.53	F	100 Fly	DEP	02/11/03	Club Championships Queen St
	3:45.65	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:40.90	<b>B</b>	100 IM	DEP	23/07/03	Time trials Lonsdale
	3:32.69	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Carter, S</b>						

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	40.51	F	50 Free	DEP	05/03	Time Trials
	3:18.88	F	200 Free	DEP	07/03	TT Lonsdale
	49.37	F	50 Back	DEP	05/03	Time Trials
	53.19	F	50 Breast	DEP	05/03	Time Trials
	51.31	F	50 Fly	DEP	05/03	Time Trials
	1:45.79	F	100 IM	DEP	05/03	Time Trials
<b>Cheek, M</b>						
	30.16	P	F	50 Free	DEP	13/12/03 Speedo Final Leamington Spa
	1:07.27	S	F	100 Free	DEP	14/12/02 Speedo Lge Bromsgrove
	2:31.14	S	F	200 Free	DEP	16/12/01 TTA&B 16/12/01
	5:29.51		F	400 Free	DEP	26/03/00 Counties Gala 8
	36.43	G	F	50 Back	DEP	02/03/02 County Championships
	1:17.60	G	F	100 Back	DEP	04/12/99 West Midlands League
	2:36.28	G	F	200 Back	DEP	17/10/99 TTA&B/10
	39.03	P	F	50 Breast	DEP	09/04/00 Counties Gala 12
	1:25.78	G	F	100 Breast	DEP	04/12/99 West Midlands League
	3:06.88	G	F	200 Breast	DEP	20/03/99 Counties Gala 7
	33.60	P	F	50 Fly	DEP	19/01/02 Belper Marlin Trophy Gala
	1:17.56	G	F	100 Fly	DEP	9/03/03 Counties Queen St
	3:10.25	S	F	200 Fly	DEP	17/10/99 TTA&B/10
	1:14.98	P	F	100 IM	DEP	08/11/03 Speedo Lge Bromsgrove.
	2:48.09	G	F	200 IM	DEP	20/11/99 Club Championships
<b>Copeland, R</b>						
	25.02	F	25	Free DEP	10/12/03	Time Trials Lonsdale
<b>Corden, A</b>						
	26.52		F	33 Free	DEP	10/02/01 Matlock Gala
	36.08	S	F	50 Free	DEP	30/07/03 Time Trials Lonsdale
	35.69		F	50 Free	DEP	23/11/03 County Sprints Ponds Forge
	1:18.36		F	100 Free	DEP	18/10/03 Matlock Trophy
	1:17.76					
	2:55.22		F	200 Free	DEP	18/12/02 Time Trials
	6:04.47		F	400 Free	DEP	17/09/03 Time Trials Lonsdale
	29.80		F	33 Back	DEP	26/01/02 Chesterfield Trophy Gala
	42.87	B	F	50 Back	DEP	23/11/03 County Sprints Ponds Forge
	42.40					
	1:34.34		F	100 Back	DEP	03/11/02 Club Championship 2002
	3:25.55		F	200 Back	DEP	01/03 Time Trials Jan 2003
	32.93		F	33 Breast	DEP	26/01/02 Chesterfield Trophy Gala
	48.27	B	F	50 Breast	DEP	23/11/03 County Sprints Ponds Forge
	47.50					
	1:43.89		F	100 Breast	DEP	03/11/03 Club Championship Queen St
	3:33.69	B	F	200 Breast	DEP	10/12/03 Time Trials Lonsdale
	42.49	S	F	50 Fly	DEP	10/12/03 Time Trials Lonsdale
	1:52.13		F	100 Fly	DEP	03/11/02 Club Championship 2002
	4:07.22		F	200 Fly	DEP	01/03 Time Trials Jan 2003
	1:26.72	G	F	100 IM	DEP	10/12/03 Time trials Lonsdale
	3:12.74	S	F	200 IM	DEP	10/12/03 Time Trials Lonsdale
<b>Cunningham, H</b>						
	25.02	F	25	Free DEP	10/12/03	Time Trials Lonsdale
<b>Curzon, Z</b>						
	25.01		F	25 Free	DEP	15/10/03 Time Trials Lonsdale
	49.42		F	50 Free	DEP	15/10/03 Time Trials Lonsdale
	36.10		F	25 Breast	DEP	11/06/03 TT C
<b>Curzon, S</b>						
	19.56	B		25 Free	DEP	15/10/03 Time Trials Lonsdale
	44.88		F	50 Free	DEP	15/10/03 Time Trials Lonsdale
	1:51.34		F	100 Free	DEP	27/03/02 TTB&C 27/03/02
	25.12		F	25 Back	DEP	24/07/02 TTC 24/07/02
	53.75		F	50 Back	DEP	10/12/03 Time Trials Lonsdale
	2:18.02		F	100 Back	DEP	17/07/02 TTC 17/07/02
	30.76		F	25 Breast	DEP	17/07/02 TTC 17/07/02
	1:07.94		F	50 Breast	DEP	12/09/01 TTC 12/09/01
	2:53.53		F	100 Breast	DEP	28/02/01 TTC/28.02.01
	28.23		F	25 Fly	DEP	17/07/02 TTC 17/07/02
	1:58.57		F	100 IM	DEP	10/12/03 Time Trials Lonsdale
<b>Davis, L</b>						
	19.07	B		25 Free	DEP	24/07/02 TTC 24/07/02
	45.14		F	50 Free	DEP	05/03 Time Trials
	2:05.22		F	100 Free	DEP	03/11/00 Club Championships Heats

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala
3:38.94	F	200 Free	DEP 01/03	Time Trials Jan 2003
26.15	F	25 Back	DEP 27/03/02	TTB&C 27/03/02
51.24	F	50 Back	DEP 05/03	Time Trials
4:03.87	F	200 Back	DEP 01/03	Time Trials Jan 2003
27.03	F	25 Breast	DEP 17/07/02	TTC 17/07/02
57.65	B	50 Breast	DEP 10/12/03	Time Trials Lonsdale
2:08.47	F	100 Breast	DEP 14/02/01	TTC 14/02/01
4:13.87	F	200 Breast	DEP 02/03/03	Time Trials March 2003
25.62	F	25 Fly	DEP 24/04/02	TTB&C 24/04/02
53.68	F	50 Fly	DEP 05/03	Time Trials
4:28.44	F	200 Fly	DEP 01/03	Time Trials Jan 2003
1:46.87	B	100 IM	DEP 23/07/03	Time trials Lonsdale
3:40.90	F	200 IM	DEP 07/03	TT Lonsdale
<b>Earith, H</b>				
25.02	F	25 Free	DEP 10/12/03	Time Trials Lonsdale
<b>Fox, D</b>				
21.34	F	33 Free	DEP 26/01/02	Chesterfield Trophy Gala
31.99	S F	50 Free	DEP 16/03/03	Counties Sharley Park
1:07.96	S F	100 Free	DEP 02/11/03	Club Championships Queen St
2:31.45	B F	200 Free	DEP 08/03/03	Counties Queen St
5:23.15	F	400 Free	DEP 15/03/03	Counties Sharley Park
25.32	F	33 Back	DEP 26/01/02	Chesterfield Trophy Gala
35.70	G F	50 Back	DEP 20/09/03	Bill Brake Trophy Burton
36.35	F	50 Back	DEP 23/11/03	County Sprints Ponds Forge
1:14.47	S F	100 Back	DEP 11/10/03	Speedo League Queen St.
2:44.18	S F	200 Back	DEP 16/03/03	Counties Sharley Park
28.38	F	33 Breast	DEP 26/01/02	Chesterfield Trophy Gala
42.07	S F	50 Breast	DEP 15/03/03	Counties Sharley Park
42.60	F	50 Breast	Dep 23/11/03	County Sprints Ponds Forge
1:29.48	S F	100 Breast	DEP 03/11/03	Club Championship Queen St
3:18.50	B F	200 Breast	DEP 16/03/03	Counties Sharley Park
23.04	F	33 Fly	DEP 26/01/02	Chesterfield Trophy Gala
35.93	G F	50 Fly	DEP 9/03/03	Counties Queen St
1:22.81	B F	100 Fly	DEP 02/11/03	Club Championships Queen St
3:56.08	B F	200 Fly	DEP 27/01/01	City Of Derby Open
1:18.25	G F	100 IM	DEP 03/11/03	Club Championship Queen St
2:50.07	S F	200 IM	DEP 08/03/03	County Championships Queen St
<b>Green, C</b>				
45.48	P F	50 Free	DEP 07/05/03	TT Lonsdale
58.37	F	50 Breast	DEP 07/05/03	TT Lonsdale
<b>Gotheridge, L</b>				
39.81	B F	50 Free	DEP 23/09/01	TT A&B 23/09/01
1:28.29	B F	100 Free	DEP 04/11/01	Club Championship 2001
3:31.42	F	200 Free	DEP 10/01/01	TTA&B/Jan
51.55	F	50 Back	DEP 26/05/01	House Gala
49.31	B F	50 Breast	DEP 19/10/01	School Results
1:50.82	B F	100 Breast	DEP 04/11/01	Club Championship 2001
3:57.22	B F	200 Breast	DEP 13/06/01	TTA&B 13/06/01
46.15	B F	50 Fly	DEP 23/09/01	TT A&B 23/09/01
1:55.64	F	100 Fly	DEP 04/11/01	Club Championship 2001
1:44.08	B F	100 IM	DEP 13/06/01	TTA&B 13/06/01
3:41.69	B F	200 IM	DEP 11/07/01	TT A&B 11/07/01
<b>Hithersay, C</b>				
25.02	F	25 Free	DEP 10/12/03	Time Trials Lonsdale
<b>James, H</b>				
34.74	S F	50 Free	DEP 03/11/98	PB's@startup Nov98
1:14.81	S F	100 Free	DEP 19/09/99	TTAB/9
2:51.74	B F	200 Free	DEP 03/11/98	PB's@startup Nov98
35.47	P F	50 Back	DEP 27/03/99	Counties Gala 10
1:17.44	G F	100 Back	DEP 11/11/00	Speedo League R2
2:49.98	S F	200 Back	DEP 17/10/99	TTA&B/10
44.93	S F	50 Breast	DEP 16/01/99	Lucozade Throphy Gala
1:39.17	S F	100 Breast	DEP 03/11/98	PB's@startup Nov98
2:54.98	G F	200 Breast	DEP 17/10/99	TTA&B/10
38.10	G F	50 Fly	DEP 11/09/99	House Gala
1:22.35	G F	100 Fly	DEP 26/02/00	Burton Gala
3:32.46	F	200 Fly	DEP 01/03	Time Trials
1:23.83	G F	100 IM	DEP 27/01/01	City Of Derby Open
3:00.21	G F	200 IM	DEP 04/11/01	Club Championship 2001

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Johnson, C</b>	6:25.40	F	400 IM	DEP	11/03/00	Counties Gala 2
	26.19	F	25 Free	DEP	25/09/02	TTC 25/09/02
	54.71	F	50 Free	DEP	02/10/02	TTC 02/10/02
	30.03	F	25 Back	DEP	02/10/02	TTC 02/10/02
	45.79	F	50 Back	DEP	17/12/03	Time Trials Lonsdale
	24.91	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale
	53.00	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale
	1:54.74	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	22.79	B	25 Fly	DEP	08/10/03	Time Trials Lonsdale
	1:59.03	F	100 Fly	DEP	02/11/03	Club Championships Queen St
	1:54.52	F	100 IM	DEP	17/12/03	Time Trials Lonsdale
<b>Jones, H</b>						
	24.68	F	25 Free	DEP	08/10/03	Time Trials Lonsdale
	59.31	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	37.23	F	25 Back	DEP	17/07/02	TTC 17/07/02
	1:18.58	F	50 Back	DEP	27/03/02	TTB&C 27/03/02
	32.94	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale
	1:07.55	F	50 Breast	DEP	17/12/03	Time Trials Lonsdale
	2:25.85	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale
<b>Keane, E</b>						
	16.64	<b>B</b>	25 Free	DEP	20/09/03	Bill Brake Trophy Burton
	37.39	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:27.33	F	100 Free	DEP	23/07/03	Time trials Lonsdale
	3:04.81	F	200 Free	DEP	07/03	TT Lonsdale
	6:14.62	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
	20.20	F	25 Back	DEP	03/11/03	Club Championship Queen St
	29.56	F	33 Back	DEP	18/10/03	Matlock Trophy
	42.27	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	24.68	F	25 Breast	DEP	02/11/03	Club Championships Queen St
	35.62	F	33 Breast	DEP	21/06/03	Matlock trophy
	55.31	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
	4:13.02	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	19.32	<b>B</b>	25 Fly	DEP	02/11/03	Club Championships Queen St
	27.62	F	33 Fly	DEP	18/10/03	Matlock Trophy
	44.44	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
	1:45.44	F	100 Fly	DEP	30/07/03	Time Trials Lonsdale
	3:39.18	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:35.81	<b>B</b>	100 IM	DEP	02/11/03	Club Championships Queen St
	3:19.63	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Keaney, S</b>						
	32.44		50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:11.02	<b>S</b>	100 Free	DEP	02/11/03	Club Championships Queen St
	2:47.68	F	200 Free	DEP	08/03/03	Counties Queen St
	6:32.94	F	400 Free	DEP	19/05/02	TT A Repton 19/05/02
	37.84	S F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:19.41	F	100 Back	DEP	02/11/03	Club Championships Queen St
	3:18.00	B F	200 Back	DEP	02/03/02	County Championships
	47.64	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	1:42.31	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	18.76	F	25 Fly	DEP	05/07/03	Dove Valley
	41.07	S F	50 Fly	DEP	05/03	Time Trials
	1:34.52	F	100 Fly	DEP	02/11/03	Club Championships Queen St
	3:35.00	F	200 Fly	DEP	9/03/03	Counties Queen St
	1:27.40	S F	100 IM	DEP	23/07/03	Time trials Lonsdale
	3:11.79	S F	200 IM	DEP	07/03	TT Lonsdale
<b>Nuala, K</b>						
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
<b>Lewis, C</b>						
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
<b>Llanos, G</b>						
	33.43	S F	50 Free	DEP	18/11/01	Converted Times LC To SC
	1:11.62	S F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:42.66	B F	200 Free	DEP	03/03/02	County Championships
	5:33.34	F	400 Free	DEP	22/03/03	Counties Queen St.
	39.81	S F	50 Back	DEP	18/11/01	Converted Times LC To SC
	1:22.12	S F	100 Back	DEP	02/11/03	Club Championships Queen St
	3:06.57	S F	200 Back	DEP	05/12/01	TT A&B 05/12/01
	44.54	S F	50 Breast	DEP	9/03/03	Counties Queen St

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	1:36.12	S F	100 Breast	DEP	03/11/03	Club Championship Queen St
	3:36.00	S F	200 Breast	DEP	16/12/01	TTA&B 16/12/01
	29.47	F	33 Fly	DEP	06/06/99	Matlock Trophy Gala
	36.90	G F	50 Fly	DEP	08/03/03	Counties Queen St
	1:24.05	S F	100 Fly	DEP	03/11/03	Club Championship Queen St
	3:20.52	B F	200 Fly	DEP	10/03/02	County Championships
	1:26.17	G F	100 IM	DEP	04/11/01	Club Championship 2001
	2:53.80	F	200 IM	DEP	02/11/03	Club Championships Queen St
<b>Luxton, K</b>						
	19.54	B	25 Free	DEP	10/12/03	Time Trials Lonsdale
	44.36	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:47.09	F	100 Free	DEP	03/11/02	Club Championship 2002
	22.02	B	25 Back	DEP	08/10/03	Time Trials Lonsdale
	1:06.53	F	50 Back	DEP	27/03/02	TTB&C 27/03/02
	25.30	F	25 Breast	DEP	02/10/02	TTC 02/10/02
	59.21	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale
	2:05.53	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	1:53.20	F	100 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Machin, E</b>						
	20.01	F	25 Free	DEP	03/11/02	Club Championship 2002
	42.25	F	50 Free	DEP	30/07/03	Time Trials Lonsdale
	23.12	F	25 Back	DEP	05/07/03	Dove Valley
	48.70	F	50 Back	DEP	02/11/03	Club Championships Queen St
	22.30	F	25 Breast	DEP	20/09/03	Bill Brake Trophy Burton
	32.69	F	33 Breast	DEP	08/02/03	Matlock Trophy
	46.88	F	50 Breast	DEP	02/11/03	Club Championships Queen St
	1:48.18	F	100 Breast	DEP		
	22.26	F	25 Fly	DEP	05/07/03	Dove Valley
	50.79	F	50 Fly	DEP	03/11/03	Club Championship Queen St
	1:40.28	F	100 IM	DEP	02/11/03	Club Championships Queen St
<b>Maclean, A</b>						
	20.47	F	25 Free	DEP	03/11/03	Club Championship Queen St
	54.12	F	50 Free	DEP	08/10/03	Time Trials Lonsdale
	25.19	F	25 Back	DEP	03/11/03	Club Championship Queen St
	26.59	F	25 Breast	DEP	02/11/03	Club Championships Queen St
	28.97	F	25 Fly	DEP	02/11/03	Club Championships Queen St
<b>Malomvari, B</b>						
	30.53	F	25 Back	DEP	15/10/03	Time Trials Lonsdale
	1:03.89	F	50 Free	DEP	03/11/03	Club Championship Queen St
	49.32	F	50 Back	DEP	02/11/03	Club Championships Queen St
	1:11.06	F	50 Breast	DEP	02/11/03	Club Championships Queen St
<b>Maine, N</b>						
	34.95	B F	50 Free	DEP	14/09/02	Treonte Trophy Queen St
	1:14.95	B F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:48.38	F	200 Free	DEP	07/03	TT Lonsdale
	42.25	B F	50 Back	DEP	07/03	Time Trials
	1:28.73	B F	100 Back	DEP	02/11/03	Club Championships Queen St
	3:23.71	F	200 Back	DEP	01/03	Time Trials Jan 2003
	47.41	B F	50 Breast	DEP	05/03	Time Trials
	1:41.39	B F	100 Breast	DEP	03/11/03	Club Championship Queen St
	3:39.18	F	200 Breast	DEP	27/03/02	TTB&C 27/03/02
	40.51	S F	50 Fly	DEP	05/03	Time Trials
	1:39.65	F	100 Fly	DEP	18/10/03	Matlock Trophy
	3:54.02	F	200 Fly	DEP	01/03	Time Trials Jan 2003
	1:35.01	B F	100 IM	DEP	24/04/02	TTB&C 24/04/02
	3:34.29	B F	200 IM	DEP	19/09/01	TT A&B 19/09/01
<b>Mullan, H</b>						
	33.30	F	50 Free	DEP	31/05/03	Start Up
	1:15.26	F	100 Free	DEP	31/05/03	Start Up
	2:43.30	F	200 Free	DEP	07/03	TT Lonsdale
	6:09.21	F	400 Free	DEP	31/05/03	Start Up
	38.41	F	50 Back	DEP	31/05/03	Start Up
	1:25.45	F	100 Back	DEP	21/06/03	Matlock Trophy
	3:18.51	F	200 Back	DEP	31/05/03	Start Up
	43.80	F	50 Breast	DEP	31/05/03	Start Up
	1:38.94	F	100 Breast	DEP	31/05/03	Start Up
	3:29.56	F	200 Breast	DEP	31/05/03	Start Up
	41.37	F	50 Fly	DEP	31/05/03	Start Up
	1:31.18	F	100 Fly	DEP	31/05/03	Start Up

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Murphy, R</b>	21.44	F	25 Free	DEP	17/12/03	Time Trials Lonsdale
	49.21	F	50 Free	DEP	15/10/03	Time Trials Lonsdale
	1:52.43	F	100 Free	DEP	02/11/03	Club Championships Queen St
	26.44	F	25 Back	DEP	17/12/03	Time Trials Lonsdale
	31.86	F	25 Breast	DEP	04/12/02	TTC 04/12/02 & 11/12/02
	2:23.98	F	100 Breast	DEP	03/11/03	Club Championship Queen St
<b>Palmer, C</b>	35.53	F	50 Free	DEP	30/07/03	Time Trials Lonsdale
	1:17.66	F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:59.59	F	200 Free	DEP	07/03	TT Lonsdale
	6:19.47	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
	43.60	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:34.24	F	100 Back	DEP	12/07/03	COD B Grade Queen St
	42.40	G F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	1:32.26	B F	100 Breast	DEP	03/11/03	Club Championship Queen St
	3:27.28	B F	200 Breast	DEP	16/03/03	Counties Sharley Park
	47.81	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
	1:42.11	F	100 Fly	DEP	02/11/03	Club Championships Queen St
	4:17.90	F	200 Fly	DEP	01/03	Time Trials
	1:25.49	S F	100 IM	DEP	10/12/03	Time Trials Lonsdale
	3:13.37	B F	200 IM	DEP	07/03	TT Lonsdale
	<b>Palmer, F</b>	34.23	S F	50 Free	DEP	16/03/03
1:11.13		B F	100 Free	DEP	03/11/02	Club Championships 2002
2:55.41		F	200 Free	DEP	03/03/02	County Championships
5:59.78		F	400 Free	DEP	19/05/02	TT A Repton 19/05/02
40.34		B F	50 Back	DEP	27/03/02	TTB&C 27/03/02
41.16		F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
1:23.91		B F	100 Back	DEP	16/03/03	Counties Sharley Park
3:02.46		F	200 Back	DEP	19/05/02	TT A Repton 19/05/02
38.35		P F	50 Breast	DEP	22/02/03	Burton Peter Haynes Trophy
1:23.29		G F	100 Breast	DEP	13/12/03	Speedo Final Leamington Spa.
3:01.30		S F	200 Breast	DEP	08/03/03	Counties Queen St
39.76		S F	50 Fly	DEP	08/03/03	Counties Queen St
1:33.64		S F	100 Fly	DEP	03/11/02	Club Championships 2002
1:20.48		S F	100 IM	DEP	22/03/03	Counties Queen St.
2:54.46		S F	200 IM	DEP	22/03/03	Counties Queen St.
<b>Parker, H</b>	32.47	B F	50 Free	DEP	25/01/03	Belper Trophy Gala Heanor Pool
	1:09.82	S F	100 Free	DEP	15/02/03	Eckington Trophy Gala
	2:41.53	B F	200 Free	DEP	03/03/02	County Championships
	5:10.97	F	400 Free	DEP	22/03/03	Counties Queen St.
	39.27	B F	50 Back	DEP	15/03/03	Counties Sharley Park
	1:22.36	S F	100 Back	DEP	16/03/03	Counties Sharley Park
	2:51.87	F	200 Back	DEP	22/03/03	Counties Queen St.
	43.45	B F	50 Breast	DEP	9/03/03	Counties Queen St
	1:32.76	B F	100 Breast	DEP	03/11/02	Club Championships 2002
	3:26.21	F	200 Breast	DEP	08/03/03	Counties Queen St
	38.95	S F	50 Fly	DEP	08/03/03	Counties Queen St
	1:25.68	B F	100 Fly	DEP	9/03/03	Counties Queen St
	3:12.08	F	200 Fly	DEP	16/03/03	Counties Sharley Park
	1:21.67	S F	100 IM	DEP	22/03/03	Counties Queen St.
	2:54.76	S F	200 IM	DEP	22/03/03	Counties Queen St.
<b>Pratt, E</b>	33.97	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:10.58	S F	100 Free	DEP	02/11/03	Club Championships Queen St
	2:34.13	B F	200 Free	DEP	7/09/03	Ripley Open Queen St
	5:33.26	F	400 Free	DEP	04/10/03	Robin Hood Open Ponds Forge
	29.61	F	33 Back	DEP	10/02/01	Matlock Gala
	40.33	B F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:20.53	S F	100 Back	DEP	02/11/03	Club Championships Queen St
	3:00.48	B F	200 Back	DEP	16/03/03	Counties Sharley Park
	29.72	F	33 Breast	DEP	02/06/01	Matlock Gala
	40.80	G F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	1:26.07	F	100 Breast	DEP	13/12/03	Speedo Final Leamington Spa.
	3:05.86	S F	200 Breast	DEP	6/12/03	Stafford Apex Open Wolverhampton
	39.21	G F	50 Fly	DEP	12/04/03	COD Open Queen St
	1:27.51	F	100 Fly	DEP	02/11/03	Club Championships Queen St

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala		
<b>Pratt, R</b>	1:19.98	S	F	100 IM	DEP	03/11/03	Club Championship Queen St	
	2:58.22	S	F	200 IM	DEP	08/03/03	Counties Queen St	
	6:04.36		F	400 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton	
	27.88		F	33 Free	DEP	06/06/99	Matlock Trophy Gala	
	31.95	G	F	50 Free	DEP	03/05/03	Tulip Open Spalding	
	1:07.08	S	F	100 Free	DEP	02/11/03	Club Championships Queen St	
	2:28.46	S	F	200 Free	DEP	12/04/03	COD Open Queen St	
	5:11.80		F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton	
	11:01.68		F	800 Free	DEP	7/12/02	Stafford Apex Open Wolverhampton	
	39.02	S	F	50 Back	DEP	12/04/03	COD Open Queen St	
	1:21.13	S	F	100 Back	DEP	03/05/03	Tulip Open Spalding	
	2:51.49	S	F	200 Back	DEP	22/03/03	Counties Queen St.	
	45.98	S	F	50 Breast	DEP	18/11/01	Converted Times LC To SC	
	1:33.99	S	F	100 Breast	DEP	03/11/02	Club Championships 2002	
	3:55.64	B	F	200 Breast	DEP	24/01/01	TTA&B/b	
	38.27	G	F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge	
	1:24.65	S	F	100 Fly	DEP	9/03/03	Counties Queen St	
	1:22.10	G	F	100 IM	DEP	22/03/03	Counties Queen St.	
2:54.66	S	F	200 IM	DEP	22/03/03	Counties Queen St.		
		F	400 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton		
<b>Reed, E</b>	18.87		B	25 Free	DEP	18/06/03	TT C	
	39.29		B	50 Free	DEP	10/12/03	Time Trials Lonsdale	
	1:38.44		F	100 Free	DEP	02/11/03	Club Championships Queen St	
	27.14		F	25 Back	DEP	04/11/01	Club Championship 2001	
	51.14		F	50 Back	DEP	03/11/02	Club Championship 2002	
	1:45.29		F	100 Back	DEP	02/11/03	Club Championships Queen St	
	30.53		F	25 Breast	DEP	03/02/01	Sherwood Colliery S.C	
	2:10.92		F	100 Breast	DEP	03/11/03	Club Championship Queen St	
	23.64		F	25 Fly	DEP	04/12/02	TTC 04/12/02 & 11/12/02	
	27.23		F	33 Fly	DEP	18/10/03	Matlock Trophy	
	48.68		F	50 Fly	DEP	08/06/03	Junior League Queen St	
	1:54.77		F	100 Fly	DEP	02/11/03	Club Championships Queen St	
	1:46.62		B	100 IM	DEP	15/10/03	Time Trials Lonsdale	
	<b>Reeks, C</b>	31.26	G	F	50 Free	DEP	20/04/02	Melton Mowbray Trophy Gala
		1:08.87	S	F	100 Free	DEP	7/09/03	Ripley Open Queen St
2:32.62		S	F	200 Free	DEP	03/03/02	County Championships	
5:09.02			F	400 Free	DEP	22/03/03	Counties Queen St.	
10:56.21			F	800 Free	DEP	17/03/02	County Championships	
36.39		G	F	50 Back	DEP	03/03/02	County Championships	
1:17.71		G	F	100 Back	DEP	20/09/03	Bill Brake Trophy Burton	
2:46.23			F	200 Back	DEP	22/03/03	Counties Queen St.	
43.37		S	F	50 Breast	DEP	20/06/00	BTT/6	
1:35.62		S	F	100 Breast	DEP	11/02/01	Trident Open	
35.61		G	F	50 Fly	DEP	31/08/02	Workshop Open, Ponds Forge— Conv LC to SC	
1:18.71		G	F	100 Fly	DEP	9/11/02	Speedo Lge Sharley Park	
3:05.00		S	F	200 Fly	DEP	10/03/02	County Championships	
1:21.47		G	F	100 IM	DEP	16/03/02	County Championships	
2:46.55		G	F	200 IM	DEP	02/11/03	Club Championships Queen St	
5:54.08		F	400 IM	DEP	9/03/03	Counties Queen St		
<b>Reeks, J</b>	33.95	S	F	50 Free	DEP	05/07/03	Dove Valley	
	33.16		F	Free	EP	23/11/03	County Sprints Ponds Forge	
	1:10.46	S	F	100 Free	DEP	02/11/03	Club Championships Queen St	
	2:36.75		F	200 Free	DEP	12/04/03	COD Open Queen St	
	5:32.34		f	400 Free	DEP	04/10/03	Robin Hood Open Ponds Forge	
	5:10.84		F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton	
	11:25.63		F	800 Free	DEP	9/03/03	Counties Queen St	
	39.31	S	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
	1:21.26		F	100 Back	DEP	02/11/03	Club Championships Queen St	
	2:58.83		F	200 Back	DEP	16/03/03	Counties Sharley Park	
	40.46	G	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge	
	1:29.86	S	F	100 Breast	DEP	03/11/03	Club Championship Queen St	
	3:04.90	S	F	200 Breast	DEP	6/12/03	Stafford Apex Open Wolverhampton	
	3:15.44		LC	200 Breast	DEP	04/10/03	Robin Hood Open Ponds Forge	
	27.12		F	33 Fly	DEP	02/06/01	Matlock Gala	
36.23	G	F	50 Fly	DEP	20/09/03	Bill Brake Trophy Burton		

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event		Date	Gala
1:25.08	F	100 Fly	DEP	04/10/03	Robin Hood Open Ponds Forge
1:19.09	F	100 Fly	DEP	11/10/03	Speedo League Queen St.
3:16.98	F	200 Fly	DEP	7/09/03	Ripley Open Queen St
1:17.42	G F	100 IM	DEP	15/11/03	Midland Sprints Nuneaton
2:53.49	G F	200 IM	DEP	04/10/03	Robin Hood Open Ponds Forge
5:44.28	F	400 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton
<b>Reeks, L</b>					
19.11	B	25 Free	DEP	03/11/02	Club Championship 2002
27.24	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
37.41	F	50 Free	DEP	06/04/03	Junior League Eckington
37.63		50 Free	DEP	23/11/03	County Sprints Ponds Forge
3:06.26	F	200 Free	DEP	7/09/03	Ripley Open Queen St
6:22.31	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
22.73	F	25 Back	DEP	03/11/02	Club Championship 2002
34.48	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
41.88	F	50 Back	DEP	13/12/03	Speedo Final Leamington Spa.
3:27.66	F	200 Back	DEP	16/03/03	Counties Sharley Park
24.59	F	25 Breast	DEP	05/07/03	Dove Valley
34.18	F	33 Breast	DEP	21/06/03	Matlock Trophy
48.40	F	50 Breast	DEP	02/11/03	Club Championships Queen St
3:46.81	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
18.96	B	25 Fly	DEP	20/09/03	Bill Brake Trophy Burton
29.74	F	33 Fly	DEP	08/02/03	Matlock Trophy
39.40	B	50 Fly	DEP	13/12/03	Speedo Final Leamington Spa.
1:04.06	F	66 Fly	DEP	21/06/03	Matlock trophy
1:29.59	B	100 IM	DEP	02/11/03	Club Championships Queen St
3:25.93	F	200 IM	DEP	04/10/03	Robin Hood Open Ponds Forge
<b>Ryde, E</b>					
30.44	P F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
1:05.93	G F	100 Free	DEP	03/11/02	Club Championships 2002
2:25.99	S F	200 Free	DEP	03/03/02	County Championships
5:17.42	F	400 Free	DEP	16/03/02	County Championships
34.11	P F	50 Back	DEP	15/03/03	Counties Sharley Park
1:11.59	G F	100 Back	DEP	16/03/03	Counties Sharley Park
2:34.51	G F	200 Back	DEP	22/03/03	Counties Queen St.
45.57	P F	50 Breast	DEP	05/03	Time Trials
1:33.86	S F	100 Breast	DEP	03/11/03	Club Championship Queen St
35.61	G F	50 Fly	DEP	08/03/03	Counties Queen St
1:17.79	G F	100 Fly	DEP	03/11/02	Club Championships 2002
3:02.10	G F	200 Fly	DEP	17/10/99	TTA&B/10
1:16.44	P F	100 IM	DEP	27/10/02	Belper Open Queen St
2:45.40	G F	200 IM	DEP	03/11/02	Club Championships 2002
<b>Salt, C</b>					
38.65	B	50 Free	DEP	10/12/03	Time Trials Lonsdale
1:27.00	F	100 Free	DEP	03/11/02	Club Championships 2002
3:19.79	F	200 Free	DEP	07/03	TT Lonsdale
6:50.63	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
21.56	B	25 Back	DEP	24/04/02	TTB&C 24/04/02
47.84	F	50 Back	DEP	05/03	Time Trials
2:01.30	F	100 Back	DEP	19/10/01	Club Championship Heats
49.54	B	50 Breast	DEP	17/07/02	TTC 17/07/02
1:50.35	B	100 Breast	DEP	24/07/02	TTC 24/07/02
3:54.18	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
50.17	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
4:30.51	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:41.50	F	100 IM	DEP	23/07/03	Time trials Lonsdale
3:44.24	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Scott, L</b>					
40.72	B	50 Free	DEP	15/10/03	Time Trials Lonsdale
56.45	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
2:00.76	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale
21.16	B	25 Fly	DEP	08/10/03	Time Trials Lonsdale
4:18.24	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:49.31	B	100 IM	DEP	15/10/03	Time Trials Lonsdale
<b>Sharratt, M</b>					
20.26	F	25 Free	DEP	15/10/03	Time Trials Lonsdale
28.98	F	33 Free	DEP	21/06/03	Matlock Trophy
45.68	F	50 Free	DEP	15/10/03	Time Trials Lonsdale

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
<b>Simpson, P</b>	1:41.81	F	100 Free	DEP	18/06/03	TT C	
	25.52	F	25 Back	DEP	03/11/02	Club Championship 2002	
	28.64	F	25 Breast	DEP	03/11/02	Club Championship 2002	
	2:07.48	f	100 IM	DEP	04/12/02	TTC 04/12/02 & 11/12/02	
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale	
<b>Spencer, M</b>	31.27	F	50 Free	DEP			
	1:10.54	F	100 Free	DEP	11/01/03	Bromsgrove McDonald Trophy	
		F	200 Free	DEP			
	5:25.45	F	400 Free	DEP	19/05/02	TT A Repton 19/05/02	
	37.91	F	50 Back	DEP			
	1:18.56	F	100 Back	DEP	03/11/02	Club Championships 2002	
		F	200 Back	DEP			
	35.64	F	50 Breast	DEP			
	1:20.74	F	100 Breast	DEP	15/03/03	Counties Sharley Park	
	1:17.67	F	100 Breast	DEP			
	2:52.72	F	200 Breast	DEP			
	37.62	F	50 Fly	DEP			
	1:17.05	F	100 IM	DEP	22/03/03	Counties Queen St.	
	2:46.90	F	200 IM	DEP	03/11/02	Club Championships 2002	
	<b>Spencer, R</b>	32.95	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
1:12.70		F	100 Free	DEP	02/11/03	Club Championships Queen St	
2:44.80		F	200 Free	DEP	23/11/03	County Sprints Ponds Forge	
5:33.03		F	400 Free	DEP	15/03/03	Counties Sharley Park	
11:26.25		F	800 Free	DEP	9/03/03	Counties Queen St	
37.21		F	50 Back	DEP	08/03/03	Counties Queen St	
1:20.32		F	100 Back	DEP	16/03/03	Counties Sharley Park	
2:51.44		F	200 Back	DEP			
41.80		F	50 Breast	DEP	15/03/03	Counties Sharley Park	
41.93		F	50 Breast	DEP			
1:29.95		F	100 Breast	DEP	9/03/03	Counties Queen St	
3:09.92		F	200 Breast	DEP	16/03/03	Counties Sharley Park	
37.80		F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge	
1:24.78		F	100 Fly	DEP	02/11/03	Club Championships Queen St	
1:21.12		F	100 IM	DEP	22/03/03	Counties Queen St.	
2:56.13		F	200 IM	DEP	08/03/03	Counties Queen St	
<b>Stoll, C</b>		25.14	F	25 Free	DEP	02/11/03	Club Championships Queen St
		1:19.33	F	50 Free	DEP	11/06/03	TTC
	30.42	F	25 Back	DEP	08/10/03	Time Trials Lonsdale	
	36.11	F	25 Breast	DEP	15/10/03	Time Trials Lonsdale	
	1:09.92	F	50 Breast	DEP	17/12/03	Time Trials Lonsdale	
	2:32.31	F	100 Breast	DEP	10/12/03	Time Trials Lonsdale	
	42.53	F	25 Fly	DEP	02/11/03	Club Championships Queen St	
	<b>Stoll, E</b>	20.47	F	25 Free	DEP	02/11/03	Club Championship Queen St
46.50		F	50 Free	DEP	15/10/03	Time Trials Lonsdale	
4:12.24		F	200 Free	DEP	08/03/03	Counties Queen St	
24.75		F	25 Back	DEP	03/11/03	Club Championship Queen St	
35.46		F	33 Back	DEP	21/06/03	Matlock trophy	
53.67		F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
24.58		F	25 Breast	DEP	02/11/03	Club Championships Queen St	
55.89		F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge	
2:18.11		F	100 Breast	DEP	25/09/02	TTC 25/09/02	
25.67		F	25 Fly	DEP	02/11/03	Club Championships Queen St	
1:01.56		F	50 Fly	DEP	16/03/03	Counties Sharley Park	
1:56.77		F	100 IM	DEP	02/11/03	Club Championships Queen St	
<b>Swann, G</b>							
<b>Taylor E</b>	19.35	B	25 Free	DEP	08/10/03	Time Trials Lonsdale	
	40.94		50 Free	DEP	10/12/03	Time Trials Lonsdale	
	46.46	F	50 Back	DEP	18/06/03	TT C	
	48.83	B	50 Breast	DEP	02/11/03	Club Championships Queen St	
	3:51.06	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale	
	22.79	B	25 Fly	DEP	15/10/03	Time Trials Lonsdale	

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	38.79	F	33 Fly	DEP	21/06/03	Matlock trophy
	52.76	F	50 Fly	DEP	03/11/03	Club Championship Queen St
	4:32.71	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:41.66	B	100 IM	DEP	02/11/03	Club Championship Queen St
	3:44.68	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Tidbury, L</b>						
	19.99	F	25 Free	DEP	17/07/02	TTC 17/07/02
	41.52	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:38.50	F	100 Free	DEP	02/11/03	Club Championships Queen St
	22.26	F	25 Back	DEP	10/12/03	Time Trials Lonsdale
	1:59.71	F	100 Back	DEP	02/11/03	Club Championships Queen St
	26.53	F	25 Breast	DEP	24/04/02	TTB&C 24/04/02
	52.40	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale
	1:57.97	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	1:54.49	F	100 IM	DEP	02/11/03	Club Championships Queen St
<b>Toczek, M</b>						
	36.16	B F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	1:21.13	B F	100 Free	DEP	03/11/02	Club Championships 2002
	3:04.49	F	200 Free	DEP	18/12/02	Time Trials
	44.74	F	50 Back	DEP	15/03/03	Counties Sharley Park
	1:35.26	F	100 Back	DEP	16/03/03	Counties Sharley Park
	3:50.32	F	200 Back	DEP	16/12/01	TTA&B 16/12/01
	46.73	B F	50 Breast	DEP	9/03/03	Counties Queen St
	1:44.08	B F	100 Breast	DEP	15/03/03	Counties Sharley Park
	46.89	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
	1:39.41	B F	100 IM	DEP	16/03/02	County Championships
	3:33.81	B F	200 IM	DEP	02/11/03	Club Championships Queen St
<b>Tolley, C</b>						
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
<b>Tomlinson, A</b>						
	20.81	F	25 Free	DEP	17/12/03	Time Trials Lonsdale
	30.26	F	33 Free	DEP	18/10/03	Matlock Trophy
	26.35	F	25 Back	DEP	05/07/03	Dove Valley
	30.78	F	25 Breast	DEP	02/11/03	Club Championships Queen St
	1:00.38	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
	2:24.91	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale
	28.59	F	25 Fly	DEP	02/11/03	Club Championships Queen St
	2:08.00	F	100 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Unwin, C</b>						
	25.31	F	25 Free	DEP	08/10/03	Time Trials Lonsdale
	52.44	F	50 Free	DEP	08/10/03	Time Trials Lonsdale
	59.95	F	50 Back	DEP	11/06/03	TT C
<b>Unwin, J</b>						
	22.99	F	25 Free	DEP	15/10/03	Time Trials Lonsdale
	49.78	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:50.46	F	100 Free	DEP	08/10/03	Time Trials Lonsdale
	26.79	F	25 Back	DEP	10/12/03	Time Trials Lonsdale
	1:56.36	F	100 Breast	DEP	10/12/03	Time Trials Lonsdale
<b>Ward, A</b>						
	19.44	B	25 Free	DEP	11/06/03	TT C
	29.04	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	43.78	F	50 Free	DEP	16/03/03	Counties Sharley Park
	1:41.85	F	100 Free	DEP	02/11/03	Club Championships Queen St
	23.84	F	25 Back	DEP	04/12/02	TTC 04/12/02 & 11/12/02
	33.84	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	49.49	F	50 Back	DEP	08/03/03	Counties Queen St
	1:48.72	F	100 Back	DEP	02/11/03	Club Championships Queen St
	27.27	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale
	59.31	F	50 Breast	DEP	03/11/02	Club Championship 2002
	2:15.16	F	100 Breast	DEP	03/11/03	Club Championship Queen St
	22.63	B	25 Fly	DEP	17/12/03	Time Trials Lonsdale
	1:04.14	F	50 Fly	DEP	03/11/02	Club Championship 2002
	2:06.18	F	100 Fly	DEP	02/11/03	Club Championships Queen St
	1:54.49	F	100 IM	DEP	03/11/03	Club Championship Queen St
<b>Ward, R</b>						
	27.84	P F	50 Free	DEP	18/11/01	Converted Times LC To SC
	1:01.63	G F	100 Free	DEP	16/03/02	County Championships
	2:23.13	S F	200 Free	DEP	10/03/01	County Championships
	5:12.05	F	400 Free	DEP	10/03/01	County Championships

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala	
10:42.50	F	800 Free	DEP	10/03/01	County Championships
32.51	P	50 Back	DEP	08/04/00	Counties Gala 10
1:13.46	G	100 Back	DEP	22/01/00	City Of Derby Open
2:30.72	G	200 Back	DEP	17/10/99	TTA&B/10
35.95	P	50 Breast	DEP	09/04/00	Counties Gala 12
1:18.11	G	100 Breast	DEP	03/02/01	Sherwood Colliery S.C
2:56.49	G	200 Breast	DEP	10/03/01	County Championships
30.78	P	50 Fly	DEP	30/07/03	Time Trials Lonsdale
1:12.40	G	100 Fly	DEP	03/11/03	Club Championship Queen St
2:55.91	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:10.11	P	100 IM	DEP	10/03/01	County Championships
2:36.55	G	200 IM	DEP	07/03	TT Lonsdale
5:38.93	F	400 IM	DEP	10/03/01	County Championships
<b>Ward, S</b>					
35.92	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
1:19.13	F	100 Free	DEP	02/11/03	Club Championships Queen St
3:00.09	F	200 Free	DEP	07/03	TT Lonsdale
6:22.12	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
43.26	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
1:31.90	F	100 Back	DEP	02/11/03	Club Championships Queen St
43.27	B	50 Breast	DEP	15/03/03	Counties Sharley Park
1:34.39	B	100 Breast	DEP	12/07/03	COD B Grade Queen St
3:27.20	B	200 Breast	DEP	24/04/02	TTB&C 24/04/02
41.52	F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge
1:34.90	F	100 Fly	DEP	12/07/03	COD B Grade Queen St
3:26.70	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:26.79	B	100 IM	DEP	03/11/03	Club Championship Queen St
3:13.50	B	200 IM	DEP	07/03	TT Lonsdale
<b>Wisdish, H</b>					
19.57	B	25 Free	DEP	21/09/02	Burton Bill Brake Trophy
36.59	F	50 Free	DEP	13/12/03	Speedo Final Leamington Spa.
1:21.87	F	100 Free	DEP	02/11/03	Club Championships Queen St
3:03.48	F	200 Free	DEP	07/03	TT Lonsdale
6:00.68	F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton
29.74	F	25 Back	DEP	04/11/01	Club Championship 2001
44.95	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
1:34.07	F	100 Back	DEP	02/11/03	Club Championships Queen St
3:56.06	F	200 Back	DEP	01/03	Time Trials
25.58	F	25 Breast	DEP	02/10/02	TTC 02/10/02
37.72	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
49.47	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
1:48.41	F	100 Breast	DEP	03/11/03	Club Championship Queen St
3:34.55	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
22.67	B	25 Fly	DEP	07/04/02	Derby & Notts Junior League
47.62	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
1:49.09	F	100 Fly	DEP	02/11/03	Club Championships Queen St
3:42.12	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:34.01	S	100 IM	DEP	22/03/03	Counties Queen St.
3:15.56	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Wisdish, S</b>					
17.00	B	25 Free	DEP	03/11/03	Club Championship Queen St
38.68	F	50 Free	EP	23/11/03	County Sprints Ponds Forge
1:36.89	F	100 Free	DEP	23/07/03	Time trials Lonsdale
3:13.94	F	200 Free	DEP	02/03/03	Time Trials March 2003
6:31.52	F	400 Free	DEP	17/09/03	Time Trials Lonsdale
32.99	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
22.08	F	25 Back	DEP	20/09/03	Bill Brake Trophy Burton
46.72	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
21.40	B	25 Breast	DEP	02/11/03	Club Championships Queen St
30.19	F	33 Breast	DEP	18/10/03	Matlock Trophy
46.87	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
1:49.76	F	100 Breast	DEP	30/07/03	Time Trials Lonsdale
3:42.54	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
18.84	B	25 Fly	DEP	02/11/03	Club Championships Queen St
26.57	F	33 Fly	DEP	21/06/03	Matlock Trophy
46.10	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
3:49.78	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
1:33.61	S	100 IM	DEP	02/11/03	Club Championships Queen St
3:22.96	F	200 IM	DEP	10/12/03	Time Trials Lonsdale

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Baxter, M</b>	21.00	F	25 Free	DEP	17/12/03	Time Trials Lonsdale
	31.76	F	33 Free	DEP	21/06/03	Matlock trophy
	45.46	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:45.51	F	100 Free	DEP	10/12/03	Time Trials Lonsdale
	20.88	F	25 Back	DEP	02/11/03	Club Championship Queen St
	55.80	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	25.46	F	25 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:58.17	F	100 IM	DEP	17/12/03	Time Trials Lonsdale
<b>Barker, W</b>	24.75	F	25 Free	DEP	08/10/03	Time Trials Lonsdale
	57.15	F	50 Free	DEP	11/06/03	TTC Lonsdale
	31.44	F	25 Breast	DEP	15/10/03	Time Trials Lonsdale
<b>Barlow, M</b>	17.94	B	25 Free	DEP	02/11/03	Club Championship Queen St
	30.11	F	33 Free	DEP	08/02/03	Matlock Trophy
	42.21	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	22.93	B	25 Back	DEP	02/11/03	Club Championship Queen St
	36.86	F	33 Back	DEP	08/02/03	Matlock Trophy
	51.28		5 Back	DEP	23/11/03	County Sprints Ponds Forge
	24.78	F	25 Breast	DEP	02/11/03	Club Championship Queen St
	54.37	F	50 Breast	DEP	23/11/03	County Sprints Ponds Forge
	19.08	B	25 Fly	DEP	03/11/03	Club Championship Queen St
	48.14		50 Fly	DEP	23/11/03	County Sprints Ponds Forge
	1:47.71	B	100 IM	DEP	02/11/03	Club Championship Queen St
<b>Bell, C</b>	18.74	B	25 Free	DEP	20/09/03	Bill Brake Trophy Burton
	31.82	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	40.56	B	50 Free	DEP	15/10/03	Time Trials Lonsdale
	1:38.31	F	100 Free	DEP	18/06/03	TT C
	3:32.07	F	200 Free	DEP	15/03/03	Counties Sharley Park
	23.54	F	25 Back	DEP	15/10/03	Time Trials Lonsdale
	34.66	F	33 Back	DEP	08/02/03	Matlock Trophy
	45.67	F	50 Back	DEP	02/11/03	Club Championship Queen St
	25.63	F	25 Breast	DEP	20/09/03	Bill Brake Trophy Burton
	36.28	F	33 Breast	DEP	21/06/03	Matlock trophy
	53.94	F	50 Breast	DEP	03/11/03	Club Championship Queen St
	2:05.45	F	100 Breast	DEP	03/05/03	Tulip Open Spalding
	4:06.66	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	22.61	B	25 Fly	DEP	05/07/03	Dove Valley
	37.94	F	33 Fly	DEP	21/06/03	Matlock trophy
	54.99	F	50 Fly	DEP	02/11/03	Club Championship Queen St
	2:16.36	F	100 Fly	DEP	03/05/03	Tulip Open Spalding
	4:31.34	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:43.45	B	100 IM	DEP	02/11/03	Club Championship Queen St
	3:41.12	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Bell, J</b>	17.77	F	25 Free	DEP	22/02/03	Burton Peter Haynes Trophy
	34.55	B	50 Free	DEP	13/12/03	Speedo Final Leamington Spa.
	1:15.96	F	100 Free	DEP	02/11/03	Club Championship Queen St
	2:54.94	F	200 Free	DEP	07/03	TT Lonsdale
	5:43.20	F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton
	21.51	B	25 Back	DEP	21/09/02	Burton Bill Brake Trophy
	31.47	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	41.75	F	50 Back	DEP	20/09/03	Bill Brake Trophy Burton
	1:25.46	F	100 Back	DEP	03/11/03	Club Championship Queen St
	3:18.52	F	200 Back	DEP	09/03/03	Counties Queen St
	23.15	F	25 Breast	DEP	25/01/03	Belper Trophy Gala Heanor Pool
	35.79	F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	46.77	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
	1:43.48	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	3:26.34	F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	20.91	B	25 Fly	DEP	24/04/02	TTB&C 24/04/02
	27.11	F	33 Fly	DEP	18/10/03	Matlock Trophy
	43.82	F	50 Fly	DEP	08/06/03	Junior League Queen St
	1:36.32	F	100 Fly	DEP	02/11/03	Club Championship Queen St
	4:31.34	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:26.14	S	100 IM	DEP	10/12/03	Time Trials Lonsdale t
	3:01.55	F	200 IM	DEP	10/12/03	Time Trials Lonsdale

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Blurton, W</b>	38.08	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	50.39	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale
	5:10.76	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale
	3:33.04	F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Brady, M</b>	21.07	F	25 Free	DEP	03/11/02	Club Championship 2002
	48.01	F	50 Free	DEP	18/06/03	TT C
	2:04.34	F	100 Free	DEP	25/09/02	TTC 25/09/02
	4:07.12	F	200 Free	DEP	15/03/03	Counties Sharley Park
	26.97	F	25 Back	DEP	03/11/02	Club Championship 2002
	1:00.40	F	50 Back	DEP	15/03/03	Counties Sharley Park
	4:18.91	F	200 Back	DEP	09/03/03	Counties Queen st
	30.62	F	25 Breast	DEP	03/11/02	Club Championship 2002
	1:07.53	F	50 Breast	DEP		
	5:06.51	F	200 Breast	DEP	15/03/03	Counties Sharley Park
	23.08	F	25 Fly	DEP	05/07/03	Dove Valley
	35.04	F	33 Fly	DEP	21/06/03	Matlock trophy
	2:08.33	F	100 IM	DEP	22/03/03	Counties Queen St.
	<b>Brown, M</b>	29.65	F	25 Free	DEP	02/11/03
32.55		F	25 Back	DEP	02/11/03	Club Championship Queen St
37.53		F	25 Breast	DEP	02/11/03	Club Championship Queen St
<b>Cheek, M</b>		F	50 Free	DEP		
	56.3	F	100 Free	DEP	13/12/03	Speedo Final Leamington Spa
<b>Cope, A</b>	21.27	F	25 Free	DEP	08/10/03	Time Trials Lonsdale
	44.56	F	50 Free	DEP	15/10/03	Time Trials Lonsdale
	1:46.33	F	100 Free	DEP	18/06/03	TT C
	24.16	F	25 Back	DEP	03/11/02	Club Championship 2002
	33.70	F	33 Back	DEP	21/06/03	Matlock trophy
	50.80	F	50 Back	DEP	02/11/03	Club Championship Queen St
	2:11.84	F	100 Back	DEP	24/04/02	TTB&C 24/04/02
	29.34	F	25 Breast	DEP	03/11/02	Club Championship 2002
	39.26	F	33 Breast	DEP	08/02/03	Matlock Trophy
	57.61	F	50 Breast	DEP	03/11/03	Club Championship Queen St
	2:07.60	F	100 Breast	DEP	08/10/03	Time Trials Lonsdale
	31.76	F	25 Fly	DEP	03/11/02	Club Championship 2002
	1:10.35	F	50 Fly	DEP	02/11/03	Club Championship Queen St
	2:04.79	F	100 IM	DEP	03/11/02	Club Championship 2002
<b>Cope, C</b>	24.96	F	25 Free	DEP	27/03/02	TTB&C 27/03/02
	38.76	B	50 Free	DEP	15/10/03	Time Trials Lonsdale
	1:30.01	F	100 Free	DEP	02/11/03	Club Championship Queen St
	21.41	B	25 Back	DEP	08/10/03	Time Trials Lonsdale
	55.21	F	50 Back	DEP	04/12/02	TTC 04/12/02 & 11/12/02
	1:37.38	F	100 Back	DEP	03/11/03	Club Championship Queen St
	29.97	F	25 Breast	DEP	17/07/02	TTC 17/07/02
	1:04.42	F	50 Breast	DEP	04/12/02	TTC 04/12/02 & 11/12/02
	2:02.49	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	1:41.00	F	100 IM	DEP	02/11/03	Club Championship Queen St
	<b>Copeland, S</b>		F	25 Free	DEP	
		B	50 Free	DEP		
<b>Corden, D</b>	34.26	S	F	50 Free	05/03	TT B
	1:10.99	B	F	100 Free	02/11/03	Club Championship Queen St
	2:45.11	B	F	200 Free	02/03/03	Time Trials March 2003
	5:59.86		F	400 Free	19/05/02	TT A Repton 19/05/02
	40.75		F	50 Back	23/11/03	County Sprints Ponds Forge
	1:28.53		F	100 Back	02/11/03	Club Championship Queen St
	3:28.22		F	200 Back	01/03	Time Trials
	42.38	B	F	50 Breast	23/07/03	Time trials Lonsdale
	1:35.03		F	100 Breast	02/11/03	Club Championship Queen St
	3:41.94	B	F	200 Breast	01/03	Time Trials
	50.56		F	50 Fly	05/03	TT B
	4:09.07		F	200 Fly	01/03	Time Trials

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
<b>Croot, N</b>	1:30.86	S F	100 IM	DEP	23/07/03	Time trials Lonsdale	
	3:15.18	B F	200 IM	DEP	03/11/03	Club Championship Queen St	
	27.56	P F	50 Free	DEP	25/01/03	Belper Trophy Gala Heanor Pool	
	59.48	G F	100 Free	DEP	02/03/02	County Championships	
	2:13.85	G F	200 Free	DEP	16/12/01	TTA&B 16/12/01	
	4:43.84	F	400 Free	DEP	19/05/02	TT A Repton 19/05/02	
	19:47.44	F	1500 Free	DEP	26/02/00	Counties Gala 1	
	32.70	P F	50 Back	DEP	15/09/01	Bill Brake Trophy Gala BASC	
	1:08.28	G F	100 Back	DEP	07/09/02	Melton Mowbray Trophy	
	2:37.98	G F	200 Back	DEP	10/03/01	County Championships	
	35.76	P F	50 Breast	DEP	14/09/02	Treonte Trophy Queen St	
	1:17.92	G F	100 Breast	DEP	07/09/02	Melton Mowbray Trophy	
	2:56.49	G F	200 Breast	DEP	12/03/00	Counties Gala 5	
	29.94	F	33 Fly	DEP	06/06/99	Matlock Trophy Gala	
	31.87	P F	50 Fly	DEP	18/11/01	Converted Times LC To SC	
	1:14.53	G F	100 Fly	DEP	02/12/00	Speedo League Final R	
	2:58.45	G F	200 Fly	DEP	11/03/00	Counties Gala 2	
1:11.80	P F	100 IM	DEP	10/03/01	County Championships		
2:31.49	F	200 IM	DEP	19/05/02	TT A Repton 19/05/02		
<b>Cunningham, T</b>	21.03	F	25 Free	DEP	08/10/03	Time Trials Lonsdale	
	26.42	F	33 Free	DEP	21/06/03	Matlock trophy	
	39.86	F	50 Free	DEP	02/11/03	Club Championship Queen St	
	1:21.54?	F	100 Free	DEP	18/06/03	TT C	
	24.71	F	25 Back	DEP	11/06/03	TT C	
	52.12	F	50 Back	DEP	11/06/03	TT C	
	29.17	F	25 Breast	DEP	15/10/03	Time Trials Lonsdale	
	58.62	F	50 Breast	DEP	17/12/03	Time Trials Lonsdale	
	2:10.26	F	100 Breast	DEP	10/12/03	Time Trials Lonsdale	
	28.16	F	25 Fly	DEP	10/12/03	Time Trials Lonsdale	
	<b>Cunningham, A</b>	21.03	F	25 Free	DEP	08/10/03	Time Trials Lonsdale
<b>Cutts, A</b>	19.65	F	25 Free	DEP	27/03/02	TTB&C 27/03/02	
	35.44	B	50 Free	DEP	10/12/03	Time Trials Lonsdale	
	1:18.24	F	100 Free	DEP	02/11/03	Club Championship Queen St	
	3:02.53	F	200 Free	DEP	23/07/03	TT Lonsdale	
	6:33.88	F	400 Free	DEP	17/09/03	Time Trials Lonsdale	
	21.68	B	25 Back	DEP	17/07/02	TTC 17/07/02	
	42.73	F	50 Back	DEP	15/03/03	Counties Sharley Park	
	1:33.02	F	100 Back	DEP	03/11/03	Club Championship Queen St	
	3:40.05	F	200 Back	DEP	01/03	Time Trials	
	22.42	F	25 Breast	DEP	22/02/03	Burton Peter Haynes Trophy	
	37.23	F	33 Breast	DEP	10/02/01	Matlock Gala	
	45.58	F	50 Breast	DEP	08/11/03	Speedo League Bromsgrove.	
	1:42.79	F	100 Breast	DEP	02/11/03	Club Championship Queen St	
	3:49.52	F	200 Breast	DEP	15/03/03	Counties Sharley Park	
	20.48	F	25 Fly	DEP	05/07/03	Dove Valley	
	36.23	F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala	
	47.96	F	50 Fly	DEP	02/02/03	Trident Open Queen St.	
	1:52.26	F	100 Fly	DEP	02/11/03	Club Championship Queen St	
	4:29.33	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale	
	1:35.67	B	100 IM	DEP	22/03/03	Counties Queen St.	
	3:25.94	F	200 IM	DEP	07/03	TT Lonsdale	
	<b>Davis, S</b>	21.79	F	25 Free	DEP	11/06/03	TT C
		31.32	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
		45.41	F	50 Free	DEP	15/10/03	Time Trials Lonsdale
		1:42.04	F	100 Free	DEP	08/10/03	Time Trials Lonsdale
1:15.53		F	50 Back	DEP	10/06/01	Derby & Notts Junior League B	
26.47		F	25 Breast	DEP	17/12/03	Time Trials Lonsdale	
42.61		F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala	
59.96		F	50 Breast	DEP	10/12/03	Time Trials Lonsdale	
2:13.74		F	100 Breast	DEP	03/11/02	Club Championship 2002	
2:05.01		F	100 IM	DEP	04/12/02	TTC 04/12/02 & 11/12/02	
<b>Donald, P</b>		31.75	S F	50 Free	DEP	9/03/03	Counties Queen St
	1:05.80	S F	100 Free	DEP	03/11/03	Club Championship Queen St	

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala
2:30.05	B F	200 Free	DEP 15/03/03	Counties Sharley Park
5:12.16	F	400 Free	DEP 08/03/03	Counties Queen St
20:29.85	F	1500 Free	DEP 16/03/03	Counties Sharley Park
30.73	F	33 Back	DEP 06/06/99	Matlock Trophy Gala
35.93		50 Back	DEP 23/11/03	County Sprints Ponds Forge
1:16.98	S F	100 Back	DEP 02/11/03	Club Championship Queen St
2:49.64	B F	200 Back	DEP 9/03/03	Counties Queen St
46.89	S F	50 Breast	DEP 05/12/01	TT A&B 05/12/01
1:35.35	B F	100 Breast	DEP 03/11/02	Club Championship 2002
25.47	F	33 Fly	DEP 02/06/01	Matlock Gala
33.49	G F	50 Fly	DEP 23/11/03	County Sprints Ponds Forge
1:14.01	S F	100 Fly	DEP 02/11/03	Club Championship Queen St
2:52.01	F	200 Fly	DEP 16/03/03	Counties Sharley Park
1:20.19	S F	100 IM	DEP 22/03/03	Counties Queen St.
2:50.14	S F	200 IM	DEP 02/11/03	Club Championship Queen St
<b>Fowell, G</b>				
41.14	B	50 Free	DEP 18/06/03	TTC
1:22.07	B	100 Free	DEP 18/10/03	Matlock Trophy
21.50	B	25 Back	DEP 08/10/03	Time Trials Lonsdale
1:37.57	F	100 Back	DEP 03/11/03	Club Championship Queen St
22.70	B	25 Breast	DEP 15/10/03	Time Trials Lonsdale
47.32	S	50 Breast	DEP 15/10/03	Time Trials Lonsdale
1:49.14	F	100 Breast	DEP 18/10/03	Matlock Trophy
1:40.28	F	100 IM	DEP 02/11/03	Club Championship Queen St
<b>Flynn, R</b>				
28.10	P F	50 Free	DEP 14/09/02	Treonte Trophy Queen St
1:00.53	G F	100 Free	DEP 15/03/03	Counties Sharley Park
2:12.69	S F	200 Free	DEP 08/03/03	County Championships Queen St
5:04.46	F	400 Free	DEP 19/05/02	TT A Repton 19/05/02
20:33.74	F	1500 Free	DEP 26/02/00	Counties Gala 1
31.54	P F	50 Back	DEP 08/03/03	Counties Queen St
1:07.26	G F	100 Back	DEP 9/03/03	Counties Queen St
2:32.21	G F	200 Back	DEP 22/03/03	Counties Queen St.
40.46	G F	50 Breast	DEP 23/09/01	TT A&B 23/09/01
1:28.12	G F	100 Breast	DEP 03/11/02	Club Championship 2002
3:45.29	B F	200 Breast	DEP 18/11/98	TTA&B11
30.09	P F	50 Fly	DEP 27/09/03	County Relay Eckington
1:07.26	G F	100 Fly	DEP 11/10/03	Speedo League Queen St.
2:38.74	F	200 Fly	DEP 15/03/03	Counties Sharley Park
1:12.78	P F	100 IM	DEP 07/07/01	City Of Derby B Grade Open
2:37.02	G F	200 IM	DEP 02/11/03	Club Championship Queen St
<b>Forster, N</b>				
38.03	G F	50 Free	DEP 05/03	TT B
1:20.92	F	100 Free	DEP 02/11/03	Club Championship Queen St
	S F	50 Back	DEP	
49.16	S F	50 Breast	DEP 05/03	TT B
	G F	50 Fly	DEP	
1:44.00	F	100 Fly	DEP 02/11/03	Club Championship Queen St
<b>Froud, O</b>				
27.72	S F	50 Free	DEP 13/12/03	Speedo Final Leamington Spa
27.94	F	50 Free	DEP 04/10/03	Robin Hood Open Ponds Forge
1:01.41	F	100 Free	DEP 27/07/03	National Age Group Ponds Forge
1:00.01	F	100 Free	DEP 27/07/03	NAG Converted LC to SC
2:16.43	B F	200 Free	DEP 30/07/03	National Age Group Ponds Forge
2:13.83	F	200 Free	DEP 30/07/03	NAG Converted LC to SC
4:52.58	F	400 Free	DEP 28/07/03	National Age Group Ponds Forge
4:47.78	F	400 Free	DEP 28/07/03	NAG Converted LC to SC
25.15	F	33 Back	DEP 26/01/02	Chesterfield Trophy Gala
31.69	G F	50 Back	DEP 27/09/03	County Relay Eckington
32.14	F	50 Back	DEP 23/11/03	County Sprints Ponds Forge
1:10.21	F	100 Back	DEP 30/07/03	National Age Group Ponds Forge
1:08.68	F	100 Back	DEP 19/10/03	Inter Counties Ponds Forge S/C
2:31.81	F	200 Back	DEP 27/07/03	National Age Group Ponds Forge
2:29.51	F	200 Back	DEP 27/07/03	NAG Converted LC to SC
46.88	B F	50 Breast	DEP 27/03/02	TTB&C 27/03/02
1:27.92	B F	100 Breast	DEP 02/11/03	Club Championship Queen St
3:13.44	F	200 Breast	DEP 09/03/03	Counties Queen St
31.35	B F	50 Fly	DEP 23/11/03	County Sprints Ponds Forge
1:15.23	F	100 Fly	DEP 02/11/03	Club Championship Queen St

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala		
<b>Fulford, A</b>	1:14.70	S	F	100 IM	DEP	02/11/03	Club Championship Queen St	
	2:39.84		F	200 IM	DEP	27/07/03	National Age Group Ponds Forge	
	2:37.34		F	200 IM	DEP	27/07/03	NAG Converted LC to SC	
	2:36.57		F	200 IM	DEP	7/09/03	Ripley Open Queen St	
	21.66		F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala	
	30.04	S	F	50 Free	DEP	27/09/03	County Relay Eckington	
	1:03.64	S	F	100 Free	DEP	03/11/03	Club Championship Queen St	
	2:45.05	B	F	200 Free	DEP	10/03/02	County Championships	
	36.21	S	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
	1:18.42	S	F	100 Back	DEP	02/11/03	Club Championship Queen St	
	3:13.96		F	200 Back	DEP	19/05/02	TT A Repton 19/05/02	
	39.11	S	F	50 Breast	DEP	27/09/03	County Relay Eckington	
	1:23.01	B	F	100 Breast	DEP	13/12/03	Speedo Final Leamington Spa.	
	3:34.28	B	F	200 Breast	DEP	02/03/02	County Championships	
	24.09		F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala	
	34.65	G	F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge	
	1:02.62		F	66 Fly	DEP	10/02/01	Matlock Gala	
	1:17.14	S	F	100 Fly	DEP	13/12/03	Speedo Final Leamington Spa.	
	3:30.30	B	F	200 Fly	DEP	03/03/02	County Championships	
1:14.50	S	F	100 IM	DEP	20/09/03	Bill Brake Trophy Burton		
3:04.72	S	F	200 IM	DEP	09/03/02	County Championships		
6:35.05		F	400 IM	DEP	19/05/02	TT A Repton 19/05/02		
<b>Fulford, T</b>	19.46		B	25 Free	DEP	17/12/03	Time Trials Lonsdale	
	40.48		B	50 Free	DEP	17/12/03	Time Trials Lonsdale	
	1:36.77		F	100 Free	DEP	10/12/03	Time Trials Lonsdale	
	1:56.41		F	100 Back	DEP	03/11/03	Club Championship Queen St	
	2:15.65		F	100 Breast	DEP	02/11/03	Club Championship Queen St	
	23.71		F	25 Fly	DEP	15/10/03	Time Trials Lonsdale	
	54.13		F	50 Fly	DEP	10/12/03	Time Trials Lonsdale	
	2:04.20		F	100 Fly	DEP	02/11/03	Club Championship Queen St	
	1:57.69		F	100 IM	DEP	02/11/03	Club Championship Queen St	
	<b>Jackson, B</b>	20.07		F	25 Free	DEP	02/11/03	Club Championship Queen St
		28.33		F	33 Free	DEP	18/10/03	Matlock Trophy
44.76			F	50 Free	DEP	15/10/03	Time Trials Lonsdale	
1:39.20			F	100 Free	DEP	10/12/03	Time Trials Lonsdale	
22.55		P	F	25 Back	DEP	02/11/03	Club Championship Queen St	
31.98			F	25 Breast	DEP	02/11/03	Club Championship Queen St	
20.90			B	25 Fly	DEP	03/11/03	Club Championship Queen St	
28.40			F	33 Fly	DEP	18/10/03	Matlock Trophy	
44.98			F	50 Fly	DEP	10/12/03	Time Trials Lonsdale	
1:58.85			F	100 IM	DEP	02/11/03	Club Championship Queen St	
<b>Johnson, S</b>		28.12	P	F	50 Free	DEP	16/03/03	Counties Sharley Park
	1:00.83	G	F	100 Free	DEP	03/11/02	Club Championship 2002	
	2:15.50	S	F	200 Free	DEP	08/03/03	County Championships Queen St	
	4:59.71		F	400 Free	DEP	9/03/03	Counties Queen St	
	33.39	G	F	50 Back	DEP	08/03/03	Counties Queen St	
	1:11.38	G	F	100 Back	DEP	9/03/03	Counties Queen St	
	2:40.01	S	F	200 Back	DEP	22/03/03	Counties Queen St.	
	40.04	G	F	50 Breast	DEP	15/03/03	Counties Sharley Park	
	1:29.86	S	F	100 Breast	DEP	02/11/03	Club Championship Queen St	
	31.31	P	F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge	
	1:11.59	G	F	100 Fly	DEP	16/03/03	Counties Sharley Park	
	1:12.76	G	F	100 IM	DEP	22/03/03	Counties Queen St.	
	2:39.38		F	200 IM	DEP	03/11/02	Club Championship 2002	
	<b>Keane, J</b>			<b>B</b>	25 Free	DEP		
26.51			F	50 Free	DEP	13/12/03	Speedo Final Leamington Spa	
56.78			F	100 Free	DEP	13/12/03	Speedo Final Leamington Spa	
56.92			F	100 Free	DEP	23/11/03	County Sprints Ponds Forge	
55.42			Conv	100 Free	DEP	23/11/03	County Sprints Ponds Forge Conv	
			F	200 Free	DEP			
			<b>B</b>	25 Back	DEP			
			F	50 Back	DEP			
1:05.77			F	100 Back	DEP	13/12/03	Speedo Final Leamington Spa	
			F	50 Breast	DEP			

## Derby Phoenix Swimming Club PB Report

Time	P/F/S	Event	Date	Gala
	F	100 Breast	DEP	
	F	50 Fly	DEP	
1:05.52	F	100 Fly	DEP	23/11/03 County Sprints Ponds Forge
1:04.32	Conv	100 Fly	DEP	23/11/03 County Sprints Ponds Forge Conv
	<b>B</b>	100 IM	DEP	
<b>King, S</b>				
	F	25 Free	DEP	
<b>Llanos, J</b>				
18.08	B F	25 Free	DEP	21/09/02 Burton Bill Brake Trophy
38.13	B F	50 Free	DEP	03/11/02 Club Championship 2002
1:26.25	F	100 Free	DEP	02/11/03 Club Championship Queen St
3:22.20	F	200 Free	DEP	02/03/03 Time Trials March 2003
7:02.06	F	400 Free	DEP	17/09/03 Time Trials Lonsdale
23.30	F	25 Back	DEP	19/01/02 Belper Marlin Trophy Gala
44.22	B F	50 Back	DEP	15/05/02 Mick Burns Trophy Gala (Ilk)
1:34.39	F	100 Back	DEP	03/11/03 Club Championship Queen St
25.53	F	25 Breast	DEP	19/01/02 Belper Marlin Trophy Gala
50.61	F	50 Breast	DEP	10/12/03 Time Trials Lonsdale
1:50.37	F	100 Breast	DEP	02/11/03 Club Championship Queen St
3:54.20	F	200 Breast	DEP	10/12/03 Time Trials Lonsdale
25.31	F	25 Fly	DEP	15/01/00 Dove Valley S.C.
46.17	F	50 Fly	DEP	10/12/03 Time Trials Lonsdale
1:40.86	F	100 Fly	DEP	02/11/03 Club Championship Queen St
3:44.46	F	200 Fly	DEP	10/12/03 Time Trials Lonsdale
1:40.10	F	100 IM	DEP	02/11/03 Club Championship Queen St
3:44.46	F	200 IM	DEP	10/12/03 Time Trials Lonsdale
<b>Malomvari, D</b>				
21.74	F	25 Free	DEP	08/10/03 Time Trials Lonsdale
48.54	F	50 Free	DEP	15/10/03 Time Trials Lonsdale
1:55.46	F	100 Free	DEP	02/11/03 Club Championship Queen St
22.55	F	25 Back	DEP	15/10/03 Time Trials Lonsdale
2:07.15	F	100 Back	DEP	03/11/03 Club Championship Queen St
<b>Mosley, J</b>				
26.31	P F	50 Free	DEP	16/03/03 Counties Sharley Park
58.85	G F	100 Free	DEP	03/11/02 Club Championship 2002
2:21.31	G F	200 Free	DEP	21/05/00 TT A&B5
5:14.54	F	400 Free	DEP	20/03/99 Counties Gala 6
37.27	G F	50 Back	DEP	27/05/00 House Gala
1:17.06	G F	100 Back	DEP	20/11/99 Club Championships
3:12.84	S F	200 Back	DEP	03/11/98 PB's@startup Nov98
32.55	P F	50 Breast	DEP	15/03/03 Counties Sharley Park
1:10.90	G F	100 Breast	DEP	08/03/03 Counties Queen St
2:41.31	G F	200 Breast	DEP	16/03/03 Counties Sharley Park
29.41	P F	50 Fly	DEP	9/03/03 Counties Queen St
1:14.24	G F	100 Fly	DEP	04/11/01 Club Championship 2001
2:56.28	F	200 Fly	DEP	02/03/03 Time Trials March 2003
1:17.83	P F	100 IM	DEP	03/11/98 PB's@startup Nov98
2:33.27	G F	200 IM	DEP	19/11/00 Club Championships
<b>Palmer, J</b>				
20.07	F	25 Free	DEP	02/11/03 Club Championship Queen St
45.41	F	50 Free	DEP	10/12/03 Time Trials Lonsdale
1:47.16	F	100 Free	DEP	08/10/03 Time Trials Lonsdale
25.15	F	25 Back	DEP	10/12/03 Time Trials Lonsdale
53.95	F	50 Back	DEP	17/12/03 Time Trials Lonsdale
26.76	F	25 Breast	DEP	02/11/03 Club Championship Queen St
1:01.44	F	50 Breast	DEP	15/10/03 Time Trials Lonsdale
36.35	F	33 Breast	DEP	18/10/03 Matlock Trophy
24.25	F	25 Fly	DEP	03/11/03 Club Championship Queen St
1:57.32	F	100 IM	DEP	10/12/03 Time Trials Lonsdale
<b>Parkinson, J</b>				
	F	25 Free	DEP	
<b>Redfern, R</b>				
27.22	P F	50 Free	DEP	26/02/00 Burton Gala
1:00.84	G F	100 Free	DEP	19/09/99 TTAB/9
2:17.00	G F	200 Free	DEP	03/11/98 PB's@startup Nov98
4:52.66	F	400 Free	DEP	03/11/98 PB's@startup Nov98
20:13.21	F	1500 Free	DEP	20/02/99 Counties Gala 1
36.15	G F	50 Back	DEP	03/11/98 PB's@startup Nov98
1:16.56	G F	100 Back	DEP	03/11/98 PB's@startup Nov98

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
	2:41.76	G	F	200 Back	DEP	18/11/98	TTA&B11
	35.45	P	F	50 Breast	DEP	28/03/99	Counties Gala 12
	1:19.32	G	F	100 Breast	DEP	24/04/99	Belper Gala
	2:52.03	G	F	200 Breast	DEP	07/03/99	Counties Gala 5
	31.13	P	F	50 Fly	DEP	21/05/00	TT A&B5
	1:09.88	G	F	100 Fly	DEP	03/11/98	PB's@startup Nov98
	3:10.78	S	F	200 Fly	DEP	03/11/98	PB's@startup Nov98
	1:12.69	P	F	100 IM	DEP	05/12/98	West Midlands League Final R
	2:33.96	G	F	200 IM	DEP	28/11/98	Club Championships
<b>Redfern, L</b>							
	26.53	P	F	50 Free	DEP	31/03/01	Ashbourne Gala
	59.22	G	F	100 Free	DEP	20/11/99	Club Championships
	2:15.63	G	F	200 Free	DEP	03/11/98	PB's@startup Nov98
	4:57.34		F	400 Free	DEP	21/10/98	TTA&B10
	32.96	P	F	50 Back	DEP	11/09/99	House Gala
	1:10.17	G	F	100 Back	DEP	01/10/00	TTAB/10/00
	2:32.72	G	F	200 Back	DEP	10/01/01	TTA&B/Jan
	35.25	P	F	50 Breast	DEP	27/05/00	House Gala
	1:21.37	G	F	100 Breast	DEP	19/11/00	Club Championships
	3:11.32	S	F	200 Breast	DEP	16/12/98	TTA&B12
	29.49	P	F	50 Fly	DEP	31/03/01	Ashbourne Gala
	1:07.71	G	F	100 Fly	DEP	07/03/99	Counties Gala 4
	2:47.13	G	F	200 Fly	DEP	21/05/00	TT A&B5
	1:09.11	P	F	100 IM	DEP	02/12/00	Speedo League Final R
	2:33.78	G	F	200 IM	DEP	28/11/98	Club Championships
<b>Reed, C</b>							
	36.88		B	50 Free	DEP	10/12/03	Time Trials Lonsdale
	1:20.90		F	100 Free	DEP	03/11/03	Club Championship Queen St
	3:08.62		F	200 Free	DEP	07/03	TT Lonsdale
	6:30.16		F	400 Free	DEP	17/09/03	Time Trials Lonsdale
	46.79		F	50 Back	DEP	05/03	TT B
	1:34.52		F	100 Back	DEP	02/11/03	Club Championship Queen St
	24.04		B	25 Breast	DEP	24/07/02	TTC 24/07/02
	33.63		F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	49.32		F	50 Breast	DEP	05/03	TT B
	1:47.36		F	100 Breast	DEP	02/11/03	Club Championship Queen St
	3:36.94		F	200 Breast	DEP	10/12/03	Time Trials Lonsdale
	22.90		B	25 Fly	DEP	24/04/02	TTB&C 24/04/02
	30.13		F	33 Fly	DEP	26/01/02	Chesterfield Trophy Gala
	44.55		F	50 Fly	DEP	10/12/03	Time Trials Lonsdale
	1:38.76		F	100 Fly	DEP	02/11/03	Club Championship Queen St
	4:26.58		F	200 Fly	DEP	01/03	Time Trials
	1:34.28		B	100 IM	DEP	02/11/03	Club Championship Queen St
	3:17.41		F	200 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Rothwell, T</b>							
	24.88	S	F	25 Free	DEP	18/06/03	TTC
	2:08.01		F	100 Free	DEP	18/06/03	TTC
<b>Rothwell, W</b>							
	33.82	B	F	50 Free	DEP	26/10/03	Belper Open Queen St
	1:11.66		F	100 Free	DEP	03/11/03	Club Championship Queen St
	2:49.50		F	200 Free	DEP	07/03	TT Lonsdale
	30.78		F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	42.96		F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:28.25	B	F	100 Back	DEP	26/10/03	Belper Open Queen St
	3:18.96		F	200 Free	DEP	01/03	Time Trials
	32.35		F	33 Breast	DEP	26/01/02	Chesterfield Trophy Gala
	42.78	B	F	50 Breast	DEP	05/03	TT B
	1:28.54	B	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	3:23.52	B	F	200 Breast	DEP	09/03/03	Counties Queen St
	45.25		F	50 Fly	DEP	30/07/03	Time Trials Lonsdale
	1:23.68	S	F	100 IM	DEP	02/11/03	Club Championship Queen St t
	3:12.90	B	F	200 IM	DEP	15/03/03	Counties Sharley Park
<b>Ryde, J</b>							
	27.76	P	F	50 Free	DEP	18/11/01	Converted Times LC To SC
	1:02.27	G	F	100 Free	DEP	03/11/02	Club Championship 2002
	2:18.06	G	F	200 Free	DEP	27/01/01	City Of Derby Open
	5:10.27		F	400 Free	DEP	25/03/00	Counties Gala 6
	19:35.59		F	1500 Free	DEP	10/03/01	County Championships
	33.52	P	F	50 Back	DEP	18/11/01	Converted Times LC To SC

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
	1:12.36	G F	100 Back	DEP	04/11/01	Club Championship 2001
	2:38.41	G F	200 Back	DEP	10/03/01	County Championships
	49.10	B F	50 Breast	DEP	03/11/98	PB's@startup Nov98
	1:34.68	S F	100 Breast	DEP	04/11/01	Club Championship 2001
	3:38.43	S F	200 Breast	DEP	03/11/98	PB's@startup Nov98
	36.32	G F	50 Fly	DEP	13/06/01	TTA&B 13/06/01
	1:22.10	G F	100 Fly	DEP	21/05/00	TT A&B5
	1:15.93	P F	100 IM	DEP	10/09/00	Rascals Open
	2:43.89	G F	200 IM	DEP	10/03/01	County Championships
<b>Scott, J</b>						
	21.70	F	25 Free	DEP	08/10/03	Time Trials Lonsdale
	50.02	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	20.68	F	25 Back	DEP	02/11/03	Club Championship Queen St
	25.80	F	25 Breast	DEP	02/11/03	Club Championship Queen St
	30.99	F	25 Fly	DEP	10/12/03	Time Trials Lonsdale
<b>Sellers, R</b>						
	27.52	P F	50 Free	DEP	9/03/03	Counties Queen St
	57.49	G F	100 Free	DEP	02/11/03	Club Championship Queen St
	58.69	F	100 Free	DEP	27/07/03	National Age Group Ponds Forge
	57.29	F	100 Free	DEP	27/07/03	N A G Converted Times LC To SC
	2:09.59	S F	200 Free	DEP	15/03/03	Counties Sharley Park
	4:38.12	F	400 Free	DEP	08/03/03	Counties Queen St
	32.03	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge
	1:06.75	G F	100 Back	DEP	02/11/03	Club Championship Queen St
	2:26.93	F	200 Back	DEP	9/03/03	Counties Queen St
	36.50	G F	50 Breast	DEP	22/02/03	Burton Peter Haynes Trophy
	1:17.65	S F	100 Breast	DEP	13/12/03	Speedo Final Leamington Spa.
	28.79	P F	50 Fly	DEP	27/09/03	County Relay Eckington
	1:02.99	G F	100 Fly	DEP	13/12/03	Speedo Final Leamington Spa..
	2:30.88	G F	200 Fly	DEP	16/03/03	Counties Sharley Park
	1:04.45	P F	100 IM	DEP	13/12/03	Speedo Final Leamington Spa.
	2:24.41	G F	200 IM	DEP	7/09/03	Ripley Open Queen St
<b>Sellers, S</b>						
	33.00	B F	50 Free	DEP	26/10/03	Belper Open Queen St
	1:12.68	F	100 Free	DEP	18/10/03	Matlock Trophy
	2:57.06	F	200 Free	DEP	15/03/03	Counties Sharley Park
	38.06	B F	50 Back	DEP	05/07/03	Dove Valley
	1:20.68	F	100 Back	DEP	26/10/03	Belper Open Queen St
	3:17.02	F	200 Back	DEP	01/03	Time Trials
	42.47	B F	50 Breast	DEP	08/03/03	Counties Queen St
	1:36.05	F	100 Breast	DEP	16/03/03	Counties Sharley Park
	3:30.49	F	200 Breast	DEP	09/03/03	Counties Queen St
	37.92	B F	50 Fly	DEP	23/11/03	County Sprints Ponds Forge
	1:26.57	F	100 Fly	DEP	26/10/03	Belper Open Queen St
	3:33.50	F	200 Fly	DEP	16/03/03	Counties Sharley Park
	1:23.33	B F	100 IM	DEP	26/10/03	Belper Open Queen St
	2:58.90	B F	200 IM	DEP	7/09/03	Ripley Open Queen St
<b>Shand, J</b>						
	16.54	B	25 Free	DEP	13/12/03	Speedo Final Leamington Spa
	26.71	F	33 Free	DEP	26/01/02	Chesterfield Trophy Gala
	34.84	F	50 Free	DEP	23/11/03	County Sprints Ponds Forge
	34.80	F	50 Free	DEP	04/10/03	Robin Hood Open Ponds Forge Conv
	1:16.51	F	100 Free	DEP	21/06/03	Mid Dist Coventry Conv.
	1:15.19	F	100 Free	DEP	02/11/03	Club Championship Queen St
	2:50.73	F	200 Free	DEP	22/06/03	Mid Dist Coventry Conv
	2:38.65	F	200 Free	DEP	22/11/03	Major Oaks Mansfield
	5:21.30	F	400 Free	DEP	6/12/03	Stafford Apex Open Wolverhampton
	18.86	B	25 Back	DEP	22/02/03	Burton Peter Haynes Trophy
	33.04	F	33 Back	DEP	26/01/02	Chesterfield Trophy Gala
	38.29	G	50 Back	DEP	23/07/03	Time trials Lonsdale
	38.14		ack	DEP	23/11/03	County Sprints Ponds Forge
	1:25.05	F	100 Back	DEP	04/10/03	Robin Hood Open Ponds Forge Conv
	1:22.79	F	100 Back	DEP	03/11/03	Club Championship Queen St
	2:53.71	F	200 Back	DEP	6/12/03	Stafford Apex Open Wolverhampton
	2:55.79	F	200 Back	DEP	04/10/03	Robin Hood Open Ponds Forge Conv
	35.55	F	25 Breast	DEP	19/10/01	Club Championship Heats
	48.75	B	50 Breast	DEP	23/07/03	Time trials Lonsdale
	1:43.03	F	100 Breast	DEP	02/11/03	Club Championship Queen St
	3:35.21	F	200 Breast	DEP	22/11/03	Major Oaks Mansfield

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala	
	18.76	F	25 Fly	DEP	05/07/03	Dove Valley	
	40.96	F	50 Fly	DEP	30/07/03	Time Trials Lonsdale	
	1:37.05	F	100 Fly	DEP	02/11/03	Club Championship Queen St	
	3:58.98	F	200 Fly	DEP	08/03/03	Counties Queen St	
	1:26.45	S	100 IM	DEP	02/11/03	Club Championship Queen St	
	3:06.05	F	200 IM	DEP	6/12/03	Stafford Apex Open Wolverhampton	
	3:15.71	F	200 IM	DEP	04/10/03	Robin Hood Open Ponds Forge	
<b>Shilling, J</b>							
	24.28	F	25 Free	DEP	17/12/03	Time Trials Lonsdale	
	52.14	F	50 Free	DEP	17/12/03	Time Trials Lonsdale	
	2:00.06	F	100 Free	DEP	10/12/03	Time Trials Lonsdale	
<b>Stevenson, A</b>							
	19.82	<b>B</b>	25 Free	DEP	02/10/02	TTC 02/10/02	
	39.22	<b>B</b>	50 Free	DEP	9/03/03	Counties Queen St	
	1:24.84	F	100 Free	DEP	03/11/03	Club Championship Queen St	
	22.94	F	25 Back	DEP	02/10/02	TTC 02/10/02	
	2:01.51	F	100 Back	DEP	24/07/02	TTC 24/07/02	
	26.23	F	25 Breast	DEP	04/12/02	TTC 04/12/02 & 11/12/02	
	49.68	<b>B</b>	50 Breast	DEP	08/10/03	Time Trials Lonsdale	
	1:52.03	F	100 Breast	DEP	02/11/03	Club Championship Queen St	
	52.39	F	50 Fly	DEP	18/06/03	TT C	
	1:44.88	<b>B</b>	100 IM	DEP	18/06/03	TT C	
<b>Stephenson, P</b>							
	17.50	<b>B</b>	25 Free	DEP	24/07/02	TTC 24/07/02	
	35.28	<b>B</b>	50 Free	DEP	30/07/03	Time Trials Lonsdale	
	1:18.39	F	100 Free	DEP	03/11/03	Club Championship Queen St	
	3:05.85	F	200 Free	DEP	07/03	TT Lonsdale	
	6:33.22	F	400 Free	DEP	17/09/03	Time Trials Lonsdale	
	40.53	F	50 Back	DEP	23/11/03	County Sprints Ponds Forge	
	1:29.15	F	100 Back	DEP	02/11/03	Club Championship Queen St	
	3:22.48	F	200 Back	DEP	02/03/03	Time Trials March 2003	
	22.55	<b>B</b>	25 Breast	DEP	17/07/02	TTC 17/07/02	
	45.14	F	50 Breast	DEP	10/12/03	Time Trials Lonsdale	
	1:43.75	F	100 Breast	DEP	02/11/03	Club Championship Queen St	
	3:51.50	F	200 Breast	DEP	09/03/03	Counties Queen St	
	2:04.84	F	100 Back	DEP	12/12/01	TTC 12/12/01	
	43.24	F	50 Fly	DEP	10/12/03	Time Trials Lonsdale	
	1:51.89	F	100 Fly	DEP	02/11/03	Club Championship Queen St	
	3:55.65	F	200 Fly	DEP	10/12/03	Time Trials Lonsdale	
	1:26.82	<b>B</b>	100 IM	DEP	10/12/03	Time Trials Lonsdale	
	3:27.90	F	200 IM	DEP	07/03	TT Lonsdale	
<b>Taylor, S</b>							
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale	
	25.48	F	25 Back	DEP	17/12/03	Time Trials Lonsdale	
	59.27	F	50 Back	DEP	17/12/03	Time Trials Lonsdale	
	30.86	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale	
	1:10.45	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale	
	2:16.67	F	100 Ind Medley	DEP	10/12/03	Time Trials Lonsdale	
<b>Tye, A</b>							
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale	
<b>Whitlam, G</b>							
	27.24	P	F	50 Free	DEP	09/03/02	County Championships
	1:00.06	G	F	100 Free	DEP	04/11/01	Club Championship 2001
	2:21.09	G	F	200 Free	DEP	24/01/01	TTA&B/b
	5:00.78	F	F	400 Free	DEP	03/11/98	PB's@startup Nov98
	20:15.31	F	F	1500 Free	DEP	16/12/98	TTA&B12
	30.59	P	F	50 Back	DEP	13/12/03	Speedo Final Leamington Spa
	1:05.35	G	F	100 Back	DEP	03/11/02	Club Championship 2002
	2:27.34	G	F	200 Back	DEP	10/03/01	County Championships
	34.53	P	F	50 Breast	DEP	19/01/02	Belper Marlin Trophy Gala
	1:16.99	G	F	100 Breast	DEP	03/11/02	Club Championship 2002
	2:55.43	G	F	200 Breast	DEP	14/01/01	TTA&B/1a
	31.37	P	F	50 Fly	DEP	31/01/01	TTA&B1b
	1:09.41	G	F	100 Fly	DEP	03/11/02	Club Championship 2002
	3:44.79	B	F	200 Fly	DEP	03/11/98	PB's@startup Nov98
	1:08.20	P	F	100 IM	DEP	12/10/02	Speedo Lge Bromsgrove
	2:27.45	G	F	200 IM	DEP	03/11/02	Club Championship 2002
<b>Wilkinson, B</b>							
	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale	

## Derby Phoenix Swimming Club PB Report

	Time	P/F/S	Event		Date	Gala
<b>Wilkinson, J</b>	25.02	F	25 Free	DEP	10/12/03	Time Trials Lonsdale
<b>Wisdish, A</b>	25.11	P F	25 Free	DEP	02/11/03	Club Championship Queen St
	56.36	F	50 Free	DEP	10/12/03	Time Trials Lonsdale
	34.56	F	25 Back	DEP	02/11/03	Club Championship Queen St
	30.05	F	25 Breast	DEP	17/12/03	Time Trials Lonsdale
	1:08.59	F	50 Breast	DEP	15/10/03	Time Trials Lonsdale
	32.42	F	25 Fly	DEP	03/11/03	Club Championship Queen St
	2:13.89	F	100 IM	DEP	10/12/03	Time Trials Lonsdale
<b>Wyatt, S</b>	25.02	F 25	Free DEP		10/12/03	Time Trials Lonsdale